

LOYOLA COLLEGE (AUTONOMOUS), CHENNAI
DEPARTMENT OF COUNSELLING PSYCHOLOGY
ACTIVITY REPORT

General Information

Type of Activity	Training/Workshop
Title of the Activity	QPR Training
Date	14/09/2023
Time	2:00 - 4:15 pm
Venue	Computer Science Smart Classroom(Jubilee Building)
Collaboration	QPR Institute

Presenter Details

Name	Micheal M.G.
Title/Position	HR, Certified Gatekeeper Trainer
Title of Presentation	Gatekeeper training

Participants Profile

Type of Participants	Students and faculties
No. of Participants	I PG - 26 students II PG - 23 students Faculty - 3

Synopsis of the Activity (QPR TRAINING)

Highlights of the Activity	<ol style="list-style-type: none"> 1. Equipping individuals to prevent suicide 2. QPR technique
Key Takeaways	<ol style="list-style-type: none"> 1. Identifying the early signs for suicide. 2. How to act when an individual shows a early sign of being suicidal.
Summary of the Activity	<ul style="list-style-type: none"> - The session started with the introduction of the speaker and the audience was given a trigger warning about the content that was going to be discussed. - The speaker elaborated on the statistics of suicide prevailing in different populations in the world. - Roleplaying was done to explain to students on how to react when a person shows the early signs of being suicidal. - Different signs shown by the individuals were elaborated. - QPR- Questioning, Persuading, and Referring was elaborated with the presentation. For referring students were given referral numbers in case of emergency.

	<ul style="list-style-type: none">- The session ended with feedback.- The session had a pre and post-session questionnaire.
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Report prepared by:

Name of the Organiser	Ms. Saadhiha Taj M
Designation/Title	Assistant Professor
Signature	M. Saadhiha Taj

M. Saadhiha Taj

Deputy Principal

Vice Principal

Coordinator (i/c)

Annexure:



Attendance list

PG-1st Years

S. NO	ROLL NO	NAME
1.	23-PCP-001	CHRISTINA J
2.	23-PCP-002	CAROL A STANLEY
3.	23-PCP-003	SHELCIA R
4.	23-PCP-004	ANNETTE NILANTHI A
5.	23-PCP-005	DEEPTHI JOYCE P
6.	23-PCP-006	ABITHA MARY A
7.	23-PCP-007	MOHITHA SHRI K V
8.	23-PCP-008	PON MARGRET
9.	23-PCP-009	NATASHA KARTHIKEYAN
10.	23-PCP-010	SWETHA P
11.	23-PCP-011	SHARON JIVANGELINE C S
12.	23-PCP-012	SREE AVANTHIKA A
13.	23-PCP-015	JERO VIVIL J
14.	23-PCP-016	ANGEL D
15.	23-PCP-017	RACHEL N
16.	23-PCP-018	APARNA A
17.	23-PCP-019	ABINAYA VP
18.	23-PCP-020	WINYA A
19.	23-PCP-021	UMA DEVI D
20.	23-PCP-022	ASWATHY JEYARAJASEKAR
21.	23-PCP-023	YASHMEETA N S
22.	23-PCP-024	SAM BHARATH R
23.	23-PCP-025	LIZA MARIAM CHERIAN
24.	23-PCP-026	ANA CHRISTINE FELICITY J
25.	23-PCP-027	JOTHIKA BHARADHI K
26.	23-PCP-028	SRISHA D

PG- 2nd years

NO.	DEPT. NO.	STUDENT NAME
1.	22 -PCP-001	AROKIA SHEL CY
2.	22 -PCP-002	A PRIYADARSHINI
3.	22 -PCP-003	NIHAYA FATHIMA N
4.	22 -PCP-004	SAHAYA JEFFINA
5.	22 -PCP-007	DEBBY MERLIN SYLVIA
6.	22 -PCP-008	MIRIAM SHAVON DALY
7.	22 -PCP-009	S KARTHIKEYAN
8.	22 -PCP-010	MERLIN A
9.	22 -PCP-011	SANGEETHA
10.	22 -PCP-012	BHARATHI
11.	22 -PCP-013	MISBA
12.	22 -PCP-014	SAMANTHA JOANAH
13.	22 -PCP-015	IMMACULATE
14.	22 -PCP-017	LAKSHANA S
15.	22 -PCP-018	NIVETHA S
16.	22 -PCP-020	JEEVANAR
17.	22 -PCP-021	A DIVYA
18.	22 -PCP-022	SUDHA RAJESWARI
19.	22 -PCP-023	RAHUL M
20.	22 -PCP-025	T HEMAROOPAN NADAR
21.	22 -PCP-026	JENNIFER J

22.	22 -PCP-027	GRACEMA D R
23.	22 -PCP-028	MONICA SRI I