



*Second Session of the  
Springboard Leadership  
Program*

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*"LEADERSHIP :  
HOW DARE  
YOU?!"*

*Mr. Krishnan  
Sivaraman*

*Councillor and  
Psychotherapist  
Trainer*

*4th Dec 2021,  
11 a.m to 1 p.m  
at L.S Hall*

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**The Internal Quality Assurance Cell (IQAC)  
of Loyola College (Autonomous)**



Invites you to the 2nd session of  
**SPRINGBOARD - A LEADERSHIP PROGRAMME (2021-2022)**

**Special Address**

**"Leadership: How Dare You?!"**

**Mr. Krishnan Sivaraman,**  
*Counsellor and Psychotherapist, Trainer,  
Founder, Wellbeing Centre*

**Date**  
**4th December 2021**

**Time**  
**11:00 a.m to 01:00 p.m**

**Venue**  
**L. S Hall**

The second springboard session of the Internal Quality Assurance circle was held on the 4th of December at the Lawrence Sundaram Hall, Loyola College. The topic of the session was 'Leadership: How dare you?!' The program started at 11:30 with an introduction given by Ms.Thevaki which was followed by a prayer song. Ms.Beula welcomed the gathering with an insightful story about Mahatma Gandhi.



She also delivered a special welcome address for the Chief Guest of the day Mr.Krishnan Sivaraman and Dr. R. Ravindhran, the Coordinator and Convenor of the IQAC. Ms.Beula then invited Dr. R. Ravindhran to felicitate the chief guest with a memento after which Dr. R. Ravindhran gave the opening remarks for the day.

Mr. Abdul introduced the guest speaker to the gathering followed by which the session started. The guest speaker asked the students to get into groups of 8. He then spoke about his personal experiences at work and how "Failure did not force him to quit". He also emphasized on the importance of being resilient and motivated the students to turn failures into success. He then narrated a war story and asked questions from it to the students. The students answered enthusiastically and gave their opinions about how they will deal with a difficult situation. He then presented some of the most important words to be used as a leader, these statements were powerful and were of great help for the students.



The speaker ended the session with a boost of motivation by showing the audience pictures of some prominent “Leaders of our Times” like Greta Thunberg, Vinisha Umashankar, Nick Vujicic, Mahendra Singh Dhoni and Dr. APJ Abdul Kalam.



This was followed by a question and answer session where the students clarified their thoughts with the speaker. The session was formally ended with Mr. Antony delivering the vote of thanks.

Loyola College (Autonomous), Chennai 600 034

Internal Quality Assurance Cell

Quality Circle Members - Shift-I

SPRINGBOARD SESSION-II

SIGNING SHEET

Sl.No.	Department	Name of the Student	Dept. No	Year	Signature
1	Advanced Zoology	VIYASH M	20-PZO-024	II PG	
2		DEEPTHI MARIA MATHEW	21-PZO-001	I PG	
3		RAMAN KUMAR M	19-UAZ-002	III UG	
4		AFLEH A	20-UAZ-014	II UG	
5		ZENO VIMALAN A	21-UAZ-002	I UG	
6	Chemistry	NAGALAKSHMI GAYATHRI	20-PCH-005	II PG	
7		BENEDICT A.	21-PCH-014	I PG	
8		JOJI ROBERT	19-UCH-001	III UG	
9		LEVIN JOSEPH 1	20-UCH-018	II UG	<i>Levin Joseph</i>
10		PRASANTH RAJ C. 2	21-UCH-07	I UG	<i>C. Prasanth raj</i>
11		1) JULIANA 3	20-PCO-006	II MCOM	<i>Juliana Ascentf</i>
12	2) INDU PRIYADARSHINI 4	20-PCO-041	<i>S. Indu priyadarshini</i>		
13	J.HARSHINI 5	21-PCO-026	I MCOM	<i>J. Harshini</i>	
14	GUGAN K.P 6	19-UCO-013	III BCOM (A)	<i>Gugan K.P</i>	

15	Commerce	ABHISHEU IVON RAJ. S	19-UCO-152	III BCOM (B)	
16		LEONARD. J	20-UCO-008	II BCOM (A)	
17		TELUS. T	20-UCO-146	II BCOM (B)	<i>Telus</i>
18		INFANT VALAN. S	21-UCO-047	I BCOM (A)	
19		DEEPANITHI	21-UCO-136	I BCOM (B)	<i>Deepanithi.c</i>
20	Economics	LAKSHNA B	20-PEC-005	II PG	<i>Lakshna B.</i>
21		ADWITHIYA PACHISIA	21-PEC-034	I PG	
22		RIZWAN A	19-UEC-019	III UG	
23		BASU SIVRAJ H	20-UEC-061	II UG	<i>Basu Sivraj H.</i>
24		ARUN KUMAR U	21-UEC-002	I UG	<i>Arun Kumar U.</i>
25	English	ANTONY DEEPAK RAJ J	20-PEL-040	II PG	<i>Antony Deepak Raj J.</i>
26		ABIEZER ALLUN	21-PEL-001	I PG	<i>Abiezer Allun.</i>
27		NAVEEN SAMUEL ROBINSON	19-UEL-017	III UG (A)	
28		JOE MAMMEN JOHN	19-UEL-004	III UG (B)	
29		CRISTIN REMEGIUS L	20-UEL-004	II UG (A)	
30		ROHAN KRISHNA M	20-UEL-041	II UG (B)	
31		LAWRENCE P C	21-UEL-029	I UG (A)	<i>P. Lawrence.</i>
32		HISHAM PREMSHAJ	21-UEL-006	I UG (B)	

33	Data Science, MCA DIRECTOR S.I	HERMAN TERRY I	20-PDS-002	II PG	
34		AGNELO CHRISTY P 15	21-PDS-006	I PG	<del>Agnelo</del>
35	History	MUHAMMAD ASLAM HARRIS	19-UHT-027	III UG	
36		PETCHIMUTHU B	20-UHT-002	II UG	
37		K JEEVA ANANTH	21-UHT-025	I UG	
38	Mathematics	T JOHN JEFFRI RAJ	20-PMT-024	II PG	
39		J NEERAJ 16	21-PMT-017	I PG	J. Neeraj
40		THAKSHNAMOORTHY E K T 17	19-UMT-064	III UG	<del>Thakshnamoorthy</del>
41		DEEPAK FRANCIS	20-UMT-029	II UG	
42		YOSUVA	21-UMT-024	I UG	
43	Physics	ADHEESHWARAN L M	20-PPH-001	II PG	
44		A. KARAN 18	21-PPH-024	I PG	<del>A. Karan</del>
45		S N ELROYSON EMERWIN RAJ	19-UPH-024	III UG	
46		SOUMYA IYOTI DAS	20-UPH-055	II UG	
47		SADHAIV	21-UPH-045	I UG	
48	Plant Biology	MOHAMED RAZIK FAREETH S	19-UPB-002	III UG	
49		KARTHIKEYAN.M	20-UPB-028	II UG	
50		NAVIN AJAY D	21-UPB-004	I UG	
51		RIYAZ WATSON.J 19	19-USO-001	III UG	F. Riyaz Watson.



52	Sociology	KEVIN SAM.A	20-USO-043	II UG		
53		DHARUN.R	20	21-USO-037	I UG	<i>[Signature]</i>
54	Social Work	ANTONY JACKSON A	20-PSW-019	II PG		
55		NISHA DEVA PRIYA J	20-PSW-031	I PG		
56	Statistics	AJEETH H	21	20-PST-048	II PG	<i>[Signature]</i>
57		HERNEST VARUN L	22	21-PST-027	I PG	<i>[Signature]</i>
58		JUSTUS DANIEL ABRAHAM	19-UST-017	III UG		
59		DEBAYAN DATTA	20-UST-042	II UG		
60		B. EZHILVALAN	21-UST-026	I UG		
61		Tamil	KEERTHIVASAN S	19-UTL-004	III UG	
62	POZHILAN S K M		20-UTL-018	II UG		
63	Visual Communication	AMIRTHA VINUSHA	19-UVC-034	III UG		
64		AARTHI THOMAS	23	20-UVC-054	II UG	<i>[Signature]</i>
65		MOHAMED THAJAMUL M S	21-UVC-023	I UG		
66	3D Animation	P SARAYU	20-PAN-001	II PG		
67		S TRYPHAENA EVANGELINE	21-PAN-010	I PG		
68		MELWIN PAUL	19-UAN-001	III UG		
69		BENIEL JEBASTIN P	20-UAN-002	II UG		
70		KIRAN G	21 -UAN-001	I UG		

71	Digital Journalism	AISHWARYA SINGH	20-PDJ-018	II PG	
72		THAMODHARAN B	21-PDJ-017	I PG	
73		OVYA RAVEENDRAN	19-UDJ-003	III UG	
74		PADMANABHAN A	20-UDJ-044	II UG	
75		RIAA. J.	21-UDJ-003	I UG	

24 - B. THEVAKI

20-UDJ-028 11UG

B. Thevaki

25 - BEULA EVANGELIN. N

20-UAN-010 11UG

N. Beula

26 - Pradeepraj. S

21-UCO-129 11UG

Pradeepraj. S

Loyola College (Autonomous), Chennai 600 034

Internal Quality Assurance Cell

Quality Circle Members - Shift-2

SPRINGBOARD SESSION-II

SIGNING SHEET

Sl.No	Department	Name of the Student	Dept. No	Year	
1	Food Chemistry	APARAJITA LAHIRI	20-PFP-009	II PG	
2		J S JEREMIAH PANDIAN	21-PFP-009	I PG	
3	Chemistry	SUBASH R	19-UCH-206	III UG	
4		SANDEEP SAXENA K	20-UCH-212	II UG	
5		KELEELUR RAHMAN. J	21-UCH-204	I UG	
6	Commerce	P. PRAVIN	19-UCO-242	III UG	
7		JOHN KEWIN	19-UCO-306	III UG	
8		C. TARAKESH	19-UCO-404	III UG	
9		E. RANGANATHAN	19-UCO-544	III UG	
10		D. AJAY	19-UCO-634	III UG	
11		C. ANNAMALAI	20-UCO-219	II UG	
12		R. TARKESH YADAV	20-UCO-331	II UG	
13		FAZAL ABBAS	20-UCO-443	II UG	A. Fazal A.B.
14		S. PAGALAVAN	20-UCO-534	II UG	
15		H. K. SAI KISHORE	20-UCO-672	II UG	H.K. Sai Kishore

16		GLENN MATHEW JOSEPH	21-UCO-207	I UG	
17		S. RISHE	21-UCO-357	I UG	
18		THEASEUS ANTO COOPER	21-UCO-430	I UG	
19		N. ATHISH	21-UCO-557	I UG	
20		SAKTHI VEL	21-UCO-650	I UG	
21	Commerce (Hons.)	AMAN KAWAD 3	19- UBH - 020	III UG	<i>Shan</i> <i>Shan</i> 20ubh011@loyola.college.edu
22		<del>SHASHANK RATHI</del>	20- UBH- 011	II UG	
23		DURUV CHOTIYA 4 NISHAANTH R	21- UBH- 011	I UG	
24	Commerce (Accounting & Finance)	AYUSH MEHTA 5	20-UAF-004	II UG	<i>Ayush</i>
25		KOMALVIGNESH BASKARAN	21-UAF-007	I UG	
26	Commerce (Computer Application)	KOSAL KALYAN 6	20-UCC-015	II UG	<i>Kosal</i>
27		TANUJ RAMESH PATEL	21-UCC-026	I UG	
28	BBA	VISHAL H	19-UBU-017	III BBA (A)	
29		BALAJI K S	19-UBU-126	III BBA (B)	
30		PRANEEL GEORGE	20-UBU-006	II BBA (A)	
31		K.ADITYA	20-UBU-105	II BBA (B)	
32		AJAY.R	21-UBU-002	I BBA (A)	
33		C HARISHANKAR RAM REDDY	21-UBU-150	I BBA (B)	
34		ABHISHEK ALEX KUJUR	21 UBC 040	I UG (A)	
35		CALVIN E.	21-UBC-132	I UG (B)	
36		<del>JEFFREYJOYCHAKKORIA 7</del>	21-UBC-209	I UG (C)	<i>Jeffrey Joy C.</i>
37		DENNIS MARIAN ALDO M	20-UBC-022	II UG (A)	

38	B.Com. Corporate Secretaryship	KRISHAANT.G	20-UBC-111	II UG (B)		
39		KAMAL RANABHAT G	20-UBC-230	II UG (C)		
40		PRADEP S	19-UBC-017	III UG (A)		
41		RISHEB S	19-UBC-101	III UG (B)		
42		SHAN MATHEW M	19-UBC-205	III UG (C)		
43		B.Sc.Computer Science	ROBSON RUFUS ROY. R	21-UCS-023	I BSc A	
44	DARREN CHRISTOPHER ANTONY		21-UCS-108	I BSc B		
45	MARIAN MARCUS ROBIN. J		20-UCS-023	II BSc A		
46	TARIK ANVAR 8		20-UCS-101	II BSc B	Pass	
47	ANTONY SANJAY. J		19-UCS-001	III BSc A		
48	EDWIN DASS. A		19-UCS-119	III BSc B		
49	ABRAHAM JASON ANAND.P		21-PCS-001	I MSc		
50	PREETHI. V		20-PCS-012	II MSc		
51	B.C.A., Computer Science & Application		AMAAN ABID	21-UCA-040	I BCA	
52			SAI SHARAN. A	20-UCA-016	II BCA	
53		JUBEEN FERDINENT ROY. J	19-UCA-022	III BCA		
54	Economics	SREEHARJA	19-UEC-201	III UG (A)		
55		JAINAM RANKA	19 UEC 330	III UG (B)		
56		TISJYOT SINGH SETHI	19 UEC 431	III UG (C)		
57		FAHEEM ABRAR BARBHUIYA	20-UEC-240	II UG (A)		
58		SIVA KUMAR GAURAV	20-UEC-317	II UG (B)		
59		ANBUHELVAN .M	21-UEC-212	I UG (A)		

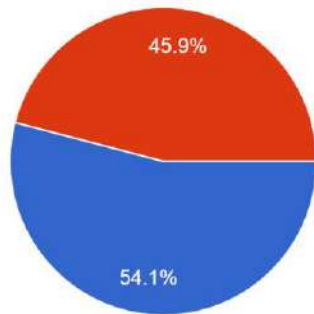
60		HAARDIK GANESAN	21-UEC-340	I UG (B)	
61	English	KEVIN MICHAEL WOODS	19-UEL-127	III UG	
62		RASHWANTH A	20-UEL-172	II UG	<i>A. R. S.</i>
63		HAIROM KUMAR	21-UEL-152	I UG	
64	French	LITTIESHA S	19-UFR-041	III BA	
65		VISHA V	20-UFR-012	II BA	<i>V. Visha</i>
66		OVIYA S	21-UFR-002	I BA	<i>S. Oviya</i>
67	History	VAIRASUNDARI	20-PHT-013	II PG	<i>A. Vairasundari</i>
68		NIKHIL KUMAR	21-PHT-011	I PG	
69		PALANIYAPAN MANICKAM CIDT	19-UHT-240	III UG	
70		M JAYA MANOHAR SEETARAM	20-UHT-252	II UG	
71		SHIVAM KUMAR	21-UHT-205	I UG	
72	Mathematics	GORTHI VISHAL	19-UMT-230	III UG (A)	
73		SAKET KUMAR GOPALUNI	19-UMT-334	III UG (B)	<i>S. Saket</i>
74		HARIKARTHICK. P	19-UMT-418	III UG (C)	
75		ERIN BOSE	20-UMT-209	II UG (A)	
76		SANJAY J	20-UMT-314	II UG (B)	
77		GANESAN V	21-UMT-226	I UG (A)	
78		PUGAZHARASAN P	21-UMT-308	I UG (B)	
79	Physics	DANIEL ELINJIKKAL	19-UPH-220	III UG (A)	
80		T.SURYA	19-UPH-333	III UG (B)	
81		ANURAG KUMAR	20-UPH-231	II UG (A)	

82		SHARAN SHIDHAR	20-UPH-303	II UG (B)	
83		M C ROSHAN RAJ	21-UPH-203	I UG (A)	
84		AARJO MUKHERJEE 14	21-UPH-320	I UG (B)	Arjo
85		AHMAD ABDUL QADIR BUKHAR 15	20 -PBT-005	II PG	Ahmad
86	Biotechnology (Plant Biology)	ARIBA KHAN 16	21-PBT-006	I PG	Ariba
87	Social Work	LEONARA JUDIA	20-PSW-051	II PG	
88		CHITHIRA SEVVALLIV.T	21-PSW-072	I PG	
89	Visual Communication	M. JACK BENNY	20-PVC-002	II PG	
90		JOHN MEZSIA S	21-PVC-003	I PG	
91		AJOH PRAYWARIO	19-UVC-115	III UG	
92		K. JUDE KIRUBAKARAN DAVID	20-UVC-113	II UG	
93		ZERO BIUS S P	21-UVC-116	I UG	
94	BMM	SNEHA	19-UMM-010	III UG	
95		SRIMAN MURALI	20-UMM-012	II UG	
96		RAJITH ARUN	21-UMM-021	I UG	
97	Sociology	NIKHATH FATHIMA	20-PSO-014	II PG	
98		TEJASRI KUNA	21-PSO-005	I PG	
99	International Relations	TRINEE A 17	21-PIR-002	I PG	Trinee
100	Counselling Psychology	NIDA FATHIMA 18	21-PCP-023	I PG	Nida

- 101/ History department Vairasunderan 19 20-PHT-002 I PG V. Zoraphil
- 20 History department Vickash.B 20-PHT-003 I PG Vikash.B
- 21 Mathematics department Ushij Chatterjee 19-UMT-314 III UG Ushij Chatterjee

I am a student of -----

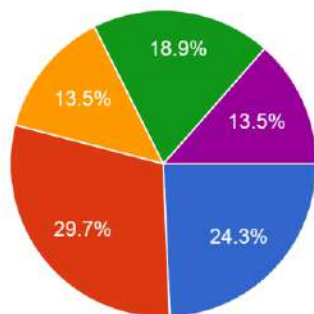
37 responses



- Shift - 1
- Shift - 2

I am doing ----

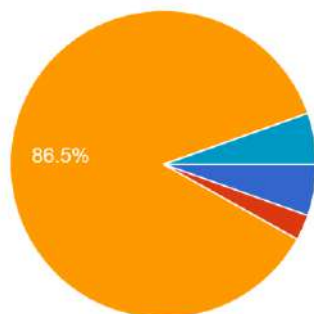
37 responses



- I UG
- II UG
- III UG
- I PG
- II PG

I am -----

37 responses

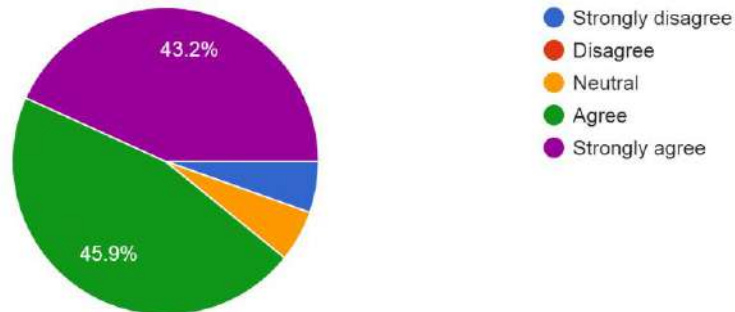


- a Class Representative
- an Office bearer of Department Association
- an Office bearer of Loyola Students Union
- an Office bearer of FLOWS
- an Office bearer of Quality Circle Member
- a registered participant



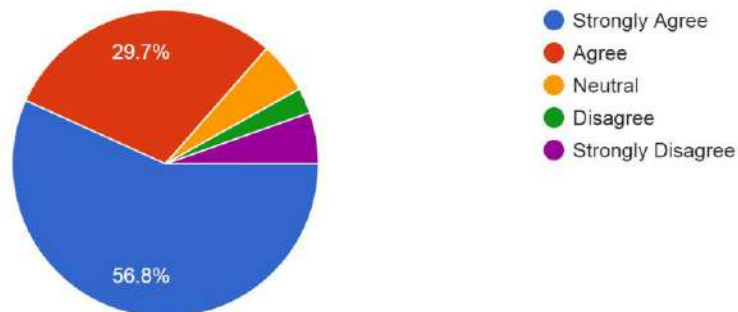
I have learnt valuable information from the Springboard session

37 responses



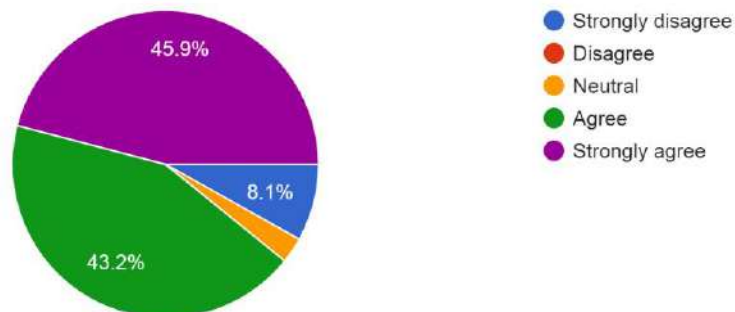
The resource person's delivery was engaging.

37 responses



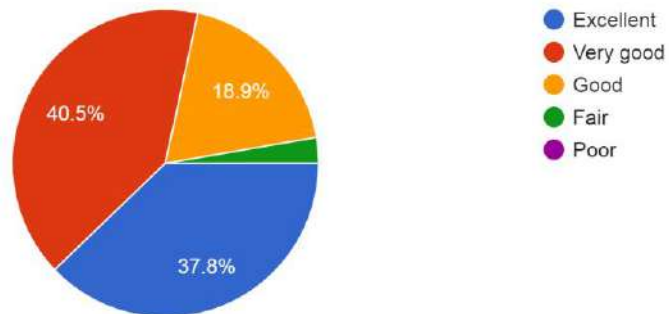
The resource person was knowledgeable.

37 responses



Overall, how would you rate the Second Springboard session

37 responses



No

None

Need our alumni as a resource for next meeting

Like an Civil servant giving an seminar on how they developed their leadership skills and sharing their experience about their field sir.  
I really liked to hear it hope other would too.

Humbleness and resilience

Increase the duration of the programme.

Record the program and upload in YouTube and College website.

Topic- "New face of Education" - A transformation from marks oriented Education to future oriented.

No suggestions

Life skills and the end goal

I would prefer any session that is not generic and more informative.

Consistency and Perseverance

Advices for Self problems

The role of a leader in decision making.

Negotiations and philosophy

Nothing

Mindfulness

Interactive session

Coordination of Leaders with peers

The content is good. But it would be better if you inform about the session in advance. Had to find out in the college website that the session was happening today. Did not receive any communication for the first session as well. When I enquired other members , some of them had the same issues as well. So it would be good if you can improve the communication channel.

Particular Specific Case studies involving special huge public or private successful projects or initiatives done by NGOs, Government Organisations or Companies or Student groups on how it was conceived to how it was succeeded and perceived, including the project's developments challenges decisions n alll.....

Leaders way of handling things

Your doing excellent keep it up

N/A

Time and stress management

Social responsible

Conflict resolution, dealing with change, virtual leadership, improving team performance, motivation

No it was perfect

About books by Tamil authors

"Trust" is the core element of leadership.