FLOWS Annual Report 2019-20

FLOWS, the forum for Loyola women students is an association exclusively catering to the holistic development women students on campus. It creates a platform for the women students to develop their skills and enrich their knowledge. It also looks into the various concerns related to women students on campus. The FLOWS office barriers work under the ages of the dean of women students and execute need-based thematic programs. The theme of this academic year 2019-20, is based on Descartes's philosophy which means "We think, so we exist".



The election for the FLOWS office bearers was conducted on July 10, 2019. Merlyn Jhansee S. was elected as the President, Roshan K. A. was elected as the secretary and under them arjumand Banuja Mona as the cultural secretary, Blessina Joe as the finance secretary, Joycee Antonio as the sports secretary, Honey as the PG student coordinator and Navi Blevia as the UG student coordinator.



We at FLOWS routed our path towards the theme of the year and conducted unique programs for the students to get synthesised on various current concerns to adorn our society. The activities for the academic year commenced with the inauguration of the FLOWS office bearers on 19th July 2019 at 12:30 p.m. Mrs Kavita Muraleedharan, a freelance journalist and a former associate editor of India Today was the chief guest. She shared experience on the empowerment of women. She addressed the various social stigma imposed on women and reassured everyone that women can achieve greater heights and bring in a huge change into this world.



On 27th August 2019 a session on Cybercrime and Social Media was held at the MRF Hall. The chief guest, Ms. Amala S.P, a doctoral student in the field of Cyber forensic comments discussion by introducing us to the digital era and spoke about female leadership in media. The session was primary held for the women students of Loyola College to understand cybercrime and social media better and to be aware of the various issues surrounding them.



On Thursday 3rd October, 2019 at 2:40 PM in LS hall, a session on women's health was conducted. Dr. Chitra Ramanathan MRC OG Senior Consultant and surgeon at Chennai fertility centre was the chief guest. She presented a PPT on female reproductive system, menstrual hygiene, PCOS, endometriosis and Adenomyosis, diet plan chart and on the other various women related issues.



On 30th November, 2019 at the LS Hall Jubilee building of Loyola College, a session on legal rights of women was held. The Hon'ble chief guest, Ms. Adilakshmi Logamurthy, advocate, legal consultant addressed the gathering by sharing her thoughts on the legal rights of women. Her speech had laid due emphasis on the importance of the role played by women in our democratic country and touched on cruel aspects remaining to the existing legal rights of the women. Her speech laid a foundation and will serve as an inspiration for all ensuing deliberations.



On 9th December, 2019 Forum for Loyola Women students, FLOWS, visited Hope Public Charitable Trust to celebrate Christmas and share the joy of love and happiness with children and adults suffering from mental and physical disabilities. We organised cultural programs and distributed saplings. Quality time was spent with the inmates of the home and it was a very memorable and cherish able experience for all of us.



On 12th December, 2019 in front of the Bertram Hall, an awareness street play on "Stop Violence against Women" was enacted by our students between 11 a.m. and 11:20 a.m. for Shift 1 and between 4 p.m. and 4:20 p.m. for Shift 2 students. Many students including men and women, teaching and non-teaching staff from various departments participated and appreciated the play. Finally the play ended with the slogan "Pengalai Potruvom".



On 17th December, 2019 in Bertram Hall at 10:30 a.m. an awareness programme on SOS Kavalan app was organised by the office of the Dean of women students in association with Greater Chennai police. The chief guest Mr. A.K. Viswanathan accompanied by Rev. Father Principal and the Deputy Principal lighted the lamp and inaugurated the program. An Awareness Board of SOS application was handed over to Rev. Father Principal by the Chief Guest. Then Ms. Mohana, the social worker, introduced and briefed the app so that the students could download it on the spot.

The chief guest addressed the gathering and highlighted that this application was specially created for the safety of women and concluded by saying "We respect the women, we protect the women and we praise the women". There were around 750 women students and professors from various Institution of our campus like LC, B.Ed. and LICET were present for the program. Nearly 122 students were present from Loyola College alone.



In view of Women's Day celebration inter-departmental competitions for students were held, from 11th February 21st February 2020. Events such as Rangoli, dumb charades, singing, face painting, Hairdo, Nail Art, logo designing, app interface designing, poster designing, cooking without fire, herbal products, poetry writing, block and tackle and case solving were conducted for women and men students in different venues.



We as a team were involved in planning, organising and executing these programs. These events helped us to define our thoughts, streamline our actions and shape us as better individuals. Finally once again, we have come together today to celebrate International Women's Day 2020, with the theme "We think, so we exist" emphasizing the need for an inclusive approach to form a humane society.

