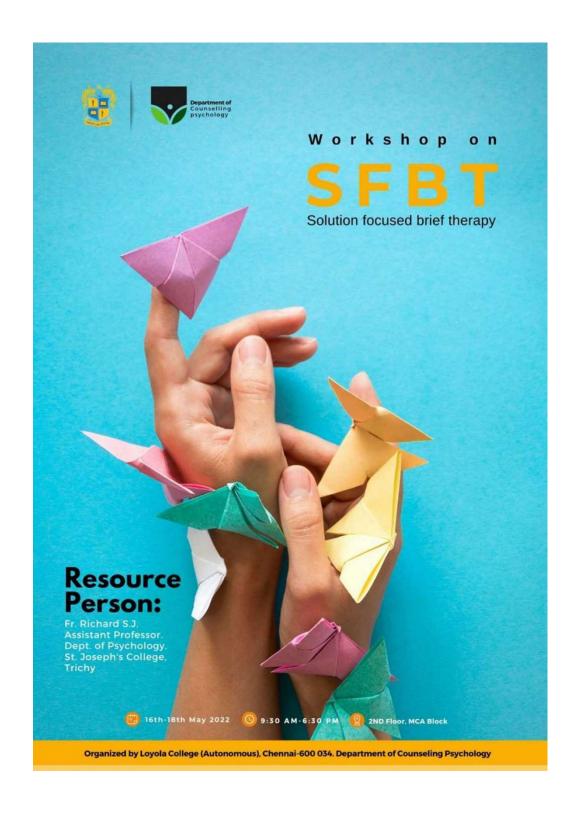




DEPARTMENT OF COUNSELLING PSYCHOLOGY LOYOLA COLLEGE, CHENNAI REPORT ON WORKSHOP



TOPIC: SOLUTION FOCUSED BRIEF THERAPY

DATE: 16.05.2022 to 18.05.2022

VENUE: LOYOLA COLLEGE, CHENNAI

BENEFICIARIES: I ST YR STUDENTS OF COUNSELLING PSYCHOLOGY

NO OF BENEFICIARIES: 24

The workshop was conducted for 3 days with concurrent theoretical sessions, discussions ,demos and practice sessions on Solution focused Brief Therapy, which is an empirical, evidenced based practice of the Post-modern approaches .The session followed by sharing of learnings and our review the workshop.

The outcome of the workshop was that the students learnt to effectively understand, practice and deliver SFBT. The feedback collation reports efficient learning and positive feelings in administering the same as it caters to present and futuristic solution outcomes alone.









