

LOYOLA COLLEGE (AUTONOMOUS), CHENNAI
DEPARTMENT OF COUNSELLING PSYCHOLOGY
ACTIVITY REPORT

General Information

Type of Activity	Workshop/Seminar/Conference/Training/Events - Soft Skills/ Language and Communication Skills/Life Skills (Yoga, Physical fitness, Health, and Hygiene)/Awareness of trends in Technology/ National and International Commemorative Days
Title of the Activity	International Commemorative Days - World Mental Health Day
Date/s	10 th to 14 th Oct 2022
Time	Out of class hours
Venue	Loyola College campus and government schools
Collaboration/Sponsor (if any)	Institutional

Speaker/Guest/Presenter Details

Name	Dept of Counselling Psychology and Loyola Counselling Centre
Title/Position	Faculties, Dept of Counseling Psychology; counsellors at LCC; Ms. Subha, IISHTI
Organization	Loyola College
Title of Presentation	“Make Mental Health and Well-being a Global Priority”

(Add/repeat above rows if there is more than 1 Speaker)

Participants Profile

Type of Participants	Student/Faculty
No. of Participants	Students -50 Faculty - 7

Synopsis of the Activity (Description)

Highlights of the Activity	<ol style="list-style-type: none"> 1. Create awareness among the public on the theme making Mental Health and Well-being a Global Priority. 2. Reaching to the student community - college and school level.
Key Takeaways	<ol style="list-style-type: none"> 1. The need and significance for making ones’ mental health a priority in life. 2. Getting to know the level of mental health awareness that is prevailing among the student community.
Summary of the Activity	<ol style="list-style-type: none"> 1. The commemoration of the world mental health day was conducted by the Ist and IInd year PG students from 10th to 14th of October 2022. 2. They were involved in a series of activities during these days: <ol style="list-style-type: none"> (1) Signature board and Stamp (2) Awareness Rally (3) Visit to government school (4) Media Campaign

Report prepared by:

Name of the Organiser	Department of Counselling Psychology, Loyola College, Chennai
Designation/Title	Prof. G. Niranjana, Assistant Professor
Signature	

Deputy Principal

Vice-Principal

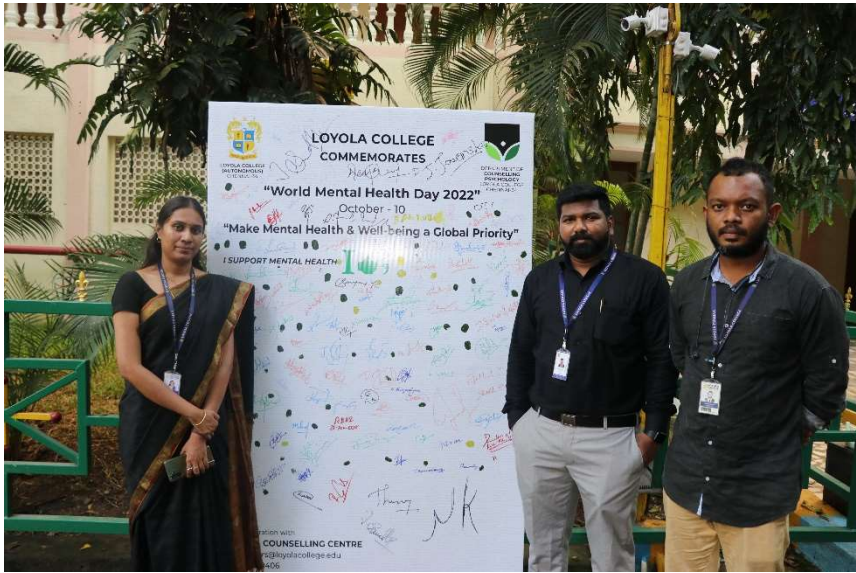
HoD/Coordinator

Annexure:

1. Speaker Profile
2. Photos of the activity (not more than two)
3. Attendance list of participants

(1) Signature board and Stamp





(2) Awareness Rally



(3) Visit to government school



4) **Media Campaign** List of Attendees - I PG

S. No	DEPT. NO	STUDENT NAME
1	22-PCP-001	AROKIYA SHELICY
2	22-PCP-002	A PRIYADARSHINI
3	22-PCP-003	NIHAYA
4	22-PCP-004	SAHAYA JEFFINA
5	22-PCP-005	JENIFER
6	22-PCP-006	SHARMILA S
7	22-PCP-007	DEBBY MERLIN SYLVIA
8	22-PCP-008	MIRIAM KARTHIKEYAN
9	22-PCP-009	S MERLIN A
10	22-PCP-010	SANGEETA BEHERA
11	22-PCP-011	BHARATHI
12	22-PCP-012	MISBA
13	22-PCP-013	SAMANTHA JOANAH
14	22-PCP-014	LAKSHANA S NIVETHA
15	22-PCP-017	S
16	22-PCP-018	AMANDA DORTHY
17	22-PCP-019	JEEVANA R DIVYA
18	22-PCP-020	A
19	22-PCP-021	SUDHA RAJESHWARI V
20	22-PCP-022	RAHUL
21	22-PCP-023	ROOPAN
22	22-PCP-025	JENNIFER J
23	22-PCP-026	MONIKA SRI
24	22-PCP-028	

II PG

SL. NO.	DEPT. NO.	STUDENT NAME
1	22-PCP-001	D A UDHAYANA STEPHEN
2	21-PCP-002	JULIET BENITTA.E
3	21-PCP-003	ROSHINI A
4	21-PCP-004	VARSHA
5	21-PCP-005	HARINI K
6	21-PCP-006	NANDHAKUMAR X
7	21-PCP-007	POORNIMAA S
8	21-PCP-008	GOKILA G
9	21-PCP-009	M EESHA
10	21-PCP-010	L JOTHI LAKSHMI
11	21-PCP-011	JAI SWETHA K
12	21-PCP-012	MONISHA S
13	21-PCP-013	U. KRUTHIKA
14	21-PCP-015	AMNA MARIYAM
15	21-PCP-016	K DEVI SRI
16	21-PCP-017	SURYA MOHAN
17	21-PCP-018	LAKSHMI BIJU
18	21-PCP-019	HASHIM HAMZA K H
19	21-PCP-020	WINNIFRED.M
20	21-PCP-021	A MUSKAAN FATHIMA
21	21-PCP-023	SWETHA A
22	21-PCP-024	KEERTHANA RABIN RAJ
23	21-PCP-026	NIDA FATHIMA K