

# LOYOLA COLLEGE

(AUTONOMOUS), CHENNAI-600034

## CLUBS MANUAL 2019-2020

"MEN AND WOMEN FOR OTHERS WITH OTHERS"

# **CLUBS MANUAL(2019-2020)**



# LOYOLA COLLEGE

(AUTONOMOUS) CHENNAI-600034

Email: clubs@loyolacollege.edu Website: www.loyolacollege.edu

# **ABOUT CLUB PROGRAM**

The primary aim of Loyola College is to provide university education in a Christian atmosphere to deserving students, especially those belonging to the Catholic Christian Community. The College aims at training young men and women of quality to be leaders in all walks of life and to serve their fellowmen in justice, truth and love. Further it fosters an atmosphere of intellectual vigour and moral rectitude in which the young men and women of our country may find their fulfillment and achieve greatness as eminent men and women for other and with others.

The overall development of a college student depends on three components namely curricular, co-curricular and extra-curricular activities. The extra-curricular activities play a vital role in developing skills specific to their career path and imperative for future job success. It provides opportunities to improve their leadership and interpersonal skills, while also increasing their self confidence.

Involving in extra-curricular activities allows students to link academic knowledge with practical experience, thereby leading to a better understanding of their own abilities, talents, and career goals. Finally, extra-curricular activities focus on institutional goals such as forming committed, competent and compassionate individuals. It also creates a sense of belonging to an institution and improves their self-esteem and confidence which in turn will help them to commit more fully to their academic endeavours.

# CHRONOLOGICAL INITIATION OF CLUBS

YEAR	NAME OF THE CLUB
1924	All India Catholic University Federation – AICUF
1932	National Cadet Corps – NCC (ARMY)
1957	National Cadet Corps – NCC (NAVY)
1969	National Service Scheme
1982	Rotaract Club
1990	Loyola Debating Society & Quiz Club - English
1995	Youth Red Cross Society – Y R C S
2002	Enviro Club
2004	Entrepreneurship Development Cell – EDC
2005	Loyola FM Radio Club
2005	Loyola Brass Band
2007	Loyola Prolife Forum
2007	ENACTUS – Students in Free Enterprise (SIFE)
2008	Friends of Police
2009	Loyola Press Club
2009	Citizen Consumer Club – C C C
2013	National Cadet Corps – NCC (Air Wing)
2014	AURA
2014	Loyola Club of Performing Arts
2016	Loyola Debating Society & Quiz Club - Tamil
2018	Health & Wellness Club
2018	Photography Club

#### PATRONS

Rev. Dr Francis. P. Xavier, S.J. Rector Rev. Dr D. Selvanayakam, S.J. Secretary Rev. Dr A. Thomas, S.J. Principal Dr Melchias Gabriel, Deputy Principal

#### **CLUB ADMINISTRATION**

Prof. J. Maria Roy Felix, Dean of Students (Shift – I) Dr S. Prasanna Kumar, Dean of Students (Shift – II) Dr P. S. Durga Devi, Dean of Women Students (Shift – I) Prof. A. Venkatalakshmi, Dean of Women Students (Shift – II)

# **CONSULTATIVE COMMITTEE FOR DEAN OF STUDENTS**

Dr P. Sagayaraj, Dept. of Physics Dr P. Sushama Rajan, Dept. of Corporate Secretaryship Dr A. Xavier Mahimairaj, Coordinator, IQAC. Dr J. Merline Shyla, Dean of Sciences Prof. D. Edward Sudhakar, Dean of Arts

## CLUB FACULTY COUNCIL NCC – ARMY

Capt. Simon Aju Sudhakar (SHE – II)

# NCC – NAVY

Sub. Lt. Dr A. John Maria Xavier (CHE - I)

# NCC – AIRWING

Flg. Offr. Dr M Chandrasekar (MLT – II)

#### **SPORTS**

Mr. S. Vijayakumar, Physical Education Director.

## NATIONAL SERVICE SCHEME – N S S

Dr A. Mariyappan (ECONOMICS – I) Dr P. Ajith Walter (CHEMISTRY – I) Prof. Alexander Yobu (COMMERCE – II) Dr T. Adi Naveen (CHEMISTRY – II) Prof. J. Masilla Esther (HUMAN EXCELLENCE – II)

#### FRIENDS OF POLICE – F O P

Prof. Hendry Ruban (COMMERCE – I) Prof. C. Ramkumar (B.B.A. – II)

## LOYOLA PROLIFE FORUM

Dr I. Princes (HISTORY – I) Dr R. Xavier (HISTORY – II)

## LOYOLA PRESS CLUB

Prof. J. Julia Pradeepa (ENGLISH – I) Prof. A. Antonie Dominic Gnanasudan (ENGLISH –II)

## LOYOLA FM RADIO

Prof. J. S. Chithra (KAUSHAL KENDRA – I) Mr Ramu Francis (F M – II)

#### ENTREPRENEURSHIP DEVELOPMENT CELL – E D C

Dr M. Salathiyan (COMMERCE – I) Dr D. John Benedict (COMMERCE – II)

## ALL INDIA CATHOLIC UNIVERSITY FEDERATION AICUF

Dr J. Amirtha Lenin (TAMIL – I) Prof. Charles Jail Singh (COMMERCE – II)

#### **ENVIRO CLUB**

Dr S. John Mary (CHEMISTRY – I) Prof. Sahana (VIS. COM – II)

#### LOYOLA BRASS BAND

Dr M. Raja (ADV. ZOO – I) Dr S. Iruthaya Raj (MATHS – II)

#### **ROTARACT CLUB**

Dr A. Arputha Selvi (HISTORY – I) Prof. I. Justin Sophia, (COMPUTER SCIENCE – II)

#### **STUDENTS IN FREE ENTERPRISE - S I F E**

Dr Y. Kins (MATHS – I) Prof. K. Leo Lawrence (CHEMISTRY – II)

# LOYOLA DEBATING SOCIETY & QUIZ CLUB English

Prof. S. Ashwin Parameshwar (ENGLISH – I) Prof. John Knox (ENGLISH – II)

#### Tamil

Prof. Senthil Kumar (KAUSHAL KENDRA – I) Dr L. Soosai Sagayaraj (TAMIL – II)

## CITIZEN CONSUMER CLUB – C C C

Prof. N. Maria Joseph (COMMERCE – I) Dr B. Prem Anand (CORPORATE SECRETARYSHIP – II)

#### YOUTH RED CROSS SOCIETY - Y R C S

Dr B. Ruban Raja (STATISTICS – I) Prof. M. D. Ananda Raj, (COMPUTER SCIENCE – II)

## **HEALTH & WELLNESS CLUB**

Dr M. Victor Antony Raj (PHYSICS – I) Dr Tanya Pereira (PLANT BIOLOGY – II)

## PHOTOGRAPHY CLUB

Mr. M. Adaikalasamy (VIS. COM – I) Mr. B. Ramesh (VIS. COM – II)

## AURA

Ms. D. Anitha Yazhini (COUNSELLOR – I) Ms. D. Christina Venita Deepa (COUNSELLOR – II) Mr. W. Kiran Kisku (COUNSELLOR – II)

## LOYOLA CLUB OF PERFORMNG ARTS L C P A Dance

## Prof. A. Sharmila Rani (ENGLISH – I)

Prof. T. S. Sahaya Mary (ENGLISH - II)

#### Music

Dr D. Francis Xavier (MATHS - I)

Dr S. Aseervatham (MATHS - II)

#### Theatre

Dr David Stanley (TAMIL – I)

Prof. T. Milton Ravichandran (VIS. COM - II)

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#### **CLUB ACTIVITES FOR 2018 & 19 BATCH UG STUDENTS**

"Men and Women for Others and with Others"

All undergraduate students of 2018 & 2019 batch need to acquire 60 hours of Club Activity Program apart from their regular classes to earn ONE credit as part of their Curriculum. Students have to register for the same through our college website www.loyolacollege.edu during the time announced by college over the public address system. The attendance for all the activities in the club will be posted through ERP by the respective club faculty advisor and the students can also check the same though their portal. Those who do not complete the required hours of club activities by the end of the academic year will be considered as Club Defaulters. The club defaulters have to register again in the subsequent year and carry out the club activity in the same club to complete and acquire the credits (excluding the final year students defaulting in club).

All those students who fail to complete the club activity successfully, will not be awarded degree.

Rev. Dr. A. Thomas, S.J. Principal Dr. Melchias Gabriel Deputy Principal

## CC 5001 – NATIONAL SERVICE SCHEME - N S S

"NOT ME BUT YOU"

#### **Faculty Advisors**

Dr A. Mariyappan (ECONOMICS – I) Dr P. Ajith Walter (CHEMISTRY – I) Prof. Alexander Yobu (COMMERCE – II) Dr T. Adi Naveen (CHEMISTRY – II) Prof. J. Masilla Esther (HUMAN EXCELLENCE – II)

#### Aim of the Club:

NSS program aims to inculcate social welfare in students and to provide service to the society without bias. NSS volunteers work to ensure that everyone who is in needy get help to enhance their standard of living and lead a dignified life. In doing so, the volunteers learn from people in the community, how to lead life despite scarcity of resources. NSS also provides help in natural and man-made disasters by providing food, clothing and first aid to the disaster victims.

## Vision of the Club:

To understand the community in which they work.

• To identify the needs and problems of the community and involve them to develop problem-solving skills.

• To develop among themselves a sense of social and civic responsibility.

• To develop competence required for group-living and sharing of responsibilities.

#### Mission:

The Motto of NSS "Not Me But You" reflects the essence of democratic living and upholds the need for selfless service. NSS helps students develop appreciation to others point of view and also show consideration to other living beings.

#### **Objectives:**

To gain skills in mobilizing community participation.

• To acquire leadership qualities and democratic attitudes.

• To develop capacity to meet emergencies and natural disasters, and

To practice National Integration and Social Harmony.

#### **Activities Planned:**

Inauguration & Orientation, Special Camping Program, Environmental awareness program, Health awareness program, Swachh Bharath program, First-aid training program and Anti-Corruption Day.

## CC 5008 – FRIENDS OF POLICE – F O P

## **Faculty Advisors**

Prof. Hendry Ruban (COMMERCE – I) Prof. C. Ramkumar (B. B. A. – II)

#### Aim of the Club:

To bring Police & Public under one umbrella, protecting right image among the public.

#### Vision of the Club:

To spread the concept of Community Policing.

#### **Objectives:**

• To remove the prejudice that public have towards the police and to make them understand the realities of the work of police personnel.

• To promote crime awareness among the people and to motivate them to assist the police in crime prevention activities.

• To inform public about FOP as a method of sharing policing power.

#### **Activities Planned:**

Inauguration, Orientation, parade, night patrolling, helmet rally, disaster management, invited talks, guest lectures, first-aid training, drug de-addiction talk, and trekking camp, disciplining activity inside and outside the campus.

## CC 5012 – LOYOLA PROLIFE FORUM

# **Faculty Advisors**

Dr I. Princes (HISTORY - I) Dr R. Xavier (HISTORY - II)

## Aim of the Club:

To sensitize students toward pro-life awareness and actions.

#### Vision of the Club:

Aims to promote anti-abortion and saving lives.

#### Mission of the Club:

Right to Live, Anti-Abortion, Anti-suicide.

## **Objective:**

• To create awareness among the students about anti-life issues such as abortion, suicide, life-threatening diseases and adverse impact on environment.

• To imbibe a positive approach towards life through organ, blood and eye donation, counseling and knowledge about the right to live and to bring an understanding about the worth of life.

#### **Activities Planned:**

Inauguration and Invited talk, Guest Lecture, Forum Discussion, Pro-Fest, Valedictory, Marathon, Rally, Human Chain and participation in events organized by external agencies.

## CC 5020 – LOYOLA F M RADIO CLUB

# **Faculty Advisors**

Prof. J. S. Chithra (KAUSHAL KENDRA – I) Mr Ramu Francis (F M – II

## Aim of the Club:

Empowering the Neighbourhood.

## Vision of the Club:

Development of community people in education sector through IRC students.

## Mission of the Club:

To make the students aware of the life style of downtrodden people.

## **Objectives:**

• To give knowledge to students about media through seminars with channel experts.

• To make them learn creating script, compeering, studio handling in technical manner and taking interviews with the community people.

## **Activities Planned:**

Compeering, Script writing, Media visit, field visit, discussion about media, media history and its methodology, practicing in studio & seminars.

## CC 5005 – ROTARACT CLUB

## **Faculty Advisors**

Dr A. Arputha Selvi (HISTORY – I) Prof. I. Justin Sophia (COMPUTER SCIENCE – II)

#### Aim of the Club:

To bring out the leadership quality of each individual through training & knowledge.

#### Vision of the Club:

To develop professional and leadership skills of each individual.

#### Mission of the Club:

To provide an opportunity for young men and women to enhance the knowledge and skills in personal development, to address physical and social needs of their communities and to promote better relationship worldwide.

#### **Objectives:**

• To emphasis and respect the regate of others based on recognition of the work of each individual

• To promote ethical standards as leadership qualities and vocational responsibilities

#### **Activities Planned:**

Installation, treasure hunt, Vandalur zoo control, mini marathon, shalom revived, seminar on female rights, RYLA, Marina Beach cleanup, orphanage visit and pride conference, eye & dental check-up, sapling of plants, guiness record, etc.

## CC 5018 – A U R A

## **Faculty Advisors**

Ms. D. Anitha Yazhini (COUNSELLOR – I) Ms. D. Chirstina Venita Deepa (COUNSELLOR – II) Mr. W. Kiran Kisku (COUNSELLOR – II)

## Aim of the Club:

Students to reach out to their fellow students in emotional distress or crisis.

Vision of the Club - "SHINE FROM WITHIN".

## Mission of the Club:

Peer Counselling and Guidance.

## **Objective:**

To equip students to help themselves and other at their interpersonal, intrapersonal and social level.

## **Activi**ties Planned:

Introduction & Nannie Method, self-awareness, Emotions (handling), TA + family roles, effects of Alcoholism + Drugs (practical learning), Love Languages, Family roles, Suicide Prevention and Mental Disorders.

## CC 5016 - ENTREPRENEURSHIP DEVELOPMENT CELL

# **Faculty Advisors**

Dr M. Salathiyan (COMMERCE – I) Dr D. John Benedict (COMMERCE – II)

## Aim of the Club:

To promote the spirit of entrepreneurship among students.

## Vision of the Club:

Creating awareness about entrepreneurship and support to create innovative business plans.

## Mission of the Club:

To sustain the spirit of entrepreneurship amongst all category of students and provide them with a platform to convert their ideas into business.

## **Objectives:**

 To inculcate a culture of innovation driven entrepreneurship.

• To conduct orientation programs for students and attracting them in establishing their own enterprise.

## Act<mark>iviti</mark>es Planned:

Inauguration, generation of business ideas, business plan writing, marketing strategy, workshop, business quiz, interview with entrepreneurs, seminars & valedictory.

## CC 5006 – ENVIRO CLUB

# Faculty Advisors

Dr. S. John Mary (CHEMISTRY – I) Prof. Sahana (VISUAL COMMUNICATION – II)

#### Aim of the Club:

Creating a Zero-waste Campus.

#### Vision of the Club:

Going beyond environmental awareness. Loyola Campus – A Zero Waste campus and the highest environmental rating for an academic institute. Action that results in waste recycling, efficient and alternate power systems, banning of plastics on campus.

#### **Mission of the Club:**

Taking students for exposure, training and facilitations in waste management so that they can replicate it at home and also enable canteen / mess staff do the same. Raising simple, potted vegetable gardens with high yield, which can also be donated to poor people. Encouraging healthy green practices among students to become aware of, and reducing their waste, carbon footprints. Hands on training sessions, interactions with environmentalists, film makers, activists.

#### **Objectives:**

Making Loyola Campus a Zero-waste Campus.

• Creating a Loyola Standard for green campuses by making it the first 100% waste recycling campus that also produces organic fertilizer and grows simple vegetables by students for poor people.

• Encouraging and creating simple and small alternate energy devices for certain labs and projects and reducing carbon footprints

#### **Activities Planned:**

Campus cleaning, one-day camps to clean beaches, Nungambakkam Railway Station Maintenance, plantations, waste recycling, making bio-fertilizers and energy efficient devices, Swachh Bharath Day, film screenings, interactions & facilitations with NGOs & other activities and organising Green Fest.

## CC 5014 – LOYOLA BRASS BAND

# **Faculty Advisors**

Dr M. Raja (ADV. ZOOLOGY – I) Dr S. Iruthaya Raj (MATHS – II)

#### Aim of the Club:

To encourage students for holistic formation in brass band and to create community on all levels – within the classroom, college as well as within the national and global community.

#### Vision of the Club:

The vision is that each student reaches a level of independent musicianship. Students attain this by:

Understanding the concepts of music.

Dedicating them to individual skill development (practice).

Functioning independently and collaborating with others.

#### Mission of the Club:

To encourage a life-long love for music and arts, teach students through music performance and develop leadership and life skills.

#### **Objectives:**

Provide extra-curricular opportunities for brass band students that enhance their musical experience.

Create the best possible learning environment for students.

• Develop strong musicianship and cultivate aesthetic awareness through preparation.

• Inspire students to become life-long learners and intelligent consumers of music.

## **Activities Planned:**

Students' union inauguration, Independence Day, ovations, club inauguration, practice sessions, republic day, graduation day, sports day & college day.

## CC 5003 – A LL INDIA CATHOLIC UNIVERSITY FEDERATION (A I C U F)

## **Faculty Advisors**

Dr. J. Amirtha Lenin (TAMIL – I) Prof. Charles Jail Singh (COMMERCE – II)

## Aim of the Club:

AICUF is committed to social justice and encourages it through action on every possible platform.

#### Vision of the Club:

We are born in an unjust world and are determined not to leave the way it is.

#### Mission of the Club:

AICUF aims at making student sensitized about several social issues and injustices done to the marginalized sectors.

## **Objective:**

AICUF is committed to social justice and encourages it through action on every possible platform.

#### **Activities Planned:**

3 days leadership training at trichy and vellore, inauguration, cauvery water dispute orientation about AICUF, dalit politics, communism, fight for marginalized people, women empowerment, transgender empowerment, road safety, awareness on flood safety and role of youth in politics.

## CC 5019 – LOYOLA DEBATING SOCIETY & QUIZ CLUB (ENGLISH)

## **Faculty Advisors**

Prof. S. Ashwin Parameshwar (ENGLISH – I) Prof. John Knox (ENGLISH – II)

## Aim of the Club:

To nurture promising debaters transform into future leaders.

## Vision of the Club:

Develop leadership skills in students through effective communication.

## Mission of the Club:

The need to use oratorical abilities for the cause of promoting justice, truth and peace in society.

## **Objectives:**

- The club aims to develop the critical thinking and speaking skills of the students.
- The club seeks to represent Loyola College in various competitions across the country.

## Activities Planned:

Audition, inauguration, training session, practice session, workshop, intra-departmental debate and inter collegiate debate contest.

## CC 5019 – LOYOLA DEBATING SOCIETY & QUIZ CLUB (TAMIL)

## **Faculty Advisors**

Prof. Senthil Kumar (KAUSHAL KENDRA – I) Dr L. Soosai Sagayaraj (TAMIL – II)

## Aim of the Club:

சிறந்த பேச்சாளர்களை, நுண்ணறிவு மிக்கவர்களை உருவாக்குதல்.

## Vision of the Club:

பேச்சாற்றலையும், அறிவாற்றலையும் பயிற்சி வாயிலாக அடையச்செய்தல்.

# Mission of the Club:

<mark>சமுத</mark>ாய அக்கறையுடைய, உண்மைக்கும் நீதிக்கும் குரல் கொடுக்கக்<mark>கூடிய</mark> நிறைவான பேச்சாளர்களைச் சமுதாயத்திற்கு அளித்தல்.

## **Objectives:**

பிற கல்லு**П**ரிகள் மற்றும் மாநில அளவில் நடைபெறக்கூடிய பேச்சு, நுணர்ணறிவுப் போட்டிகளில் கல்லூரி சார்பாகக் கலந்துகொண்டு வெற்றிபெறச் செய்தல்.

## **Activities Planned:**

கற்பித்தல் – பயிற்சி கொடுத்தல் – பயிற்சிப்பட்டறை வாயிலாக கற்றுக்கொள்ளச் செய்தல்.

## CC 5017 - CITIZEN CONSUMER CLUB - C C C

# **Faculty Advisors**

Prof. N. Maria Joseph (COMMERCE – I) Dr B. Prem Anand (CORPORATE SECRETARYSHIP – II)

## Aim of the Club:

To create awareness on consumer rights and duties.

#### Vision of the Club:

"AWARE", "ALERT" and "ACT".

#### Mission of the Club:

To create awareness about the role of consumer among students at a very young age and through them to the general public.

## **Objectives:**

Teaching and sensitizing youth to become responsible citizens to carry out their fundamental duties as citizens without being told and questioning. Helping them to create awareness about consumer grievance mechanism if their rights are infringed.

#### **Activities Planned:**

Orientation program, street play competition, special lecture on consumer court procedures, guest lectures, human chain, debate competition, consumer court visit, beach rally, demo on food adulteration.

# CC 5007 – YOUTH RED CROSS SOCIETY - Y R C S

# **Faculty Advisors**

Dr. B. Ruban Raja (STATISTICS – I) Prof. M. D. Anandaraj (COMPUTER SCIENCE – II)

## Aim of the Club:

To give an exposure to the students about human touch

## Vision of the Club:

To form an holistic formation of the students towards humanity.

## Mission of the Club:

To inculcate the value system among the students and helping them to reach out to the needy.

## **Objectives:**

- Disaster management and rescue operations.
  - The importance of donating organs.
- The significance of donating blood.

## **Activities Planned:**

Inauguration, world disabled day, international volunteers day, youth day, world cancer day, world justice day, world women's day visitng old age home, smoke and drug awareness program, traffic awareness program, visiting shows, tree plantation and valedictory function.

# CC 5011 – LOYOLA PRESS CLUB

# **Faculty Advisors**

Prof. J. Julia Pradeepa (ENGLISH – I) Prof. A. Antoine Dominic Gnanasudhan (ENGLISH – II)

## Aim of the Club:

To provide the students the knowledge of journalism.

## Vision of the Club:

- To educate and empower students in journalistic skills.
  - To make socially responsible students.

#### **Mission of the Club:**

Share views through writing. Set a platform to observe society and respond through responsible writing.

#### **Objectives:**

- To bring out print journal "The Sterling Point".
- To make students understand the role of media.

## **Activities Planned:**

Inauguration, orientation, organizing lectures and workshops various aspects of journalistic writing and media, field visit to news channels and reporting, etc., and valedictory.

## CC 5021 – LOYOLA CLUB OF PERFORMING ARTS – LC P A

## **Faculty Advisors**

Dance – Prof. A. Sharmila Rani (ENGLISH – I)
Music – Dr D. Francis Xavier (MATHS – I)
Theatre – Dr D. David Stanley (TAMIL – I)

Dance – Prof. T. S. Sahaya Mary (ENGLISH– II)
Music – Dr S. Aseervatham (MATHS – II)
Theatre – Prof. T. Milton Ravichandran (VIS. COM – II)

## Aim of the Club:

To explore students to ways to express ideas and emotions that they cannot express in language alone.

## Vision of the Club:

To encourage and motivate the students to set trends and express their ideas to the community.

## **Mission of the Club:**

Providing practical and theoretical exposure that allows students to develop a complete understanding of the various techniques involved in the three art forms – music, dance and theatre.

## **Objective:**

• To make them learn the values and methods of ar<mark>tistic collabo</mark>ration

• Making students to be prepared to enter the professional world of the performing arts, or to pursue graduate study in theater, dance or other fields in humanities.

• Equipping a wide variety of careers such as business, law or teaching, that require collaborative effort, public poise, imagination and a broad background in the liberal arts.

## **Activities Planned:**

Workshop on theatre skills, stage presence, oration, theme orientation, script preparation, inner peace, theatre performance at public parks, schools and marina beach on social themes.

#### CC 5015 – ENACTUS STUDENTS IN FREE ENTERPRISE – S I F E

# **Faculty Advisors**

Dr. Y. Kins (MATHS – I) Prof. K. Leo Lawrence (CHEMISTRY – II)

#### Aim of the Club:

Bring together student, academic and business leaders to create, develop and apply innovative solutions to employer people in need.

#### Vision of the Club:

• To believe investing in students who take entrepreneurial action for others which creates a better world for us all.

#### Mission of the Club:

ENACTUS provides a platform for students to create community development projects that put people's own ingenuity and talents at the center of improving their livelihoods. Guidance and support by business leaders enables an entrepreneurial approach in a student that empowers people to be a part of their own success.

## **Objectives:**

• Entrepreneurial – to ignite business innovation with integrity and passion.

• Action – experiencing social impact that sparks social enterprise.

• Us – to collaborate student, academic and business leaders to create a better world.

#### Activities Planned:

Orientation, Paper Bag and File Making from waste, cottage cheese making. Society oriented entrepreneurial activity, community projects, awareness and training program in urban slums, group discussions, case presentations and invited guest lectures.

## CC 5025 – HEALTH AND WELLNESS CLUB

## **Faculty Advisors**

Dr M. Victor Antony Raj (PHYSICS – I) Dr. Tanya Pereira (PLANT BIOLOGY – II)

#### Aim of the Club:

To instill awareness in students on aspects of personal health and overall well-being of an individual. To make students understand the factors that influence health and to promote choices that impact health of people on campus, in society and to the wider community.

#### Vision of the Club:

To impress upon our campus and community the importance of overall wellness pertaining to the physical, social and mental well-being of the individual.

#### Mission of the Club:

To instill an understanding of the importance of healthy lifestyle through Health Education programs and to spread the awareness to others.

#### **Objectives:**

To create awareness about the basic health and wellness.

• Imparting information in our campus and community about various emerging and prevailing diseases and their preventive measures.

• To impart an understanding of communicable and non-communicable diseases.

• To educate students on having balanced diet, simple home remedies for common ailments and choices for healthy living.

To celebrate official WHO days.

#### Activities Planned:

Inauguration; Doctor's Talk and seminars on health and hygiene, Awareness programmes and Medical checkup camps, Workshop on physical fitness and healthy habits, Debates, Discussions and poster-making on topics pertaining to health and environment. Celebrating World Health Day, World Heart Day, World Antibiotic Awareness Week, World AIDS Day, World Cancer Day, etc., and Valedictory.

## CC 5026 – PHOTOGRAPHY CLUB

#### **Faculty Coordinators**

Mr. M. Adaikalasamy (VISUAL COMMUNICATION – I) Mr. B. Ramesh (VISUAL COMMUNICATION – II)

#### Aim of the Club:

To develop and encourage students to understand the various elements of photography and actively use them as a method to communicate and document.

#### Vision of the Club:

Building an environment for students to showcase their creativity and unique perspectives through photography and the ability to learn from each other.

#### Mission of the Club:

Encouraging students across all disciplines to learn the principles and elements of photography. Enabling them with real-time experience through projects and event documentation. Showcasing their work and encouraging learning through feedback from peers and experts.

#### **Objectives:**

To build the experience of reliving and sharing photography through various types of programmes at different level this which will create awareness and understanding among the students and general public.

#### Activities Planned:

Learning sessions by peers, guest lectures and workshops by experts, active participation in documenting events organised in the college campus, field trips to nearby locations to understand the art of a photo shoot, exhibitions showcasing the work of students, shows, contests to enable them to learn through feedback.

# IMPORTANT INSTRUCTIONS TO STUDENTS

• All First & Second year undergraduate should be part of any of the clubs in the College.

- Students should register their name in the respective clubs within the stipulated time.
- The registration will be done online. The link will be published in our college website.
- Registration for Clubs like Loyola Club of Performing Arts, Loyola Debating Society and Quiz Club, AURA and Brass Band shall be done manually in the respective clubs.
- The allotment for clubs is based on **"FIRST** COME FIRST SERVE BASIS".
- Late comers will not be considered and shall be allotted any club where the vacancy is still available.
- The club faculty advisor shall post the attendance through their ERP portal and the same can be accessed from the students' portal. Any discrepancy can be addressed to the respective club faculty immediately.
- Each student should complete 60 hours as mandate to acquire ONE credit in their respective club.
- Club completion is mandatory for clearing their respective UG course.
- Check the college website for further details regarding the clubs.

## VACANCY AVAILABLE IN CLUBS (18 & 19 BATCH STUDENTS)

S. No.	Name of the Club	Shift – I	Shift – II	
1	AURA	50	50	
2	All India Catholic University Federation – AICUF	250	350	
3	Citizen Consumer Club – C C C	100	150	
4	ENACTUS – Students in free enterprise (S I F E)	50	100	
5	Entrepreneurship Development Cell	100	150	
6	Enviro Club	100	150	
7	Friends of Police – F O P	100	300	
8	Health & Wellness Club	100	120	
9	Loyola Brass Band	20	28	
10	Loyola Club of Performing Arts	20	22	
11	Loyola Debating Society & Quiz Club	80	150	
12	Loyola FM Radio	100	150	
• 13	Loyola Press Club	90	150	
14	National Service Scheme – N S S	300	700	
15	NCC – AIR WING	60	60	
16	NCC – ARMY	50	50	
17	NCC – NAVY	40	40	
18	Photography Club	80	160	
19	Prolife	100	150	
20	Rotaract Club	100	300	
21	Sports	105	80	
22	Youth Red Cross Society - Y R C S	100	150	
	TOTAL	2095	3558	

## **CLUB ATTENDANCE RECORD**

Name of the Student	:	
Dept No.	:	
Name of the Club	:	
Name of the Faculty Advisor	:	

#### **ACTIVITY RECORD**

S. No.	Date	Name of the Program	Faculty Advisors Sign
•			
•			•
•			

## **Students Signature**

Note: For any queries contact Dean of Students Office



**"LET YOUR LIGHT SHINE"**