

SHIFT II

LOYOLA COLLEGE (AUTONOMOUS), CHENNAI  
DEPARTMENT OF M.Sc. COUNSELLING PSYCHOLOGY

ACTIVITY REPORT

**General Information**

Type of Activity	Online Guest Lecture
Title of the Activity	Behavioral addiction treatments - why and how?
Date	10/03/2023
Time	1:15 PM – 2:30 PM
Venue	CAS 04
Collaboration/Sponsor (if any)	Institutional

**Speaker/Guest/Presenter Details**

Name	Dr. E Vidhubhala
Title/Position	Director
Organization	Fenivi Research Solutions Pvt. Ltd. & Consultant (Research and Training), Nellai Cancer Hospital
Title of Presentation	Behavioral addiction treatments - why and how?

*(Add/repeat above rows if there is more than 1 Speaker)*

**Participants Profile**

Type of Participants	Student & Faculty
No. of Participants	Students - 12 Faculty - 1

### Synopsis of the Guest Lecture

Highlights of the seminar	<ol style="list-style-type: none"><li>1. Recollecting principles</li><li>2. Transtheoretical model</li></ol>
Key Takeaways	<ol style="list-style-type: none"><li>1. Kinds of responses given to addiction clients.</li><li>2. Steps in the transtheoretical model.</li><li>3. Treatments for behavioral addiction and its implications.</li></ol>
Summary	<ol style="list-style-type: none"><li>1. Introduction on addiction linking with classical and operant conditioning.</li><li>2. Transtheoretical theory and its six stages were taught.</li><li>3. How to respond to clients with different statements.</li><li>4. Cycle of the transtheoretical model.</li><li>5. Explained the application of the model using four responses A, B, C &amp; D</li><li>6. Resource person sharing her experience in the field of addiction.</li></ol>

### Report prepared by:

Name of the Organizer	Department of Counselling Psychology, Loyola College, Chennai
Designation/Title	Prof. Saadhiha Taj M, Assistant Professor
Signature	

**Deputy Principal**

**Vice Principal**

**HoD/Coordinator**

**Annexure:**

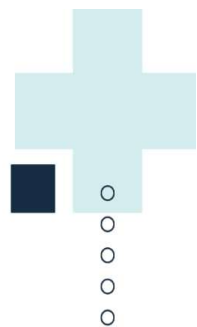
1. Speaker Profile
2. Photos of the activity (not more than two)
3. Attendance list of participants

**GUEST LECTURE**

**Date: 10/03/2023**

**Time: 1:15 AM – 2:30 PM**

**Venue: CAS 04**



**OUR  
AWESOME  
SPEAKER**



**DR. E VIDHUBHALA**

**DIRECTOR  
FENIVI RESEARCH SOLUTIONS PVT. LTD. &  
CONSULTANT (RESEARCH & TRAINING)  
NELLAI CANCER HOSPITAL**

**RECIPIENT OF TAMIL NADU YOUNG WOMEN  
SCIENTIST AWARD - 2011**


**BEHAVIORAL ADDICTION  
TREATMENTS - WHY AND  
HOW?**



**10th  
March,  
2023**

**1:15 - 2:30 PM**



 Platform: Google Meet

**Dr. E. VIDHUBALA**

Director  
Fenivi Research Solutions Pvt.  
Ltd.&  
Consultant (Research &  
Training),Nellai Cancer  
Hospital.

***Previous work experience:***

Cancer Institute (WIA) (2001- February 2017)

***Last held position:***

Associate Professor and Head,  
Department of Psycho-oncology  
Resource Centre for Tobacco  
Control  
Cancer Institute (WIA), Adyar, Chennai – 36.

***Email-id:***

*feniviresearch@gmail.com*

**Mobile: 91 94442 74700**

**Profession and Expertise:** Research, Local Governance, Public Health, Political Psychology, SDG, Happiness Index and Psycho-oncology.

**Passion:** Agriculture, Environment, SDG and Global Happiness Index

**ACADEMIC BACKGROUND**

Degree	University	Year of Passing
Ph. D (Psycho-oncology)	University of Madras	2004
M. A Psychology	University of Madras	1996
B.A Psychology	University of Madras	1994

**Recent Projects:**

Social survey for AMRUT Based Master Plan for Rajapalayam Local Planning Area in collaboration with TAPASYA DESIGN STUDIO, A unit of Auroville Foundation, Ministry of Education, Government of India. (2021-2022).

## AWARDS AND FELLOWSHIP

- Recipient of Tamil Nadu Young Women Scientist Award - 2011
- Received Fellowship for the 'Global Leadership Program' conducted by John Hopkins University, Baltimore, Washington, DC, USA.

## WORKSHOPS, SEMINARS AND CONFERENCES

Scientific papers presented (International & National) - 29

Workshops/seminars organised - 215

Symposiums organized at international conferences - 2

Served as Program Director,

- '1<sup>st</sup> National Conference on Real World Evidence in Oncology', 2019, Chennai
- 'Stats decoded' – a special statistics course for the clinicians and oncologists to read scientific papers.

Organizing Secretary, 2<sup>nd</sup> National Conference on Real World Conference in Oncology, Tirunelveli to be held in 1<sup>st</sup> April, 2023.

## Membership/positions

- Member of the Institutional Ethics Committee at Sathya Bama Dental College and Hospitals.
- External member of Internal Complaints Committee of Tirunelveli Collector Office.
- Member of the State Level Sub-Committee constituted under the 'Prime Minister's KausalVikas Yojana' in connection with Skill Development and Alternate Employment for Beedi Workers.
- Principal Advisor at iNoah iSolution India Pvt. Ltd.

## OTHER POSITIONS/RESPONSIBILITIES HELD

- Member of the sub-committee, Sustainable Development Goals, Development Initiatives, Confederation of Indian Industries (CII), Southern Region.
- Served as a Secretary and Programme Secretary (Elected) for the Tobacco Control - Scientific Section of the International Union against Tuberculosis and Lung Diseases, Paris, France.
- Served as the convener of the 'Anti Sexual Harassment Committee' at the Cancer Institute (WIA)
- Served as a member of the 'Institutional Thesis Review Committee' at the Cancer Institute (WIA).



**List of attendees**

<b>SL. NO.</b>	<b>DEPT. NO.</b>	<b>STUDENT NAME</b>
1.	22-PCP-001	AROKIA SHELICY
2.	22-PCP-002	PRIYADARSHINI A
3.	22-PCP-004	SAHAYA JEFFINA B
4.	22-PCP-005	JENIFER
5.	22-PCP-007	DEBBY MERLIN SYLVIA
6.	22-PCP-010	MERLIN A
7.	22-PCP-011	SANGEETA BEHERA
8.	22-PCP-018	NIVETHA S
9.	22-PCP-019	AMANDA DOOROTHY
10.	22-PCP-022	SUDHA RAJESWARI V
11.	22-PCP-026	JENNIFER J
12.	22-PCP-027	GRACEMA