LEARNING OUTCOMES BASED CURRICULUM FRAMEWORK (LOCF) FOR POSTGRADUATE PROGRAMMES

(With effect from 2022-23)

PG FOOD CHEMISTRY AND FOOD PROCESSING Department of Chemistry



LOYOLA COLLEGE (AUTONOMOUS)

CHENNAI - 600034

PREFACE

The curriculum of postgraduate Food Chemistry and Food Processing has been designed to explain the concepts in branches of Chemistry, Biochemistry, Food Microbiology, Food Biotechnology, Food Safety, Various processing operations of Meat, Sea foods, Livestock and Dairy. The course will aid the students apply the acquired skills required in the invention process, formulation and development of new food products. The subject elective papers offered in the course enables the students to apply the principles of costing, pricing and distribution systems in sustainable food manufacturing process, thereby empowering them to become a successful entrepreneur by understanding the potential needs of the market.

The purpose of the outcome-based education is meant to provide an exposure to the fundamental aspects in different branches of food chemistry and its applications, keeping in mind the growing needs for higher education, employability, entrepreneurship and social responsibility. The periodical restructuring of the syllabi is carried out to fulfill the requirements of graduate attributes, qualification descriptors, programme learning outcomes and course-level learning outcomes. The outcome-based education enriches the curriculum to deliver the basic principles, synthetic strategies, mechanisms and application-oriented learning for the benefit of students. It also includes self-learning module, minor projects and industrial internship to enable students to get equipped for higher studies and employment.

The programme also includes training to students for seminar presentation, preparation of internship reports, hands-on training in lab courses, skills to handle instruments, developing leadership qualities, organization and participation in the interdepartmental and intercollegiate academic competitions. The outcome-based curriculum is intended to enrich the learning pedagogy to global standards. ICT enabled teaching-learning platforms are provided to students along with the interaction of international scientists. The seminars periodically delivered by industrialists, subject experts and former professors would certainly help the students to update with latest technology/trends in different fields of food chemistry and food processing.

The exposure to the industrial internship and MoUs with industries can open an avenue for a start-up and its progress would be followed regularly. The OBE based evaluation methods will reflect the true cognitive levels of the students as the curriculum is designed with course outcomes and cognitive level correlations as per BLOOM's Taxonomy.

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VISION AND MISSION OF LOYOLA COLLEGE

VISION

Towards holistic formation of youth, grounded in excellence, through accompaniment to serve the humanity.

MISSION

- To provide inclusive education through an integral and holistic formative pedagogy.
- To promote skills that prepare them for the future.
- To kindle in young minds the spirit of social and environmental justice with a blend of academic excellence and empathy.
- To stimulate critical and conscientious scholarship leading to meaningful and innovative human capital.

CORE VALUES

- Cura Personalis
- Pursuit of Excellence
- Moral Rectitude
- Social Equity
- Fostering solidarity
- Global Vision
- Spiritual Quotient

VISION AND MISSION OF THE DEPARTMENT

VISION

To strive with excellence in teaching and research in Chemistry to empower students with values for the society.

MISSION

To render competent and empathetic educational service to meet global standards in academia/industry through commitment, dedication and continuous learning.

PROGRAMME EDUCATIONAL OBJECTIVES (PEOs)

(School of Physical Sciences)

PEO 1	Professional Skill Development To provide professional training and skill development to students in physical sciences, related disciplines and nurture them to become responsible persons in the society. Core Competency Development To augment their core-competencies and knowledge levels in science, humanities and inter-disciplinary areas by imparting education of high standards and advanced technological tools with specialized research orientation.
PEO 3	Innovative Curriculum of Global Relevance To upgrade the curriculum periodically based on scientific advancements, innovations and societal relevance, so as to cater to the shifting global demands as cited by University Grants Commission, CSIR, etc.
PEO 4	Environmental Sensitivity and Sustainability To infuse environmental sensitivity in students through academic activities and hence equip them with technical skills and scientific knowledge required to protect and safeguard the environment for a sustainable future by respecting ecological balance of the globe.
PEO 5	Ethical Principles and Holistic Development To promote ethical values and special focus on the holistic development of students to become proficient, skilled, competent and socially responsible people.
PEO 6	Accessibility and Academic Excellence To provide an accessible learning environment of excellence and equal opportunity to students, enabling them to develop their creativity, critical thinking, leadership, employability skills and making them competent for job market.

PROGRAMME OUTCOMES (POs)

(School of Physical Sciences)

	<u> </u>
PO 1	Disciplinary and Inter- disciplinary Knowledge for Capacity Building
	Students will acquire required knowledge of the laws governing nature through
	classroom teaching and experimenting in the laboratories. They will develop a sense of
	interdisciplinary approach to identify and resolve issues through project, seminars, field
	work, internships and industrial visits related to their curriculum.
PO 2	Skills for Effective and Efficient Communication
	Students will be able to improve and enhance their communication skills such as
	reading, writing, listening and speaking. This will help them to express their ideas
	clearly and effectively and subsequently empower them to become agents of social
	change and hence pave the way for betterment of the society at large.
PO 3	Sense of Inquiry and Problem-solving Skills
	Students will demonstrate the core competencies of their discipline through analytical
	reasoning, problem solving and research related skills, cooperation, team work,
	scientific reasoning and thinking that would make them emerge as entrepreneurs or
	administrative personnel.
PO 4	Skills to Impact Society
104	Skills to Impact Society Students will develop leadership, team spirit, and other psychometer skills which will
	Students will develop leadership, team spirit and other psychomotor skills which will help them to identify approach and applying the axisting societal problems with an axis
	help them to identify, approach and analyze the existing societal problems with an eye
	to look beyond gender, age, caste, creed or nationality and work for the emancipation
DO 5	and empowerment of humanity.
PO 5	Energy, Ethics and Environment
	They will be able to involve themselves in framing policies of social relevance and
	develop scientific temper to harness energy and work on alternate resources
	scientifically. They will be aware of the environmental issues and imbibe the spirit of
	ethical values in establishing a self-sustained environment for a healthy society.
PO 6	Self-directed and Lifelong Learning
	Through digital literacy, students will engage in self-paced and curious learning with
	necessary knowledge acquisition and hence develop motivation for a sustained lifelong
	learning capability. Students will accumulate knowledge by continuous activity
	centered learning and leverage the past knowledge to solve the problems in the future.
PO 7	National and International-priorities Preferences and Perspectives
	Students will be able to prioritize national and global issues with an aim to build a
	nation and an integrated world through contributions that imbibe the spirit of
	multicultural competency, creative thinking, critical analysis, political awareness and
	the much-needed awareness on international policies.

PROGRAMME SPECIFIC OUTCOMES (PSOs) PG Food Chemistry & Food Processing

PSO 1	To understand and recall the basic concepts in all the related areas of Food Chemistry and Food Processing and correlate to the food industry, public health and safety.
PSO 2	To acquire the theoretical knowledge and practical skills to meet the specific needs and challenges of the food industry, consumers, environment and society.
PSO 3	To transform the acquired knowledge to evaluate the food components/quality using laboratory skills and instrumentation techniques.
PSO 4	To integrate and apply the different principles of Food Chemistry and Food Processing and its related sciences in sustainable food production and manufacturing practices
PSO 5	To develop the required competency in all the areas of Food Chemistry and Food Processing for higher studies/ research/administration and entrepreneurship.
PSO 6	To evaluate and utilize the chemical and biological concepts/processing techniques/regulations/food laws in the several domains of the food business operations.
PSO 7	To critically examine and formulate research concepts catering the societal applications associated with Food Chemistry and Food Processing

Correlation Rubrics

High	Moderate	Low	No Correlation
3	2	1	0

Mapping of PEOs with Vision and Mission

	PEO1	PEO2	PEO3	PEO4	PEO5	PEO6
Vision	3	3	3	3	3	3
Mission	3	3	3	3	3	3

Mapping of POs with PEOs

	PEO1	PEO2	PEO3	PEO4	PEO5	PEO6
PO1	3	3	3	3	3	3
PO2	3	3	3	2	3	3
PO3	3	3	3	3	3	3
PO4	3	3	3	3	3	3
PO5	3	3	3	3	2	3
PO6	3	2	3	3	3	3
PO7	3	3	3	3	3	2

Mapping of PSOs with PEOs

	PEO1	PEO2	PEO3	PEO4	PEO5	PEO6
PSO1	3	3	3	3	3	2
PSO2	3	3	3	3	3	3
PSO3	3	3	3	3	3	3
PSO4	3	3	3	3	3	3
PSO5	3	3	3	3	3	3
PSO6	3	3	3	3	3	3
PSO7	3	3	3	3	3	3

Mapping of PSOs with POs

	PO1	PO2	PO3	PO4	PO5	PO6	PO7
PSO1	3	2	3	3	3	3	3
PSO2	3	3	3	3	3	3	3
PSO3	3	3	3	3	3	3	3
PSO4	3	3	3	3	3	3	3
PSO5	3	3	3	3	3	3	3
PSO6	3	3	3	3	3	3	3
PSO7	3	3	3	3	3	3	3

LOYOLA COLLEGE (AUTONOMOUS), CHENNAI DEPARTMENT OF CHEMISTRY

(2021 - Restructured Curriculum)

OVERALL COURSE STRUCTURE (MSc Food Chemistry and Food Processing)

Sem	Sub. Code	Course Title	T/ L	Category	Cr	Hrs
I	PFP1MC01	Chemistry of Macro and Micronutrients	T	MC	6	5
I	PFP1MC02	Unit Operations and Food Packaging		MC	6	6
I	PFP1MC03	Human Nutrition and Biochemistry		MC	6	6
I	PFP1MC04	Food Microbiology, Hygiene and		1,10	6	5
		Sanitation Sanitation	T	MC	O	3
I	PFP1MC05	Analysis of Macronutrients and Enzyme catalysis	L	MC	2	4
I	PFP1MC06	Food Microbiology Lab	L	MC	2	4
II	PFP2MC01	Techniques in Food analysis	T	MC	4	5
II	PFP2MC02	Scientific Research Methodology	T	MC	3	3
II	PFP2MC03	Plant Product Processing	T	MC	5	5
II	PFP2MC04	Analysis of Micronutrients and Bioactive components	L	MC	2	4
II	PFP2MC05	Baking and Confectionery Lab	L	MC	2	3
II	PFP2MC06	Fruit and Vegetable Processing Lab	L	MC	2	3
II	PFP2LS01	Life Skills [#]	T	LS	1	2 #
II	PFP2SI01	Summer Internship (3 to 4 Weeks) #	-	SI	1	-
II	PFP2MO01	Additional Credits (MOOCs)##	-	MO	2	2##
III	PFP3MC01	Meat, Poultry and Seafood Processing	T	MC	6	6
III	PFP3MC02	Dairy and Beverage Processing	T	MC	6	5
III	PFP3MC03	Dairy and Meat Processing Lab	L	MC	2	3
III	PFP3MC04	Analysis of Food Additives and Toxins	L	MC	2	3
III	PFP3ID01	Food Biotechnology	T	ID	3	6
III	PFP3MC05	New Product Development Lab	L	MC	2	3
IV	PFP4MC01	Food Quality, Safety and Food Laws	T	MC	6	5
IV	PFP4MC02	Food Additives and Food Toxicology	T	MC	7	6
IV	PFP4MC03	Food Safety Lab	L	MC	2	4
IV	PFP4PJ01	Project	P	PJ	5	15

Major Elective

Sem	Sub. Code	Course Title	T/L	Category	Cr	Hrs
II	PFP2ME01	Functional Foods and Nutraceuticals	T	ME	2	1
II	PFP2ME02	Management of Lifestyle Diseases	T	IVIL	2	7
III	PFP3ME01	Sustainable Food Management	Т	ME	2	4
III	PFP3ME02	Entrepreneurs for Food Industries	T			

Courses offered to other Departments

Sem	Sub. Code	Course Title	T/L	Category	Cr	Hrs
II	PFP2CD01	Dynamics of Food and Health	T	CD	1	3
III	PFP3VA01	Value – Added Courses (from other institutions) #	Т	VA	1	2#

 \mathbf{MC} – Major Core; \mathbf{ME} -Major Elective; \mathbf{ID} -Inter-Disciplinary; \mathbf{MO} -MOOC; \mathbf{LS} -Life Skills; \mathbf{SK} -Soft Skills;

CD-Cross Disciplinary; VA- Value Added; SI-Summer Internship; SL-Service Learning; PJ-Project

M.Sc. Food chemistry and Food Processing Restructured LOCF Curriculum (effective from June, 2022)

PART	SEMESTER I	SEMESTER II	SEMESTER III	SEMESTER IV
	Chemistry of Macro and	Techniques in Food analysis	Meat, Poultry and	Food Quality, Safety and
	Micronutrients (5h/6c)	(5h/4c)	Seafood Processing	Food Laws (5h/6c)
			(6h/6c)	
	Unit Operations and Food	Scientific Research Methodology	Dairy and Beverage	Food Additives and Food
	Packaging (6h/6c)	(3h/3c)	Processing (5h/6c)	Toxicology (6h/7c)
	Human Nutrition and	Plant Product Processing (5h/5c)	Dairy and Meat	Food Safety Lab (4h/2c)
MAJOR CORE (MC)	Biochemistry (6h/6c]		Processing Lab (3h/2c)	
	Food Microbiology, Hygiene	Analysis of Micronutrients and	Analysis of Food	
	and Sanitation (5h/6c)	Bioactive components (4h/2c)	Additives and Toxins	-
			(3h/2c)	
	Analysis of Macronutrients and	Baking and Confectionery Lab	New Product	
	Enzyme catalysis (4h/2c)	(3h/2c)	Development Lab (3h/2c)	-
	Food Microbiology Lab (4h/2c)	Fruit and Vegetable Processing	_	_
		Lab (3h/2c)	-	_
	_	Functional Foods and	Sustainable Food	_
MAJOR ELECTIVE (ME)	-	Nutraceuticals (4h/2c)	Management (4h/2c)	-
WAJOR ELECTIVE (WE)		Management of Lifestyle Diseases	Entrepreneurs for Food	
	-	(4h/2c)	Industries (4h/2c)	
INTER-DISCIPLINARY			Food Biotechnology	
(ID)	-	<u>-</u>	(6h/3c)	-
ADDITIONAL CREDIT		(2h#/2c##) (outside class hours)		_
(MOOCs) (MO)	-	(2117/2011) (Outside Class Hours)	-	-
LIFE SKILLS (LS)	-	(2h/1c) (outside class hours)	-	-

SOFT SKILLS (SK)	-	-	(2h/1c) (outside class hours)	-
CROSS-DISCIPLINARY		Dynamics of Food and Health		
(CD)	-	(3h/1c)		-
VALUE - ADDED			(2h/1c) (outside class	
COURSES (VA)	-		hours)	-
SUMMER INTERNSHIP		(3 to 4 Weeks/1c)		
(SI)	-			-
SERVICE LEARNING			(2h/1c) (outside class	
(SL)	-	-	hours)	-
PROJECT (PJ)	-	-	-	Project (15h/5c)
Total	30h/28c	32h/23c (2h#/2c## Additional)	36h/26c	30h/20c

Note: A Theory paper shall have 3 to 6 contact hours and a practical session shall have 2 to 4 contact h

COURSE DESCRIPTOR

Course Code	PFP1MC01
Course Title	CHEMISTRY OF MACRO AND MICRO NUTRIENTS
Credits	6
Hours/Week	5
Category	Major Core (MC) – Theory
Semester	I
Regulation	2022

Course Overview

- 1. The aim of the course underlines the chemical concepts of macro and micro food components present in the food materials.
- **2.** The content of the course gives knowledge on the organic molecules present in the food.
- **3.** The course elaborates the basic functions of food constituents with a chemistry perspective.
- **4.** This course focusses on the structures, classification and functions of carbohydrates, proteins, lipids, vitamins, minerals and enzymes.
- **5.** It also explores the various factors that affect the chemical changes of food components during processing and storage conditions.

Course Objectives

- 1. To understand the structure and phase diagram of water, concept of water activity and the various interactions of water and ice in food.
- 2. To analyse the structure, properties and applications of carbohydrates in food industry.
- 3. To articulate the functions of amino acids and proteins in food processing industries.
- 4. To identify the chemical reactions involved in macro and micro food components.
- 5. To discuss the various types of vitamins and the role of enzymes in food modification.

Prerequisites | Basic knowledge of chemistry & life sciences.

SYLLABUS

UNIT	CONTENT	HOURS	Cos	COGNITIV
				E LEVEL
I	Water	13	CO1	K1, K2, K3,
	Physical and Chemical properties of water, free,		CO2	K4, K5, K6
	bound and entrapped water, Intermolecular		CO3	
	hydrogen bonding - structure of ice and water-		CO4	
	association of water molecules, Interaction of water		CO5	
	with hydrophobic and hydrophilic substances-			

	Phase transition diagram of water.			
	Water activity (aw): Principles and measurements -			
	relationship to relative vapour pressure (RVP):			
	Moisture sorption isotherm and relation of water			
	activity with food stability.			
	Solute effects on water: glass transitions and			
	molecular mobility in foods, Kinetic Principles:			
	Key concepts underlying molecular mobility in			
	food.			
	Ice in presence of solutes, Solute-solvent – ion-			
TT	interactions.	13	CO1	V1 V2 V2
II	Carbohydrates	13	CO1	K1, K2, K3,
	Monosaccharides: Chirality, isomerisation,		CO2	K4, K5, K6
	Oxidation and reduction reactions, Maillard		CO3	
	Browning and related reactions – Generation of		CO4	
	heterocyclic compounds in foods.		CO5	
	Oligosaccharides: Hydrolytic reactions and their			
	applications in the food industry.			
	Polysaccharides: Solubility-Properties of gums and			
	hydrocolloids: Viscosity and stability, Indigestible			
	polysaccharides: Food gels - xanthan gums,			
	carageenan, alginates, pectin, gum arabic and their			
	food applications, Digestible polysaccharides-			
	Starch, amylase and amylopectin, Gelatinisation			
	and retrogradation, Uses of modified and			
	unmodified starch, Cellulose-CMC and MCC; its			
	applications in food industry.			
III	Chemistry of Lipids and Oil	13	CO1	K1, K2, K3,
	Introduction to lipids: IUPAC Nomenclature-		CO2	K4, K5, K6
	Lipid's classifications- Physical properties-		CO3	
	melting, softening, smoke, flash and fire, turbidity		CO4	
	points, specific gravity and refractive index. Lipids		CO5	
	extraction from food samples- sample preparation,			
	pretreatments, solvent extraction. Methods of			
	determination – Density and Dielectric			
	measurements: Analysis of lipids- degree of			
	unsaturation, Free Fatty Acid (FFA), oxidative			
	stability and oxidation products.			
	1			

	Chemistry of lipids in food materials: Physical and chemical changes of lipids -hydrolysis-oxidation-polymerization reactions; factors affecting oil decomposition- volatile and non-volatile decomposition products. Measurement of decomposition products: significance, advantages, limitations. Process of frying- effect of frying on fats, changes in fats and oil rancidity, lipolysis, flavor reversion, auto-oxidation and its prevention: Antioxidants: types, action, reactions and quenching mechanism (chemistry of singlet and triplet oxygen) of lipids.			
IV	Amino acids: Physiochemical properties of amino acids. Peptides – geometry of peptide linkage and synthesis of peptide bonds using glycine, alanine, lysine, cysteine, glutamic acid and arginine amino acids. Isoelectric point. Proteins: Structure of proteins- primary, secondary, tertiary and quaternary structures. Factors affecting the stability of protein structure – steric strain, hydrogen bond, electrostatic and hydrophobic interactions, disulphide bonds, van der waals interactions, conformational stability and adoptability of proteins. Protein denaturation - thermodynamics of denaturation. Denaturation of proteins - physical and chemical agents- effect of pH, organic solvents/solutes interactions. Reactions of proteins in food: Reactions with lipids, sulphites, chemical and enzymatic modifications of proteins- alkylation, acylation, phosphorylation, sulphitolysis, enzymatic hydrolysis, plastein reactions.	13	CO1 CO2 CO3 CO4 CO5	K1, K2, K3, K4, K5, K6
V	Enzymes and Vitamins Enzymes: Nomenclature, classification, and factors influencing the enzyme activity – temperature, pH and specificity, chemical nature of enzymes, Catalysis - enzyme kinetics; Lock and key model,	13	CO1 CO2 CO3 CO4 CO5	K1, K2, K3, K4, K5, K6

Enzyme inactivation and control, reversible inhibitors, competitive and uncompetitive inhibition, Irreversible inhibitors.

Food modification: Role of endogenous enzymes in food quality, color, lipoxygenase, chlorophyllase, texture- pectic enzymes; flavor and aroma changes, nutritional quality in food.

Enzymes as processing aids: production of sweeteners, in modifying lipids, in milk and dairy products, Latest trends in enzymes and food management.

Vitamins: Introduction and Classification- Fat soluble vitamins: Vitamin- A and provitamin- A, vitamin D and E- stability and mechanism of degradation, Water soluble vitamins: Vitamins B and C – stability and degradation mechanism. Major and Minor mineral constituents in food – Essential metals as nutrients, solubility of minerals. Acid- base theory; Lowry- Bronsted and Lewis theory; Chelate effect. Chemical and functional properties of minerals in food calcium, phosphate, iron, nickel and copper.

Textbooks

- 1. Owen R Fennema's (2008) Food Chemistry 4th Edition, CRC Press Publishers.
- 2. B.Srilakshmi. 2018, Food Science, 7th multi-color edition, New age international publishers.
- 3. Vaclavik, V. A. and Christian E. W. (2003). "Essentials of Food Science". 2nd Edition, Kluwer Academic, Springer
- 4. Belitz.H.D,Grosch .W and Schieberle.P (2009) Food Chemistry 4th Edition, Spinger.
- 5. P.K.Bhattacharya ,2005,Biochemistry, Narosa Publishing House.

Suggested Readings

- 1. James K Edward, (Eds.) (2011), Water quality and treatment, Handbook on drinking water, Sixth edition. Mc graw Hill Publishers.
- 2. De Man, John M. "Principles of Food Chemistry". 3rd Edition, Springer, 1999.
- 3. Cheung.C.K .Peter and M.M.Bhavbhuti (Eds) (2015) "Handbook of Food chemistry" Springer-Verlag Berlin Heidelberg Publisher.
- 4. Hui.Y.H. (Ed) (2006) "Handbook of Food Science, Technology and Engineering" CRC Press
- 5. S.J.Lippard, 1998, Bioinorganic chemistry, Viva books (P) Ltd.

Web resources

- 1. https://www.basu.org.in/wp-content/uploads/2020/04/Structure-of-Water.pdf
- 2. http://ecoursesonline.iasri.res.in/mod/page/view.php?id=90216
- **3.** http://epgp.inflibnet.ac.in/epgpdata/uploads/epgp_content/food_technology/food_chemistry/02.water_in_food_systems/et/10_et_m2.pdf

Course Outcomes (COs) and Cognitive Level Mapping

COs	CO Description	Cognitive Level
CO 1	Understand and recall the basic concepts of food chemistry.	K1, K2
CO 2	Determine and interpret the types of micro and macro food components involved in food processing.	К3
CO 3	Analyse and distinguish the various physical and chemical properties of the food materials.	K4
CO 4	Evaluate and ensure the quality and stability of food materials.	K5
CO 5	Summarize the effect of various chemical constituents in food and consumer products.	K6

COURSE DESCRIPTOR

Course Code	PFP1MC02
Course Title	UNIT OPERATION AND FOOD PACKAGING
Credits	6
Hours/Week	6
Category	Major Core (MC) – Theory
Semester I	I
Regulation	2022

Course Overview

- 1. The course aims to provide the basic thermodynamic concepts involved in different food systems and an in-depth understanding of the various unit operations in food industries.
- 2. This paper explains the application of the various food processing and preservation techniques in the food manufacturing sector.
- 3. The course illustrates novel technological aspects adopted in food preservation, processing and food packaging industries.
- 4. The contents of the course gives knowledge on the area of food packaging technology and apply scientific principles in creating innovative packaging materials and techniques for foods.
- 5. This course is a blend of creativity, research and testing in food preservation and processing.

Course Objectives

- 1. To understand the various thermodynamic aspects involved in food processing operations.
- 2. To apply the principles of preservation in various food processing systems.
- 3. To analyse and compare the usefulness of emerging technologies with the existing preservation methods.
- 4. To perceive the applications of different processing and packaging techniques in food industry.
- 5. To select appropriate quality testing methodologies and develop innovations in food processing and packaging.

Prerequisites: Basic Knowledge in Life Science and Chemistry.

SYLLABUS

UNIT	CONTENT	HOURS	Cos	COGNITIVE
				LEVEL
I	Unit Operations & Thermodynamics in food	15	CO1	K1, K2, K3,
	Unit operations in food processing: Heat transfer,		CO2	K4, K5, K6
	fluid flow, mass transfer, mixing, size adjustment,		CO3	
	fluid-solid separation, filtration, membrane		CO4	
	separation, drying and crystallization		CO5	
	Thermodynamics of evaporation: phase change			
	graph, boiling point elevation, Duhring plot-			
	Plank's equation for freezing time (No derivation):			
	Assumptions and limitations, freezing point curve			
	of water- Crystallization: Mechanism and kinetic			
	equation for rate of nucleation.			
	Significance of $\Delta G, \Delta H, \Delta S$ & E°(SRP)-Surface			
	phenomenon: Interfacial tension and adsorption-			
	Types of dispersion and consequences of dispersed			
	system-Colloidal dispersion: Electric double layer			
	and DLVO theory- Liquid dispersions: sedimentary			
	aggregation kinetics			
	Kinetics to shelf life: Chemical changes during			
	processing and storage. Food quality function:			
	Order of reaction, Shelf life:Temperature effects –			
	Arrehenius shelf-life plot approach			
II	Food Preservation Techniques	18	CO1	K1, K2, K3,
	Thermal processing: blanching, pasteurisation,		CO2	K4, K5, K6
	sterilisation, UHT processing, aseptic processing,		CO3	
	canning and retorting, cooking of foods.		CO4	
	Low temperature processing: refrigeration, chilling		CO5	
	and freezing methods, physical, chemical and			
	microbial changes in food during freezing.			
	Separation and concentration technology:			
	membrane separations: principle, methods and			
	applications in solid and liquid foods.			
	Dehydration: drying methods; changes in food			
	during drying and dehydration; drying equipment.			
	Overview of preservation using traditional			
	methods- microbes, natural and artificial			
	preservatives.			

III	Alternative Food Processing Technologies	15	CO1	K1, K2, K3,
111	Thermal Technologies: Microwave,	13	CO2	K1, K2, K3, K4, K5, K6
	Radiofrequency, Infrared Heating, Pressure-		CO ₂	K4, K3, K0
	Assisted Thermal Sterilization, Ohmic Heating,		CO ₄	
			CO ₄	
	Dielectric Heating and Minimal processing with Sous-Vide.		COS	
	Non-Thermal Technologies: High Hydrostatic			
	Pressure Processing, Irradiation, UV, Cold Plasma,			
	Ultrasound, Pulsed Electric Field, MRI and Pulsed			
	Light Technologies.			
	Hurdle Technology: potential hurdles, principles of			
	combined preservation methods and applications.			
IV		15	CO1	K1, K2, K3,
1.V	Food Packaging Technology Real Services Definition	13	CO2	
	Packaging Materials Used for Food – Definition,			K4, K5, K6
	functions, significance, classification and types -		CO ₃	
	polymers, metals, glass, paper and indigenous		CO4	
	materials.		CO5	
	Edible packaging materials: Functions and types-			
	polysaccharide, protein and lipid based edible			
	coatings, flavor encapsulation, Food applications of			
	edible films and coatings.			
	Lamination, need of lamination, types, properties,			
	advantages & disadvantages of each type.			
	Packaging as a Preservation Technique: Concepts,			
	types, sources and mechanism of action of MAP,			
	Active and Bioactive Packaging. Intelligent			
	packaging – Principles, Types – films, bar codes,			
	labels,; Indicators, Radio-Frequency Identification (RFID), TTI, smart packaging and loT			
	(RFID), TTI, smart packaging and loT Applications			
V	Food packaging: Machinery, Testing & Quality	15	CO1	K1, K2, K3,
•	Assurance	13	CO2	K1, K2, K3, K4, K5, K6
	Packaging Machinery: cartoning, filling of solids		CO ₂	K4, K3, K0
	and liquids, form-fill-seal, heat sealing, vacuum		CO4	
	packaging. Printing on packages, Bar coding and		CO ₅	
	food labelling.		CO3	
	Packaging of Processed foods: Properties and			
	applications for bakery products, frozen foods,			
	carbonated, non-carbonated and alcoholic			
	beverages, oils, powders and snack foods.			
	beverages, ons, powders and snack roods.			

Testing of Packaging materials: Physical, optical,		
electrical, thermal, mechanical and rheological		
properties of packaging materials. Food and		
packaging interaction, Hazard assessment and		
Testing of migration of package components.		
Waste management and recycling in Food		
Packaging Industry.		

Text Books

- 1. Cheng, H., Xu, H., Julian McClements, D., Chen, L., Jiao, A., Tian, Y., Miao, M., & Jin, Z. (2022). Recent advances in intelligent food packaging materials: Principles, preparation and applications. In Food Chemistry (Vol. 375, p. 131738). Elsevier BV. https://doi.org/10.1016/j.foodchem.2021.131738.
- 2. Clark, S., Jung, S., & Lamsal, B. (Eds.). (2014). Food Processing. John Wiley & Sons, Ltd. https://doi.org/10.1002/9781118846315
- 3. Rahman, M.S. (2020). Handbook of Food Preservation (3rd ed.). CRC Press. https://doi.org/10.1201/9780429091483
- 4. Sharma, H., & Panesar, P. (Eds.). (2018). Technologies in Food Processing (1st ed.). Apple Academic Press. https://doi.org/10.1201/b22422
- 5. Singh, P., Wani, A.A., & Langowski, H.-C. (Eds.). (2016). Food Packaging Materials: Testing & Quality Assurance (1st ed.). CRC Press. https://doi.org/10.4324/9781315374390

Suggested Reading

- 1. Alexandru Mihai Grumezescu, Alina Maria Holban (2018) Handbook of Food Bioengineering, Volume XX: Biopolymers for food design, 1st Edition, ISBN: 9780128114490, Elsevier (Academic Press), Cambridge, USA.
- 2. Birwal, P., Goyal, M.R., & Sharma, M. (Eds.). (2021). Handbook of Research on Food Processing and Preservation Technologies: Nonthermal Food Preservation and Novel Processing Strategies (1st ed.). Apple Academic Press. https://doi.org/10.1201/9781003161295
- 3. Goyal, M.R., Sharma, M., & Birwal, P. (Eds.). (2021). Handbook of Research on Food Processing and Preservation Technologies: Design and Development of Specific Foods, Packaging Systems, and Food Safety (1st ed.). Apple Academic Press. https://doi.org/10.1201/9781003184645
- 4. Robertson, G.L. (Ed.). (2009). Food Packaging and Shelf Life: A Practical Guide (1st ed.). CRC Press. https://doi.org/10.1201/9781420078459
- 5. Sun, D.W. (Ed.). (2016). Handbook of Frozen Food Processing and Packaging. CRC Press. https://doi.org/10.1201/b11204

Web Resources

https://nptel.ac.in/courses/126/105/126105015/

https://www.openlearning.com/courses/introduction-to-food-packaging

Course Outcomes (COs) and Cognitive Level Mapping

COs	CO Description	Cognitive Level
CO 1	To understand the basic concepts of thermodynamics and unit K1, K2	
	operations in food processing, preservation and packaging.	
CO 2	To apply and examine the principles of processing in various	K3
	food formulations, food systems and packaging techniques.	
CO 3	To illustrate the applications of traditional and novel	K4
	processing, packaging techniques in extending the shelf life of	
	food products.	
CO 4	To evaluate the methods of processing, preservation and	K5
	packaging operations in food.	
CO 5	To integrate and summarize the role of processing and	K6
	packaging technologies in ensuring sustainable food quality	
	and safety.	

COURSE DESCRIPTOR			
Course Code	PFP1MC03		
Course Title	HUMAN NUTRITION & BIOCHEMISTRY		
Credits	6		
Hours/week	6		
Category	Major Core Paper (Theory)		
Semester	I		
Regulation	2022		

Course Overview:

- 1. This course outlines the basic understanding of how to optimize our diet for a sound physical, mental and social well-being and provides an in-depth knowledge on the role of food and nutrients in our human system.
- 2. This paper encompasses the significance of nutrition as a vital component of our daily living that supports growth, development and ageing while maintaining a healthy body weight, and reducing the risk of non-communicable diseases.
- 3. The units in the course focus on the importance of macro- and micronutrients for our health and acquiring the skills to plan one's own diet by making optimal nutritional choices.
- 4. This course is structured to explain the concepts of biochemistry and its relationship to human nutrition.
- 5. The course has been specifically planned to provide an overview on the quantitative understanding of the interactions of biological molecules from structural, thermodynamic and molecular levels.

Course Objectives:

- 1. To introduce the students to the basic concepts of Biochemistry , Nutrition, Food and Health.
- 2. To enable the students to understand the role of nutrients in health and well-being.
- 3. To sensitize the students to the understanding of the physiological and metabolic functions of nutrients.
- 4. To understand the bioenergitics and metabolic processes involved in energy production and utilization.
- 5. To provide a comprehensive background in molecular biology and understand the mechanism of DNA replication, transcription and translation in prokaryotes.

Prerequisites:	Basic knowledge in life science and an aptitude to explore the areas
	of nutrition and biochemical science.

	SYLLABUS	HOURS	COs	Cognitive levels
UNI	CONTENTS			
T				
I	Nutrition – An Introduction:	15	CO1	K1, K2, K3
	Food as a source of nutrients,		CO2	K4, K5, K6
	classification of nutrients,		CO3	
	concept of food groups, food		CO4	
	guide pyramids, principles of		CO5	
	balanced diet, dietary			
	recommendations.			
	Dietary sources, digestion,			
	utilization, recommended intake,			
	deficiency of Macro and			
	Micronutrients in brief			
	Macronutrients: Carbohydrates,			
	Lipids, Proteins			
	Micronutrients: Fat soluble			
	Vitamins – Vitamin A, D, E and			
	K; Water Soluble Vitamins -			
	Thiamin, Riboflavin, Niacin,			
	Ascorbic acid, Pyridoxine,			
	Folate; Minerals – Calcium,			
	Iron, Iodine, Fluorine, Zinc.			
II	Significance of nutrients in our	15	CO1	K1, K2, K3
	system:		CO2	K4, K5, K6
	Evaluation of dietary protein		CO3	
	quality and their significance		CO4	
	Energy measurements, Energy		CO5	
	balance and factors influencing			
	energy requirements;			
	Determination of energy value of			
	food: direct and indirect			
	calorimetry; Assessment of			
	Nutritional status			
	Nutritional requirements through			
	normal life cycle – An overview			
	of different stages of lifecycle			
	and the nutritional demands at			
	every stage.			
]	

III	Biological oxidation and	15	CO1	K1, K2, K3
	structure of membranes:		CO2	K4, K5, K6
	General concept of oxidation and		CO3	
	reduction, electron transport		CO4	
	chain, oxidative		CO5	
	phosphorylation, uncouplers and			
	inhibitors of electron transport			
	chain and oxidative			
	phosphorylation. Supramolecular			
	architecture of membranes, its			
	structure and functions, transport			
	through biological cell			
	membrane.			
IV	Carbohydrates, Proteins and	15	CO1	K1, K2, K3
	Fats metabolism: Metabolism		CO2	K4, K5, K6
	of carbohydrates: Glycolysis,		CO3	
	TCA Cycle, Glycogenesis,		CO4	
	Glycogenolysis, HMP shunt,		CO5	
	Gluconeogenesis. Metabolism of			
	fats: fatty acid biosynthesis and			
	oxidation, cholesterol			
	biosynthesis, lipoprotein			
	functions. Metabolism of			
	proteins: amino acids oxidation-			
	transamination, deamination,			
	decarboxylation – urea cycle.			
V	Introduction to Molecular	18	CO1	K1, K2, K3
	Biology: Nucleic acids: Genetic		CO2	K4, K5, K6
	code, nucleic acids, and		CO3	
	structure of DNA and RNA. An		CO4	
	overview of prokaryotic DNA		CO5	
	replication, transcription, and			
	translation.			

Textbooks for reference:

- 1. Mahan L K and Escott Stump S (2013). Krause's Food & Nutrition Therapy, 13th ed. Saunders-Elsevier.
- 2. Stacy Nix (2009). William's Basic Nutrition and Diet Therapy, 13th Edition. Elsevier Mosby.
- 3.Cox, M.M. and Nelson, David L. Lehninger (2021), "Principles of Biochemistry". 8th Edition, W.H. Freeman.

4. Lubert Stryer et al, (2019) Biochemistry,9th Edition.

Suggestive Readings:

- 1. Wardlaw, Smith. Contemporary Nutrition: A Functional Approach. 2012.
- 2. Williams Melvin. Nutrition for health, fitness and sports. Mc Graw Hill 2004
- 3. Joshi AS. Nutrition and Dietetics Tata Mc Graw Hill. 2nd edition, 2010
- 4. ICMR. Nutrient Requirements and Recommended Dietary Allowances for Indian, 2010
- 5. Martin Eastwood. Principles of Human Nutrition, II Edition, Blackwell Publishing Company,2003
- 6.Life, chemistry and molecular biology", W. Pickering, C. Smith and E.J. Wood, pub. Portland Press.
- 7. "Biochemistry" D. Voet and J.G. Voet, pub. Wiley, 2011

Web resources:

- 1. https://www.frontiersin.org/journals/nutrition
- 2. https://www.journalofexerciseandnutrition.com
- 3. https://www.foodandnutritionjournal.org
- 4. https://pubchemdocs.ncbi.nlm.nih.gov/about
- 5. https://libguides.bodleian.ox.ac.uk.

Cos	CO description	Cognitive Level
CO1	To understand and recall the role of nutrients and their	K1.K2
	biochemical concepts for a healthy well-being.	
CO2	To develop an understanding of the different digestive and	K3
	metabolic pathways of macro nutrients in energy	
	production.	
CO3	To analyse the basic dietary principles and calculate the	K4
	bioenergitics for maintaining homeostasis in the human	
	system.	
CO4	To select the appropriate food pattern, physical activity	K5
	levels and evaluate the mechanism of gene action for	
	optimal health and well-being.	
CO5	To combine the principles of nutrition and biochemistry to	K6
	understand the functioning of the human system.	

COURSE DESCRIPTOR

Course Code	PFP1MC04
Course Title	FOOD MICROBIOLOGY, FOOD HYGIENE AND SANITATION
Credits	6
Hours/week	05
Category	Major Core (MC) – Theory
Semester	I
Regulation	2022

Course overview

- 1.An important discipline of food processing, this course outlines the interaction between microorganism and food, the role of food hygiene and sanitation for facilitating safe food production.
- 2. The content enables to learn and understand the microflora of food, the desirable and undesirable aspects of microorganisms in the food industry, microorganisms in relation to food hygiene and sanitation.
- 3. The knowledge on the concepts of microbial growth, intrinsic and extrinsic factors affecting microbial growth in foods, food spoilage, food borne illnesses and advanced techniques to understand the microbial assessment of food and the processing environment will be acquired through this course.
- 4. It helps to understand food safety hazards, principles and guidelines of sanitation procedures required in food establishments.
- 5.In this course, the standards and guidelines with regard to microbiological quality, food hygiene and sanitation will be discussed.

Course Objectives

- 1. To develop an understanding on the role of food microbiology, food hygiene and sanitation in the food industry.
- 2.To outline the significant microorganisms that inhabit, contaminate or create food and explore food handling techniques for food safety practices.
- 3.To know the advanced techniques and assess the microbial quality of food, implement preventive measures to minimize food safety hazards and risks.
- 4. To acquire knowledge on microbial activity in food, food safety hazards, the principles and procedures of food sanitation practices.
- 5.To familiarize with current developments and challenges in the field of food microbiology, hygiene and sanitation requirements in the food industry.

Prerequisite:	Knowledge on Basic Microbiology.
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UNIT	CONTENT	HOURS	COs	COGNITIVE
				LEVELS
Ι	Introduction to Food Microbiology,	15	CO1,	KI, K2, K3,
	Microbial food fermentations:		CO2,	K4, K5, K6
	Importance and significance of microbiology		CO3,	, ,
	in Food Microbes of importance in food.		ŕ	
	Microbial growth curve-Intrinsic and Extrinsic		CO4,	
	factors in foods that influence microbial growth. Interactions between food and bacteria. Indicator organisms.		CO5	
	Beneficial microorganisms -Classification of food fermentations, Starter Culture, Role of microorganisms in production of fermented foods, microbial metabolites of importance in the food industry, Safety of fermented foods.			
	Probiotics, prebiotics and synbiotics. Mushroom cultivation and Single cell protein. Improvement of industrially important microorganisms.			
II	Effect of microorganisms on food	15	CO1,	KI, K2, K3,
	degradation, spoilage and food borne illness:		CO2,	K4, K5, K6
	Biochemical changes caused by microbial		CO3,	
	spoilage and types of food spoilage reactions		CO4,	
	in various foods. Significance of psychrophilic organisms, specific spoilage organisms and control of spoilage of foods.		CO5	
	Classification and characteristics of food			
	borne diseases, etiological agents, routes of			
	transmission and investigation. Bacteria, Yeast and mold, Virus and parasites -Emerging			
	pathogens.			

III	Advanced methods of microbial	10	CO1,	KI, K2, K3,
	examination of foods and shelf-life prediction		CO2,	K4, K5, K6
	Sampling and preparation of microbiological analysis, uncertainty in microbiological		CO3,	
	testing, Microbiological standards, reference		CO4,	
	criterion of foods.		CO5	
	Conventional vs rapid methods of analysis.			
	Advanced, rapid and automated microbial methods, Use of rapid kits.			
	Shelf-life prediction and modeling.			
IV	Food hygiene	10	CO1,	KI, K2, K3,
	Food contamination sources and its entry into		CO2,	K4, K5, K6
	the food chain protection against contamination, Food related hazards.		соз,	
	Microorganisms in water, Chlorination, UV		CO4,	
	radiation, Standards for potable water. Microbial risk assessment.		CO5	
	Future challenges in control of microbes in the			
	food chain.			
V	Sanitation and Food industry	15	CO1,	KI, K2, K3,
	Sanitation guidelines-Definition and regulation of food sanitation.		CO2,	K4, K5, K6
	Cleaning and sanitation of food establishment,		CO3,	
	equipment, cleaning compounds and sanitizers, safety limits of sanitizers. Food		CO4,	
	Filtration, Chlorination, Ozonation,		CO5	
	Disinfection, CIP and COP.		CO3	
	Importance of personal hygiene of food			
	handlers. Planning and implementation of Training			
	programme.			
	Relationship of microorganisms to sanitation			
	Sewage and waste product handling and			
	treatment.			
	Control of infestation, Integrated Pest			
	management Food sanitation control and inspection.			
	rood samtation control and hispection.			

Text Books:

- 1. Bibek Ray and Arun Bhunia, (2018). Fundamentals of Food Microbiology, 5 th Edition, CRC press.
- 2. James M. Jay, Martin J.Loessner and David A Golden, (2005). Modern Food Microbiology,
- 7 th Edition, Springer Science Media Inc.
- 3. Frazier W.C. and West off D.C, (2008). Food Microbiology, 4 th Edition, Tata McGraw-

Hill Publishing Co, New Delhi.

4.Hayes P.R and S.J. Forsythe (2010) Food Hygiene, Microbiology and HACCP, 3rd edition,

Springer Science.

5.Lawley, R., Curtis L. and Davis, J. (2004) The Food Safety Hazard Guidebook, RSC publishing.

Suggested readings:

- 1. Adams, M.R and M.O. Moss (2008). Food Microbiology, 3 d edition New Age International Pvt Ltd Publishers.
- 2. Dubey RC and Maheshwari DK (2014). A text book of Microbiology, Revised edition, Chand Publishers, New Delhi.
- 3. Vijaya Ramesh (2007). Food Microbiology, 2 nd edition, MJP Publishers.
- 4. Wilson.L. Charles (2008) Microbial Food Contamination, 2 nd edition, CRC Press.
- 5.Mortimore S. and Wallace C (2013). HACCP, A practical approach, 3rd Edition, Chapman

and Hill, London.

Web Resources:

https://www.fsis.usda.gov/policy/advisory-committees/national-advisory-committee-microbiological-criteria-foods-nacmcf

 $https://fssai.gov.in/upload/uploadfiles/files/Nutraceuticals_Regulations.pdf$

https://www.youtube.com/watch?v=OA_vKCyuodA

https://fssai.gov.in/upload/uploadfiles/files/Guidance_Note_FSMP_28_08_2020.pdf

https://www.fao.org/fao-who-codexalimentarius/codex-texts/codes-of-practice/en/

https://hygienefoodsafety.org/

https://www.fssai.gov.in/upload/uploadfiles/files/Compendium_Nutra_29_09_2021.pdf

Course outcomes (CO) and Cognitive level mapping

Cos	CO Description	Cognitive
		levels
CO1	Recall the terms and definitions related to microbes and food,	K1, K2
	hygiene and sanitation in the food industry.	
CO2	Explain the microorganisms that inhabit, create and	K3
	contaminate food, advanced microbial assessment techniques,	
	safe food handling procedures.	
CO3	Apply this knowledge to eliminate food contamination and	K4
	provide quality materials and processes through assessment.	
C04	Evaluate the importance of food microbiology, hygiene and	K5
	sanitation protocols to eliminate food contamination and	
	promote food fermentation.	
CO5	Create and produce safe food with the knowledge gained in the	K6
	areas of food microbiology,hygiene and sanitation.	

COURSE DESCRIPTOR

Course Code	PFP1MC05
Course Title	ANALYSIS OF MACRO NUTRIENTS AND ENZYME
Course Title	CATALYSIS
Credits	2
Hours/Week	4
Category	Major Core (MC) - Lab
Semester	I
Regulation	2022

Course Overview:

- 1. This course explores the knowledge on various quantitative techniques for the macro nutrient analysis of foods.
- 2. It aims at understanding the optimum catalytic activity of enzymes for its application in food industries.
- 3. The units in the course explores the mechanism of enzymatic activity in food samples in a laboratory set up.
- 4. The course encompasses the usage of computational aids, software available to detect the binding efficacy of macro molecules in food and analyse its biological applications.
- 5. This course also explores the knowledge of macronutrients contents in food and its significance in maintaining the healthier life style.

Course Objectives:

- 1. To qualitatively identify and evaluate the macronutrient components of food.
- 2. To perform and interpret the quantitative estimation of macronutrients using semiautomated instruments.
- 3. To compare and examine the catalytic activity of enzymes on the stability of food.
- 4. To develop analytical skills and interpret the results related to the enzyme activities in food.
- 5. To understand the bioinformatic tools available to study the structure of macronutrient.

Prerequisites	Knowledge on basic chemistry and life science skills.	

	SYLLABUS			
Unit	Content	Hours	COs	Cognitiv e level
I	QUANTITATIVE ANALYSIS:	15	CO 1	K1, K2,
	1. Estimation of sugars (reducing and non-		CO 2	K3, K4,
	reducing) in fruit juices.		CO 3	K5, K6
	2. Estimation of hardness of water / chlorine		CO 4	
	- total, temporary and permanent by EDTA		CO 5	
	method.			
	3. Estimation of Peroxide Value and			
	Anisidine value in Fats and Oils.			
	4. Estimation of Glycine.			
	5. Estimation of Iodine number,			
	Saponification value, RM number and free			
	fatty acids in fats and oils.			
	6. Estimation of total carbohydrates by			
	Anthrone method.			
II	BASICS IN BIO-INFORMATICS:	10	CO 1	K1, K2,
	5. Computational techniques for macronutrients -		CO 2	K3, K4,
	software for the analysis of data.		CO 3	K5, K6
	6. A practical guide to large scale docking, Genome		CO 4	
	databases at NCBI,EBI,TIGR,SANGER		CO 5	
	ENZYME KINETICS:	15	CO 1	K1, K2,
III	1.Determination of Catalase activity		CO 2	K3, K4,
	from food source (chow chow)		CO 3	K5, K6
	i) Effect of optimum pH		CO 4	
	ii) Effect of optimum temperature		CO 5	
	iii) Substrate concentration			
	iv) Enzyme concentration			
	2.Determination of Amylase activity from			
	food source (malted barley)			
	i)Effect of optimum pH			
	ii)Effect of optimum temperature			
	iii)Substrate concentration			
	iv)Enzyme concentration			
	3. Determination of total amylase			
	activity from sweet potatoes by DNSA			
	method.			
	4.Determination of diastatic activity of honey			

IV	DEMONSTRATIVE EXPERIMENTS:	12	CO 1	K1, K2,
	13. Estimation of fat using Soxhlet apparatus.		CO 2	K3, K4,
	14. Analysis of protein using Kjeldhal apparatus.		CO 3	K5, K6
	15. Determination of soluble and insoluble		CO 4	
	fibre using fibra plus apparatus.		CO 5	

Text Books for references:

- 1. Choudhuri.S, 2014. Bioinformatics for Beginners: Genes, Genomes, Molecular Evolution, Databases and Analytical Tools.
- 2.FSSAI lab manual 8, 2012. Methods for analysis of foods.3.Mark Brandt(2002),Laboratory manual in Biochemistry,third edition,
- 4. Bruce R.D' Arcy Geoff Hawel (2003) Chemical food analysis- a practical manual, a university of queensland publication.
- 5.Baxevanis A. D., Ouellette B. F. F., 2005. Bioinformatics A Practical Guide to the Analysis of Genes and Proteins, 3rd edition, Wiley's Publications.

Suggested Readings:

- 1. J.Jayaraman,Laboratory manual in Biochemistry (2011)New Age International publishers.
- 2. N S Punekar, Enzyme kinetics, catalysis and mechanisms(2018) ISBN 978-981-13-0784-3, Springer edition.
- 3. Venkatarajan S.M., Pandjassarame K. 2009. Bioinformatics: A Concept-Based Introduction, Springer publications.

Web Resources:

 $\frac{https://fssai.gov.in/cms/manuals-of-methods-of-analysis-for-various-food-products.php}{https://link.springer.com/book/10.1007/978-981-13-0785-0} \\ https://doi.org/10.1007/978-981-13-0785-0$

Course Outcomes (COs) and Cognitive Level Mapping

Cos	CO Description	Cognitive Level
CO 1	To recognize and quantify the macronutrient and enzyme activity associating to the required optimum conditions in food.	K1, K2
CO 2	To perform qualitative and quantitative analysis of macronutrients and enzymes in food.	K3
CO 3	To detect and compare the macronutrient and enzyme levels in food using laboratory skills and semi-automated instruments.	K4
CO 4	To interpret and predict the macronutrient and enzyme components in raw and processed food.	K5
CO 5	To propose and summarize the macronutrient and enzyme analysis in food and report their applications in the food manufacturing sector.	K6

COURSE DESCRIPTOR

Course Code	PFP1MC06
Course Title	FOOD MICROBIOLOGY LAB
Credits	2
Hours/week	4
Category	Major Core (MC) – Lab
Semester	I
Regulation	2022

Course overview

- 1. The course is designed to understand the principles and theories of microbial analysis related to the food sector.
- 2. The content aims to explore the various tools, equipment and techniques required in a microbiology lab.
- 3. The course will develop the practical skills in the field of microbiology to perform the various techniques used in microbial analysis of food, water and food processing environment.
- 4. The details of the paper focusses on sampling, enumerating, culturing, isolating and staining microbes of importance in the food sector.
- 5. The paper imparts knowledge on how to accept or reject foods based on microbial analysis using approved and relevant microbial standards.

Course Objectives

- 1.To understand the relationship between theory and practical work in the field of food microbiology.
- 2.To acquire the skills necessary for operating the tools and equipment in the microbiology lab.
- 3.To use the principle of aseptic techniques, sampling and sample preparation for microbial examination.
- 4.To perform all the tests for analysing the microbiological quality of different food products, water and the environment.
- 5.To be equipped to analyse samples for microbial acceptability in food sector.

Prerequisite:	Knowledge on Basic Microbiology.
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SYLLABUS

A. Introduction to basic microbiology tools, equipment and microbiol analysis techniques. B. Methods of sterilization. Preparation of different types of culture media (complex, differential and selective).	52	CO1, CO2, CO3,	KI, K2, K3,
techniques. B. Methods of sterilization. Preparation of different types of culture media (complex, differential and selective).		,	
Preparation of different types of culture media (complex, differential and selective).		CO3,	K2
media (complex, differential and selective).			IXJ,
,		CO4,	K4,
1 C TD 1 .		CO5.	K5,
Microscopy and Staining Techniques- Preparation of smears, simple staining.			K6.
Enumeration of microorganism-Sampling and serial dilution - Total count, Yeast and mold count in food products (Pour plate method), Detection of E. coli, Salmonella, and Staphylococcus in food samples.			
Isolation, purification and preservation of microorganisms Streak plate method, slants and stabs.			
Gram's staining.			
Fungal examination –Lactophenol cotton blue staining.			
Bacteriological Analysis of Water – Detection of pathogenic and Indicator organisms by Most probable number (MPN) method.			
Microbiological examination of milk- Dye reduction test.			
Antimicrobial sensitivity test for establishing sensitivity to preservatives, antibiotics, sanitizers, disinfectants, detergents and minimal inhibitory concentrations.			
Environmental hygiene - Assessment of surface sanitation by swab/rinse method, equipment swabs. Assessment of personal			
	Enumeration of microorganism-Sampling and serial dilution - Total count, Yeast and mold count in food products (Pour plate method), Detection of E. coli, Salmonella, and Staphylococcus in food samples. Isolation, purification and preservation of microorganisms Streak plate method, slants and stabs. Gram's staining. Fungal examination –Lactophenol cotton blue staining. Bacteriological Analysis of Water – Detection of pathogenic and Indicator organisms by Most probable number (MPN) method. Microbiological examination of milk-Dye reduction test. Antimicrobial sensitivity test for establishing sensitivity to preservatives, antibiotics, sanitizers, disinfectants, detergents and minimal inhibitory concentrations. Environmental hygiene - Assessment of	Preparation of smears, simple staining. Enumeration of microorganism-Sampling and serial dilution - Total count, Yeast and mold count in food products (Pour plate method), Detection of E. coli, Salmonella, and Staphylococcus in food samples. Isolation, purification and preservation of microorganisms Streak plate method, slants and stabs. Gram's staining. Fungal examination -Lactophenol cotton blue staining. Bacteriological Analysis of Water - Detection of pathogenic and Indicator organisms by Most probable number (MPN) method. Microbiological examination of milk-Dye reduction test. Antimicrobial sensitivity test for establishing sensitivity to preservatives, antibiotics, sanitizers, disinfectants, detergents and minimal inhibitory concentrations. Environmental hygiene - Assessment of surface sanitation by swab/rinse method,	Preparation of smears, simple staining. Enumeration of microorganism- Sampling and serial dilution - Total count, Yeast and mold count in food products (Pour plate method), Detection of E. coli, Salmonella, and Staphylococcus in food samples. Isolation, purification and preservation of microorganisms Streak plate method, slants and stabs. Gram's staining. Fungal examination -Lactophenol cotton blue staining. Bacteriological Analysis of Water - Detection of pathogenic and Indicator organisms by Most probable number (MPN) method. Microbiological examination of milk- Dye reduction test. Antimicrobial sensitivity test for establishing sensitivity to preservatives, antibiotics, sanitizers, disinfectants, detergents and minimal inhibitory concentrations. Environmental hygiene - Assessment of surface sanitation by swab/rinse method,

	hygiene, sampling of air microflora for		
	airborne microorganisms.		
12.	Demonstration of Rapid and automated		
	microbial method.		
	Visit to a lab.		

Text Books

- 1. Harrigan, W.F. (2011). Laboratory Methods in Food Microbiology, 3rd Edition, Academic Press.
- 2. FSSAI manual of methods for analysis of foods-Microbiological testing (2017.)
- 3. Rajan. S and Selvi Christy (2015). Essentials of Microbiology, Anjanaa Book House Publishers, Chennai
- 4. Rajan and Selvi Christy (2004) Experimental procedures in Life Sciences Ajantha book house, Chennai.
- 5. IS 10500: (2018) Drinking water specifications.

Suggested Readings

- 1. Cuppuccino and N. Sherman 1996 Microbiology A Laboratory manual Benjamin Cummins, New York
- 2. IS 1622: (1981) Method of sampling and microbiological examination of water.
- 3. IS 5404 (1984), Reaffirmed 2005. Methods for Drawing and Handling of Food samples for. *microbiological analysis*.
 - 4. Kannan.M. 1996, Laboratory Manual in General Microbiology.

Web Resources

https://law.resource.org/pub/in/bis/S06/is.5404.1984.pdf

https://ajph.aphapublications.org/doi/book/10.2105/MBEF.0222

 $\underline{https://www.fda.gov/food/laboratory-methods-food/bacteriological-analytical-manual$

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Course outcomes (CO) and Cognitive level mapping

Cos	CO Description	Cognitive
		levels
CO1	Define the aim of the experiment, identify the requirements for	K1, K2
	the lab session and explain the procedures required to perform	
	the microbial examination in the food related business.	
CO2	Apply the knowledge gained and perform experiments in food	K3
	microbiology.	
CO3	Analyse the observations to estimate the microbiological	K4
	quality of the sample based on relevant standards.	
C04	Interpret and report the result to classify the samples based on	K5
	its microbiological quality.	
CO5	Summarize the results of the microbial assessment and propose	K6
	its acceptability / unacceptability for further processing.	

COURSE DESCRIPTOR

Course Code	PFP2MC01
Course Title	TECHNIQUES IN FOOD ANALYSIS
Credits	4
Hours/Week	5
Category	Major Core (MC) – Theory
Semester	II
Regulation	2022

COURSE OVERVIEW

- 1. This course focusses on the study of analytical techniques for characterizing the structure and properties of food constituents.
- 2. It provides in depth information on sample preparation, error analysis and calculations in relation to food analysis.
- 3. The course explains the impact of various factors on the physical and chemical changes of food.
- 4. The contents in the course elaborates the principle and application of separation techniques used to identify the food constituents.
- 5. This course explores the techniques used to qualitatively and quantitatively evaluate the constituents present in food.

COURSE OBJECTIVES

- 1. To acquire knowledge about the structure and environment of molecules present in food materials.
- 2. To identify suitable sampling methods and analytical techniques for food quality analysis.
- 3. To select appropriate instrumental techniques for the analysis of various food components.
- 4. To obtain knowledge on the qualitative and quantitative estimation of different food materials.
- 5. To gain theoretical insights to perform analysis and compile data related to evaluation of food samples.

PREREQUISITES	Basics of Chemistry and Life Science.
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SYLLABUS

UNIT	CONTENT	HOURS	COs	COGNITIVE
				LEVEL
I		13	CO 1,	K1, K2, K3,
	Introduction to chemical analysis:		CO 2,	K4, K5, K6
	Reason for analyzing the food constituents;		CO 3,	
	properties to be analyzed; important		CO4,	
	criteria for selecting appropriate technique;		CO 5	
	sample selection and sampling plans;			
	preparation of laboratory samples; Data			
	analysis- Accuracy, Precision, Absolute			
	and relative errors; methods of minimizing			
	errors; Normal error curve and its			
	importance; Methods of expressing			
	concentration of solution; Preparation of			
	standard solutions, primary standards;			
	General principles and applications of			
	titrimetric, gravimetric and colorimetric			
	methods employed 13in food analysis.			
II	Spectroscopy: Principle, elementary idea	13	CO1,	K1, K2, K3,
	and applications of the following		CO2,	K4, K5, K6
	spectroscopic techniques in food analysis:		CO3,	
	UV-Visible, IR, Raman, NMR and		CO4,	
	ESR;mass spectrometry; Atomic		CO5	
	Absorption spectroscopy(AAS);			
	spectroflourimetry; Inductively coupled			
	plasma spectrometry (ICP).			
III	Chromatography and Thermal analysis	13	CO 1,	K1, K2, K3,
	Principle, elementary idea and		CO2,	K4, K5, K6
	applications of the following		CO3,	
	chromatographic techniques in food		CO4,	
	analysis: column, TLC, paper, ion-		CO5	
	exchange and gel permeation			
	chromatography. Gas chromatography,			
	HPLC and size exclusion			
	chromatography.			
	Principle, procedure and applications of			
	Thermo Gravimetry, dilatometry, DTA			
	and DSC in food analysis.			
	l			

IV	Separation Techniques in food analysis:	13	CO1,	K1, K2, K3,
	Principle, procedure and applications of		CO2,	K4, K5, K6
	the following techniques in food analysis -		CO3,	
	Gel filtration, membrane filtration,		CO4,	
	electrophoresis, sedimentation,		CO5	
	ultrafiltration, ultracentrifugation, solid			
	phase extraction, solvent and non			
	solvent liquid Extraction, supercritical			
	fluid extraction, isoelectric focusing,			
	isotopic techniques, manometric			
	techniques. Process involving phase			
	separation-liquid-liquid extraction,			
	Crystallization – Theory of Distillation-			
	Raoult's law- solvent-solvent extraction;			
	Distillation process - simple distillation,			
	fractional distillation, and vacuum			
	distillation.			
V	Electrochemical analysis: Principle,	13	CO 1,	K1, K2, K3,
	instrumentation and applications of the		CO 2,	K4, K5, K6
	following electrochemical techniques in		CO 3,	, ,
	food analysis: Potentiometric,		CO 4,	
	conductometric, coulometric and		CO 5	
	voltametric methods. Preparation of			
	Buffer solutions-pH meter.			

Text Books

- 1. Nielsen, S.S. (1998). Food Analysis, 2nd Edition. Aspen Publication, Gaithersberg, Maryland.
- 2. N. Norman Potter, (1994) Food Science, 5th Edition, CBS publishers and distributors, New Delhi.
- 3. Food Analysis: Theory and Practice. Y. Pomeranz & C.E. Meloan, Chapman and Hall
- 4. Food Analysis: Principles and Techniques. D.W. Gruenwedel and J.R. Whitaker, Marcel Dekker
- 5. Analytical Chemistry of Foods. C.S. James, Blackie Academic and ProfessionalL.H.Meyer, (1994) Food Chemistry, Latest Edition, CBS publishers and distributors, New Delhi.
- 6. Procter, A. and Meullenet, J.F. (1998). Food Analysis, 2nd Edition. Aspen Publication, Gaithersberg, Maryland
- 7. H.K. Chopra and P.S. Panesar, (2010) Food Chemistry, Latest Edition, Narosa Publishing House

Suggested Readings

- 1. Introduction to Food Analysis. S.S. Nielsen, (1998) Aspen Publishers The best general overview of food analysis techniques currently available. (Required).
- 2. Rui M. S. Cruz, Igor Khmelinskii, Margarida Vieira, (2014) Methods in Food Analysis,

CRC Press

3. Leo M.L. Nollet, Fidel Toldra (2015) Handbook of Food Analysis, Third Edition - Two

Volume Set CRC Press

- 4. Ignacio Arana (2016) Physical Properties of Foods: Novel Measurement Techniques and Applications, CRC Press
- 5. Food Analysis: Theory and Practice. Y. Pomeranz and C.E. Meloan, Chapman and Hall
- 6. Food Analysis: Principles and Techniques. D.W. Gruenwedel and J.R. Whitaker, Marcel Dekker Professional

Web Resources

- 1. https://onlinelibrary.wiley.com/doi/pdf/10.1002/9781118846315.ch3
- 2. https://www.intechopen.com/chapters/39943
- 3. https://www.iciq.org/research/research-support-area/chromatography
- 4. https://separationtechniques.chemistryconferences.org/events-list/separationtechniques-in-food-chemistry
- 5. http://rubingulaboski.synthasite.com/resources/Electrochemistry%20in%20food-gulaboski%20in%20HANDBOOK.pdf

CO - COGNITIVE LEVEL MAPPING

CO 1	Understand and recall the basic principle of various techniques in food analysis.	K1, K2
CO 2	Apply and interpret suitable procedures for different qualitative and quantitative analysis of food.	К3
CO 3	Outline and analyse the advantages of conventional and instrumentation techniques for the analysis of food components.	K4
CO 4	Predict and justify suitable sampling method, separation, purification, spectroscopic techniques to characterize different food constituents.	K5
CO 5	Prescribe and validate various analytical techniques for the analysis of food components.	K6

COURSE DESCRIPTOR

Course Code	PFP2MC02
Course Title	SCIENTIFIC RESEARCH METHODOLOGY
Credits	3
Hours/Week	3
Category	Major Core (MC) – Theory
Semester	II
Regulation	2022

Course Overview

- 1. This course focusses on the systematic research process and statistical methods and tools in food and consumer research.
- 2. The course imparts knowledge on modules like experimental designs, scale of measurements used in sensory evaluation, sampling methods, data analysis and presentation.
- 3. The course aims to deliver information on data collection using various tools and databases in science and technology.
- 4. The contents of the course provides an hands-on experience on computing basic statistics by using spreadsheets.
- 5. This course prepares the students to carry out independent research; understand the methodology of writing a thesis and publishing a research article.

Course Objectives

- 1. To understand the basics concepts and methodologies in research and statistics.
- 2. To identify appropriate experimental designs and techniques for research in food industry.
- 3. To prepare systematic literature review, data collection tools and computer assisted data presentation.
- 4. To compare the use of various statistical methods and their appropriateness in different research designs.
- 5. To formulate a research proposal and develop skills in scientific writing and publishing.

Prerequisites: Writing skills and an aptitude for research.

SYLLABUS

UNI	CONTENT	HOURS	COs	COGNITIVE
T				LEVEL
I	Introduction to scientific research	6	CO1	K1, K2, K3,
	methodology		CO2	K4, K5, K6
	Research and Research Methodology:		CO3	
	Meaning of research; objectives of research;		CO4	
	Types of research- qualitative and		CO5	
	quantitative research and its application in			
	food processing; selection of a research problem.			
	Research Design: Basic concepts concerning			
	testing of hypothesis; and principles relating			
	to experimental design.			
	Features of translational research and their			
	application in Food Technology.			
II	Data collection	6	CO1	K1, K2, K3,
	Sampling methods: random sampling		CO2	K4, K5, K6
	methods and non-random sampling methods;		CO3	
	size of sample; sampling and non-sampling		CO4	
	errors.		CO5	
	Collection of data: Tools for collecting			
	primary data; guidelines for constructing			
	primary data; sources of secondary data and			
	tertiary data. Use of secondary and			
	exploratory data to answer the research			
	question.			
	Use of Measurement Scales- Nominal,			
	ordinal, ratio and interval scales, sensory			
	scales. Experimental errors; tests of validity;			
III	reliability and practicality.	12	CO1	V1 V2 V2
III	Data Analysis Descriptive statistics Messures of Central	12	CO1 CO2	K1, K2, K3,
	Descriptive statistics- Measures of Central tendency, Measures of dispersion.		CO ₂	K4, K5, K6
	Inferential Statistics –Hypothesis testing,		CO4	
	Associations, test of significance – t test,		CO ₄	
	ANOVA, Correlation analysis		203	
IV	Application of computer in food technology	8	CO1	K1, K2, K3,
- '	Data preparation using spread sheets –		CO2	K4, K5, K6
	= propulation using spread shoots		~ ~ ~	, 120 , 110

	Editing, coding, classification, tabulations		CO3	
	and graphical representation.		CO4	
	Use SPSS Package and MS Excel for		CO5	
	data analysis.			
	Risk prone analysis number.			
	Databases and indexes in food research.			
V	Scientific Reporting	7	CO1	K1, K2, K3,
	Scientific writing- research proposal, thesis,		CO2	K4, K5, K6
	and journal articles. Requirement of		CO3	
	technical communications. Bibliography -		CO4	
	Reference manager software-Endnote,		CO5	
	Mendeley, Zotero. Presenting Insights and			
	findings using written reports and oral			
	presentation.			
	Ethics in research: Plagiarism, and Their			
	Prevention. Softwares –Plagiarism X,			
	Urkund, Plagscan, Dupli Checker, Paperater.			

Text Books

- 1. Gupta; S.P.(2002) Statistical methods; Sultan Chand and Sons; 31st Revised Edition
- 2. Kothari C.R (2002) Research Methodology- Methods and Techniques; New Age International; New Delhi.
- 3. Gurumani, N. (2004) "An Introduction to Bio Statistics", MJP Publishers.
- 4. Singh, Y K (2006)Fundamental Of Research Methodology And Statistics, First Edition, New Age International (P) Ltd., Publishers, New Delhi

Suggested Reading

- 1. John A. Bower (2013) Statistical Methods for Food Science: Introductory Procedures for the Food Practitioner John Wiley & Sons.
- 2. Paul Singh (1996) Computer Applications in Food Technology: Use of Spreadsheets in Graphical, Statistical, and Process Analyses, Academic Press.

Web Resources

https://nptel.ac.in/noc/courses/noc22/SEM1/noc22-ge15 https://onlinecourses.swayam2.ac.in/nou22_cm06/preview

Course Outcomes (COs) and Cognitive Level Mapping

Cos	CO Description	Cognitive Level
CO 1	To define and compare various types, designs and concepts	K1, K2
	of research methodology and statistics.	
CO 2	To apply concepts of research methodology and statistics to	K3
	explore novel research avenues and improve scientific	
	writing skills.	
CO 3	To compare and select appropriate statistical tools for	K4
	specific research design.	
CO 4	To evaluate and choose appropriate methods for planning,	K5
	designing, collecting data, analyzing, interpreting and	
	reporting the research findings.	
CO 5	To integrate theoretical and practical knowledge in	K6
	research to propose solutions for comprehensible research	
	problems in food industries.	

COURSE DESCRIPTOR

Course Code	PFP2MC03
Course Title	PLANT PRODUCT PROCESSING
Credits	5
Hours/Week	5
Category	Major Core (MC) – Theory
Semester	II
Regulation	2022

Course Overview

- 1. Plant product processing encompasses operational techniques to improve physiochemical properties, nutritional quality, production and process efficiency of agriculture and horticulture products.
- 2. The contents of this course provides theoretical knowledge and practical applications of processed plant-based products.
- 3. It provides knowledge on various technological advancements in the field of agricultural food processing techniques.
- 4. The course aims to impart information on training human resources in developing novel products of agricultural origin.
- 5. The course is structured to provide guidelines on the importance of different agricultural produce, its by-products during processing and food waste management techniques.

Course Objectives

- 1. To understand the principles and methods involved in the processing of agricultural and horticultural foods.
- 2. To impart knowledge on the fundamentals involved in various preservation and storage of food from plant origin.
- 3. To highlight the importance of different value addition techniques in food composition during processing operations.
- 4. To develop proficiency skills in processing, storing and packaging of plant based food products with quality assurance.
- 5. To sensitize the students to the nuances involved in the recent technological advances in processing agricultural produce.

Prerequisites: Basic knowledge of food science and processing.

SYLLABUS

Units	CONTENT	HOURS	COs	COGNITIV
				E LEVEL
I	Cereal and Cereal Processing:	15	CO1	K1, K2, K3,
	Classification; physicochemical characteristics		CO2	K4, K5, K6
	and nutritive properties of cereal grain;		CO3	
	Harvesting techniques and cultivation of the		CO4	
	following major cereals of India: Wheat, Rice and Maize.		CO5	
	 Post-harvest technology of major cereal grains Rice, Wheat and Maize 			
	By Products from Rice, Wheat and Maize			
	Milling and waste utilisation			
	Nutritional and Milling significance of Millets			
	and products of millet processing and market			
	utilisation.			
		10	001	171 170 770
II	Pulse and Legume Processing	10	CO1	K1, K2, K3,
	Chemistry of legumes and pulses: Major and		CO2	K4, K5, K6
	minor components. Functional and		CO3	
	physicochemical properties of proteins, starch,		CO4	
	fibers and non-starch polysaccharides in pulses		CO5	
	and legumes			
	Pulse Technologies: Postharvest technology, The dam willing technology.			
	modern milling technology.			
TIT	Quality standards and evaluation of pulses. Emits and Magazable Processing.	15	CO1	V1 V2 V2
III	Fruits and Vegetable Processing	15	CO1 CO2	K1, K2, K3, K4, K5, K6
	Classification, psychrometrics, Physiological Responses and Richamical Changes		CO2	K4, K3, K0
	Responses and Biochemical Changes		CO3	
	 Postharvest processing: Cleaning, Precooling, Washing, Sorting and grading, packing 		CO ₄	
	operations, storage systems – MAP, CAP,		CO3	
	Ethylene technology, Irradiation, Temperature			
	controlled transportation.			
	 Processing and preservation techniques of fruit 			
	and vegetable products – Dehydration,			
	canning, spreads, beverages.			
	 Quality control – Process and product 			
	certification of fruits and vegetables.			

IV	Plant Based Fats and Oils Processing	15	CO1	K1, K2, K3,
	• Classification of plant based oils – Sources,		CO2	K4, K5, K6
	Nutritional composition and Properties		CO3	
	Post-harvest Technology of plant oils –		CO4	
	Recovery of oils, refining, fat substitutes,		CO5	
	modification of fats and oils.			
	• Processing of plant oils and fats – value added			
	products, Margarine processing, Mayonnaise			
	processing, coconut product, Nut based			
	products. Packaging of edible oils.			
	• Quality control – Process and product			
	certification of Nuts, oilseeds and its products.			
V	Spices and Plantation crop processing:	10	CO1	K1, K2, K3,
	• Importance of plantation crops and their		CO2	K4, K5, K6
	significance in India		CO3	
	Sugar cane cultivation and post-harvest		CO4	
	techniques and processing operations -Sugar		CO5	
	refining and grading -Sugar related processed			
	products Confectionaries-caramel sugar			
	related product, sugar coating and sugar			
	cookery.			
	Cocoa cultivation and post-harvest techniques			
	and Chocolate manufacturing process and			
	cocoa processed products			
	Major and Minor Indian Spices: Processing			
	techniques - Quality evaluation and			
	certification.			

Text Books

- 1. Naik, H.R., & Amin, T. (2021). Food Processing and Preservation (1st ed.). CRC Press. https://doi.org/10.1201/9781003243250
- 2. Sahay, K.M. and Singh, K.K. 2007. Unit operations in Agricultural Processing, Vikas Publishing House, New Delhi
- 3. Salunkhe, D.K. and Kadam, S.S. (2005) "Handbook of Fruit Science and Technology: Production, Composition, Storage, and Processing", Marcel Dekker.
- **4.** Yahia, Elhadi M. (2019) Postharvest Technology of Perishable Horticultural Commodities. Oxford, United Kingdom: Woodhead Publishing https://doi.org/10.1016/C2016-0-04890-8
- **5.** Delcour. A. Jan and Hoseney R.Carl (2010) Principles of Cereal Science and Technology, AACC International

Suggested Reading

- 1. Smith.J.Scott and Hi.Y.H (2008) Food Processing –Principles and applications, John Wiley & Sons.
- 2. Tiwari, B. K., Gowen, A., & McKenna, B. M. (2011). Pulse foods: Processing, quality and nutraceutical applications. London: Academic Press
- 3. Clark, S., Jung, S., & Lamsal, B. (Eds.). (2014). Food Processing. John Wiley & Sons, Ltd. https://doi.org/10.1002/9781118846315
- 4. Panda.H (2011) Complete book on Sugarcane processing and by products of molasses. Asia Pacific Business Press Inc.

Web Resources

- 1. https://www.digitalgreen.org/
- 2. https://www.anthropocenemagazine.org

Course Outcomes (COs) and Cognitive Level Mapping

COs	CO Description	Cognitive Level
CO 1	To understand and recall the fundamental concepts related to	K1, K2
	the structure, composition and processing of plant products.	
CO 2	To assess the different processing techniques adopted for	K3
	agricultural produce.	
CO 3	To analyse the various milling by-products of agricultural	K4
	produce and their nutritional significance and acceptance	
	among consumers.	
CO 4	To choose appropriate testing parameters for quality control	K5
	of processed food products.	
CO 5	To construct and integrate process flow operations and	K6
	technology involved in post-harvest management of plant	
	products.	

COURSE DESCRIPTOR

Course Code	PFP2MC04
Course Title	ANALYSIS OF MICRONUTRIENTS AND BIOACTIVE
	COMPONENTS
Credits	2
Hours/Week	4
Category	Major Core (MC) - Lab
Semester	II
Regulation	2022

Course Overview

- 1. The course focusses on the principle and methods used in assessing the micronutrients and bioactive component of food samples.
- 2. This course provides the fundamental knowledge and practical skills in handling laboratory equipment related to food analysis.
- 3. The experiments listed in the course focusses on the techniques involved in the separation and estimation of food components.
- 4. It covers the identification, separation and characterization of phytochemicals and bioactive components in food.
- 5. The course offers hands-on experience to detect and analyse the chemical constituents present in food samples.

Course Objectives

- 1. To understand the fundamental laboratory skills for performing food analytical experiments.
- 2. To examine and interpret the observations of the experimental results pertaining to food analysis.
- 3. To detect and identify micronutrient and bioactive components in food samples using titrimetric and instrumental analysis.
- 4. To acquire hands-on experience in the use of chromatographic and spectrophotometric techniques.
- 5. To translate and apply the acquired laboratory skills in assessing food components present in raw and processed foods.

Prerequisites	Basic knowledge in chemistry

SYLLABUS					
S.No	Experiments	HOURS	COs	COGNITIVE LEVEL	
1.	Quantitative Experiments:	26	CO 1	K1, K2, K3,	
	1. Estimation of hardness of water by		CO 2	K4, K5, K6	
	EDTA method.		CO 3		
	2. Estimation of ascorbic acid in lemon		CO 4		
	juice		CO 5		
	3. Estimation of calcium in milk sample by				
	complexometric titration				
	4. Determination of citric acid in lemon				
	juice.				
	5. Estimation of iron (II) by potentiometric				
	titration.				
	6. Estimation of iodine in Iodised salt.				
	7. Estimation of oxalic acid in tomato juice				
	by permanganometry titration.				
	8. Estimation of polyphenols - total				
	anthocyanin / tannins from fruit juices.				
	9. Estimation of calcium content in milk				
	products using gravimetric analysis				
	10. Estimation of available CO ₂ in baking				
	powder				
2.	Qualitative Experiments:	16	CO 1	K1, K2, K3,	
	1. Separation and identification of β-		CO 2	K4, K5, K6	
	Carotene in foods.		CO 3		
	2. Qualitative estimation for the presence		CO 4		
	of phytochemicals in food sources.		CO 5		
	3. Isolation of casein from milk sample.				
	4. Analysis of salt in butter sample by				
	conductometric titration.				
	5. Analysis of salt using Mohr's method				
	6. Titratable acidity using different food				
	products				
3.	Demonstration experiments:				
٠,٠	Separation of plant pigments by column	10			
	chromatographic technique.				
	2. Analysis of Fe ²⁺ /Fe ³⁺ in food sample by				
	UV spectrophotometer.				

Text Books and lab manual

- 1. Neilson Suzanne S (2003) Food analysis. Plenum Publishing Corporation, U.S.A.
- 2. B. R. Puri, L. R. Sharma and M. S. Pathania (2007) Principle of Physical Chemistry 38th edition S. Nagin Chand and Co.
- 3. Geetha Swaminathan and Mary George S. (2010) Laboratory Chemical Methods in Food Analysis, Margham Publications, 3rd edition.
- 4. N.S. Gnanapragasam and G. Ramamurthy (2002) Organic Chemistry Lab manual S. Viswanathan Co. Pvt.

Suggested Readings

- 1. Bassett, J., et al., Vogel's Textbook of Quantitative Inorganic Analysis, (4th edition), ELBS, Longman, (1985).
- 2. FSSAI lab manual (2012)-Methods for analysis of foods Test for food additives. (2012) FSSAI

Web Resources

https://bit.ly/3C9SZDK

Course Outcomes (COs)

CO 1	To recall and explain the principles related to the analysis of micronutrient and bioactive compounds in food.	K1, K2
CO 2	To examine and analyze the different components present in the food samples.	К3
CO 3	To determine and differentiate the various food chemical components by quantitative and qualitative methods.	K4
CO 4	To choose and recommend a suitable analytical procedure for the detection of food constituents.	K5
CO 5	To compile the obtained results and apply the outcome in a food industrial sector.	K6

COURSE DESCRIPTOR		
Course Code	PFP2MC05	
Course Title	BAKING AND CONFECTIONERY LAB	
Credits	2	
Hours/week	3	
Category	Major Core (MC) - Lab	
Semester	II	
Regulation	2022	

Course overview:

- 1. Baking and confectionery industry in India has gained momentum with regard to its expansion of products having a wide range of innovative products appealing to consumers.
- 2. The course delivers the significance of the ingredients, processing techniques and value addition in both baking and confectionery products.
- 3. The experiments covered in the course are designed to widen the horizon in understanding the role of the traditional and non-traditional ingredients in the preparation of baked and confectionery goods.
- 4. The course focusses on the processing techniques and marketability of the finished products through workshops and industrial visit to baking and confectionery units.
- 5. The course offers practical demonstrations for basic confectionery and bakery preparations with innovations in the food industry.

Course Objectives:

- 1. To introduce the students to the basic concepts and principles of baking and confectionery products and hone the practical skills.
- 2. To practise the methods,techniques and applications of candy making and baking in a laboratory set up.
- 3. To sensitize the students to the sources and properties of raw materials related to the manufacturing of baked and confectionery products.
- 4. To compare traditional and modern baking and confectionery techniques, preparation methods and storage practices to produce high quality products.
- 5. To enable the students to appreciate and evolve new formulations with novel ingredients in baking and confectionery sectors.

Prerequisites: Basic knowledge in life science and an aptitude to explore pr				
	skills in new avenues in baking and confectionery.			

	SYLLABUS				
UNIT	CONTENTS	Hours	COs	Cognitive level	
I	Baking Technology:	20	CO 1	K1, K2, K3,	
	1 Preparation of different types of bread using varied		CO 2	K4, K5, K6	
	methods, quality evaluation and shelf life studies.		CO 3		
	2. Determination of Gluten content and Dough		CO 4		
	raising capacity of the dough – Preparation of		CO 5		
	gluten-free baked products.				
	3 Determining the role and effect of flour, yeast, fat				
	and sugar in the bread making process				
	4. Sedimentation value and water absorption				
	capacity of wheat flour.				
	5. Preparation of different types of cakes and pastries				
	using different methods, quality evaluation of cakes				
	and evaluation of different types of toppings				
	6. Preparation of other bakery products and				
	indigenous baked goods: rusks, crackers, buns,				
	muffins, pizza and kulcha.				
	7. Experiment on leavening action of baking powder,				
	sodium- bicarbonate and ammonium-bi-carbonate				
	8. Participation in a baking workshop on				
	fundamental techniques and processing principles.				
II	Confectionery Technology:	19	CO 1	K1, K2, K3,	
	8. Different stages of sugar cookery and preparation		CO 2	K4, K5, K6	
	of indigenous products based on the stages.		CO 3		
	Preparation of sugar solutions and evaluation using		CO 4		
	Refractometry and Brix		CO 5		
	9. Preparation and quality evaluation of non-				
	crystalline candies: NonCrystalline candies; Hard				
	candies (Tablets, lollipop), caramels, toffees and				
	nougats				
	10. Preparation and quality evaluation of Crystalline				
	candies: Fondant, fudge and Marshmallow				
	11. Preparation of Cocoa, Chocolate and related				
	products				
III	12. Visit to Baking and Confectionery units				

Textbooks for reference:

- 1. Lees and Jackson (**1994**) Sugar Confectionery and Chocolate Manufacture by, 1st Ed. London: Chapman & Hall,1973, Reprinted
- 2. Justin J. Alikonis. Candy Technology (1979) AVI publishing company, Inc., Westport, Connecticut
- 3. Dubey SC (2002) Basic Baking. The Society of Indian Bakers, New Delhi.
- 4. Manley D (2000) Technology of Biscuits, Crackers & Cookies, 2nd Ed.CRC Press.

Suggestive Readings:

- 1. John Kingslee (2006)"A professional Text to bakery and confectionary", New Age International
- 2. Jefffrey Hamelman (2004) "Bread: A baker's book of techniques and recipes", John Wiley and Sons
- 3. Samuel.A. Matz (1997) "Bakery Technology and Engineering", Chapman & Hall, 3rd Edition, CBS Publishers
- 4. Francis FJ (2000) "Wiley Encyclopaedia of Food Science & Technology", John Wiley & Sons.

Web resources:

- 1. https://guides.baker.edu/
- 2. https://www.joyofbaking.com/
- 3. https://www.candyindustry.com/
- 4. http://www.innovativebakeryresources.com/

Course Outcomes (Cos)

	BAKING AND CONFECTIONERY LAB (MC)	Cognitive Level
CO 1	To identify the role and significance of raw materials in baked and confectionery products.	K1, K2
CO 2	To classify and compare the role of traditional and non-traditional ingredients in baking and confectionery products.	К3
CO 3	To develop and experiment the various processing techniques in the preparation of different baked and sugar related goods.	K4
CO 4	To test and evaluate new products in both the segments of bakery and confectionery products for better consumer acceptability and innovative sensory appeal.	K5
CO 5	To generate and propose novel processing technologies in relation to baking and confectionery products for better shelf life and storage stability.	K6

COURSE DESCRIPTOR

Course Code	PFP2MC06
Course Title	FRUITS AND VEGETABLES PROCESSING LAB
Credits	2
Hours/Week	3
Category	Major Core (MC) - Lab
Semester	П
Regulation	2022

Course Overview:

- 1. The Indian food industry is expanding and there is a huge demand for various types of fruits and vegetables and its processed products and this course aims to understand the various marketable processed fruits and vegetable products.
- 2. This course focusses on the analysis of fruits and vegetable products to better understand their quality parameters.
- 3.The course covers the fundamental scientific principles underpinning the methodology of thermal processing in fruit and vegetable industry.
- 4. This course explores the changes in chemical and physical constituents of fruit and vegetable processing in fresh, dehydrated, frozen and canned fruit and vegetable products.
- 5. This course is structured to evolve cost effective methods of processed fruit and vegetable formulations suitable for food industry applications.

Course Objectives:

- 1. To understand the scientific basis for the formulation of fruit and vegetable products.
- 2. To develop novel products by integrating the theoretical principles and practical skills.
- 3. To evaluate and understand the influence of physiochemical parameters on the shelf life of fruits and vegetables for better storage stability.
- 4. To explore industrial practices adopted to minimize losses during processing through fruit and vegetable waste utilisation
- 5. To integrate different processing principles in identifying defects in processed products and recommend suitable solutions.

Prerequisites	Basic knowledge on unit operations in food
	processing.

	SYLLABUS			
Uni t	Content	Hours	COs	Cognitive level
I	1. Preparation of Jams, Jellies and Marmalades .	29	CO 1	K1, K2, K3,
	Estimation of Total soluble solids, acidity and		CO 2	K4, K5, K6
	percentage Brix in the prepared fruit products.		CO 3	
	2. Determination of percentage Brine, percentage		CO 4	
	Brix, Vacuum, drained weight of thermally		CO 5	
	processed fruits and vegetable products			
	(Canned/Bottled/Flexibly packaged).			
	3. Preparation of fruit juice and determination of			
	acidity, Estimation of formol number by			
	titrimetric method.			
	4. Practices in judging the maturity of			
	fruits and vegetables. Influence of pH,			
	thermal processing and freezing on			
	the pigments in fruits and vegetables.			
	5.Cost effective method to determine			
	the effect of ethylene gas on fruits			
	ripening.			
	6. Preparation of sauzes and ketch up,			
	examination of physical parameters			
	and viscosity.			
	7. Preparation of indigenous			
	fermented product and its microbial			
	analysis.			
	8.Traditional and Osmotic			
	dehydration of fruits and vegetables			
	with salt and sugar.			
	9.Determine the presence of			
	peroxidase, sulphur dioxide in			
	dehydrated fruits and vegetables.			
	10.Determination of rehydration ratio			
	in dehydrated fruits and vegetables.			
II	INSTRUMENTAL APPLICATIONS:	10	CO 1	K1, K2, K3,
			CO 2	K4, K5, K6
	11.Determination of pH in kimchi and its		CO 3	
	interpretation studies.		CO 4	
	12.Estimation of Iron in green leafy vegetables		CO 5	

after	permeating	heat	treatment	using		
potent	iometric titratio	n.				
13.Det	ermining the	electric	cal conducta	nce of		
water,	fruit juices usi	ing cond	ductivity met	er.		
	-	_	-			

Text Books for references:

- 1.FSSAI manual of analysis of foods, fruits and vegetable products(2016)
- 2.B.C.Muzumdar and K. Muzumdar (2003) Methods of Physico-Chemical analysis of fruits:
- 3. Daya publishers, New Delhi, 2003.
- 4.S.Rangann (2011), Manual of analysis of fruit and vegetable products, 2nd Ed, Tata McGraw Hill Publishing company Ltd, New Delhi.
- 5.Fellows PJ (2005). Food Processing Technology: Principle and Practice. 2nd Ed. CRC Press.

Suggested Readings:

- 1.Fruits & Vegetables Processing Hand Book, Engineers India Research Institute ISBN: 9788186732328, 9788186732328.
- 2.Hand book of fruits and vegetables processing (2012), Second edition, John Wiley and sons publications.

Web Resources:

http://pubs.sciepub.com/ajfst/2/6/6/index.html

https://old.fssai.gov.in/Portals/0/Pdf/Manual_Fruits_Veg_25_05_2016.pdf

Course Outcomes (COs) and Cognitive Level Mapping

Cos	CO Description	Cognitive
Cos		Level
CO 1	Recognize the fundamental principles of food processing in the formulation of fruit and vegetable products.	K1, K2
CO 2	Develop new products with novel ingredients and techniques for preservation and better storage conditions.	К3
CO 3	Compare and analyse physiochemical and organoleptic properties raw and processed fruit and vegetable products in tune with food industry standards.	K4
CO 4	Assess and predict the quality of processed products using the principles of sensory science in product development and optimization.	K5
CO 5	Formulate and propose novel processing techniques in the area of fruit and vegetable manufacturing sector.	K6

COURSE DESCRIPTOR		
Course Code	PFP3MC01	
Course Title	MEAT, POULTRY, SEAFOOD PROCESSING	
Credits	6	
Hours/week	6	
Category	Major Core (MC-Theory)	
Semester	III	
Regulation	2022	

Course Overview:

- 1. Meat, poultry and seafood have carved a special niche in the food processing industry.
- 2. The aim of the course is to understand livestock management, slaughtering techniques, physiochemical nature of meat, processing and storage facilities.
- 3. The course provides details on the structure, nutritional composition and quality parameters of meat, seafood, egg and poultry.
- 4. The units of the course covers in-depth information on the processing techniques and good manufacturing practices adopted in the meat, seafood, egg and poultry processing sectors.
- 5. The course delivers the required knowledge on the quality assessment techniques adopted in the meat manufacturing plant.

Course Objectives:

- 1.To gain fundamental knowledge on the composition and nutritive value of foods from animal origin.
- 2.To familiarize the importance and significance of processing operations in the manufacture of animal meat, poultry, egg and seafoods and its products.
- 3. To sensitize the technological operation of handling, processing, preservation and biproduct utilization of animal meat, poultry and seafood products.
- 4. To provide an in-depth understanding on the unit operations in animal food manufacturing unit and challenges of waste management techniques.
- 5. To acquire an understanding of the safety, hygiene and quality parameters and regulations associate with all classes of meat industry.

Prerequisites:	Basic knowledge in life science and food science.

	SYLLABUS			
UNIT	CONTENTS	HOURS	COs	Cognitive level
I	INTRODUCTION TO MEAT PROCESSING Types of meat and its source - chemical composition and microscopic structure of meat and meat products Unit operations in meat processing - Ante mortem handling - Stunning Techniques - Slaughtering of meat - Post mortem handling of meat - Processing operations- packaging and storage eat quality evaluation: inspection and grading of meat. Color, flavors, microbiology and spoilage factors of meat and meat products. Recent trends in meat processing.		CO 1 CO 2 CO 3 CO 4 CO 5	K1, K2, K3, K4, K5, K6
II	PROCESSED MEAT AND MEAT PRODUCTS Processing and preservation of meat - Aging; pickling; smoking. Dried and Cured meat. Canned meat; chilling; frozen meat- Cooked and Refrigerated meat; Sausages; Irradiation and Hurdle concept; methods of stabilization of meat emulsion and meat extension - Byproducts utilization. Factors affecting post-mortem changes; properties and shelf-life of meat; meat tenderization and meat quality evaluation - Recall and Traceability Meat plant sanitation and safety -Safety standards in meat industry - Meat food product order - HACCP-ISO-9000 standards.		CO 1 CO 2 CO 3 CO 4 CO 5	K1, K2, K3, K4, K5, K6
III	SEAFOOD PROCESSING Types of fish; composition; structure; and spoilage factors of fish; microbiological quality of fresh fish; Post-mortem changes in fish; handling and transportation of fish -		CO 1 CO 2 CO 3 CO 4 CO 5	K1, K2, K3, K4, K5, K6

	Bacteriology of fish; Processing and			
	Preservation techniques of seafoods -			
	Chilling of fish; Freezing and Individual			
	quick freezing -Canning and smoking			
	operations; Salting and drying of fish;			
	pickling; radiation processing - Fish and fish			
	products and by-product utilisation - Seafood			
	quality Assurance; Advances in fishery by			
	products technology and waste utilization.			
IV	POULTRY PROCESSING	16	CO 1	K1, K2,
	Introduction: Types and characteristics of		CO 2	K3, K4,
	poultry products; composition; nutritive		CO 3	K5, K6
	value-Poultry: Classes of poultry meat,		CO 4	- , -
	classification, composition- tenderness,		CO 5	
	flavor and colour -Unit operations involved			
	in poultry processing; slaughtering of			
	poultry; Ante mortem and post mortem			
	examination of poultry birds - Pre-slaughter			
	care; handling; transport and dressing of a			
	poultry bird; Cuts of poultry bird - Inspection			
	and grading.			
	una graamg.			
V	EGG PROCESSING	16	CO 1	K1, K2,
V		16	CO 1 CO 2	K1, K2, K3, K4,
V	EGG PROCESSING	16		
V	EGG PROCESSING Eggs: Formation, structure, composition and	16	CO 2	K3, K4,
V	EGG PROCESSING Eggs: Formation, structure, composition and nutritive value of egg white and egg yolk;	16	CO 2 CO 3	K3, K4,
V	EGG PROCESSING Eggs: Formation, structure, composition and nutritive value of egg white and egg yolk; Structure; composition; nutritive value;	16	CO 2 CO 3 CO 4	K3, K4,
V	EGG PROCESSING Eggs: Formation, structure, composition and nutritive value of egg white and egg yolk; Structure; composition; nutritive value; calculation of nutritive value and functional	16	CO 2 CO 3 CO 4	K3, K4,
V	EGG PROCESSING Eggs: Formation, structure, composition and nutritive value of egg white and egg yolk; Structure; composition; nutritive value; calculation of nutritive value and functional properties of eggs;	16	CO 2 CO 3 CO 4	K3, K4,
V	EGG PROCESSING Eggs: Formation, structure, composition and nutritive value of egg white and egg yolk; Structure; composition; nutritive value; calculation of nutritive value and functional properties of eggs; Egg quality characteristics: Internal Quality -	16	CO 2 CO 3 CO 4	K3, K4,
V	EGG PROCESSING Eggs: Formation, structure, composition and nutritive value of egg white and egg yolk; Structure; composition; nutritive value; calculation of nutritive value and functional properties of eggs; Egg quality characteristics: Internal Quality - Haugh's unit – Terms indicating defective	16	CO 2 CO 3 CO 4	K3, K4,
V	EGG PROCESSING Eggs: Formation, structure, composition and nutritive value of egg white and egg yolk; Structure; composition; nutritive value; calculation of nutritive value and functional properties of eggs; Egg quality characteristics: Internal Quality - Haugh's unit – Terms indicating defective quality; microbial spoilage of eggs - types of	16	CO 2 CO 3 CO 4	K3, K4,
V	EGG PROCESSING Eggs: Formation, structure, composition and nutritive value of egg white and egg yolk; Structure; composition; nutritive value; calculation of nutritive value and functional properties of eggs; Egg quality characteristics: Internal Quality - Haugh's unit — Terms indicating defective quality; microbial spoilage of eggs - types of spoilage in eggs - indications - organisms	16	CO 2 CO 3 CO 4	K3, K4,
V	EGG PROCESSING Eggs: Formation, structure, composition and nutritive value of egg white and egg yolk; Structure; composition; nutritive value; calculation of nutritive value and functional properties of eggs; Egg quality characteristics: Internal Quality - Haugh's unit – Terms indicating defective quality; microbial spoilage of eggs - types of spoilage in eggs - indications - organisms causing spoilage.	16	CO 2 CO 3 CO 4	K3, K4,
V	EGG PROCESSING Eggs: Formation, structure, composition and nutritive value of egg white and egg yolk; Structure; composition; nutritive value; calculation of nutritive value and functional properties of eggs; Egg quality characteristics: Internal Quality - Haugh's unit — Terms indicating defective quality; microbial spoilage of eggs - types of spoilage in eggs - indications - organisms causing spoilage. Preservation and maintenance of eggs:	16	CO 2 CO 3 CO 4	K3, K4,
V	EGG PROCESSING Eggs: Formation, structure, composition and nutritive value of egg white and egg yolk; Structure; composition; nutritive value; calculation of nutritive value and functional properties of eggs; Egg quality characteristics: Internal Quality - Haugh's unit – Terms indicating defective quality; microbial spoilage of eggs - types of spoilage in eggs - indications - organisms causing spoilage. Preservation and maintenance of eggs: Preservation of shell eggs - Egg cleaning –	16	CO 2 CO 3 CO 4	K3, K4,
V	EGG PROCESSING Eggs: Formation, structure, composition and nutritive value of egg white and egg yolk; Structure; composition; nutritive value; calculation of nutritive value and functional properties of eggs; Egg quality characteristics: Internal Quality - Haugh's unit – Terms indicating defective quality; microbial spoilage of eggs - types of spoilage in eggs - indications - organisms causing spoilage. Preservation and maintenance of eggs: Preservation of shell eggs - Egg cleaning – Oil Treatment - Cold storage - Thermo	16	CO 2 CO 3 CO 4	K3, K4,
V	EGG PROCESSING Eggs: Formation, structure, composition and nutritive value of egg white and egg yolk; Structure; composition; nutritive value; calculation of nutritive value and functional properties of eggs; Egg quality characteristics: Internal Quality - Haugh's unit – Terms indicating defective quality; microbial spoilage of eggs - types of spoilage in eggs - indications - organisms causing spoilage. Preservation and maintenance of eggs: Preservation of shell eggs - Egg cleaning – Oil Treatment - Cold storage - Thermo stabilization - Immersion in liquids; egg	16	CO 2 CO 3 CO 4	K3, K4,
V	EGG PROCESSING Eggs: Formation, structure, composition and nutritive value of egg white and egg yolk; Structure; composition; nutritive value; calculation of nutritive value and functional properties of eggs; Egg quality characteristics: Internal Quality - Haugh's unit — Terms indicating defective quality; microbial spoilage of eggs - types of spoilage in eggs - indications - organisms causing spoilage. Preservation and maintenance of eggs: Preservation of shell eggs - Egg cleaning — Oil Treatment - Cold storage - Thermo stabilization - Immersion in liquids; egg grading; egg powder processing -	16	CO 2 CO 3 CO 4	K3, K4,

in water, and grading of eggs; storage of		
Eggs; egg Products - Frozen, Pasteurized,		
Dehydrated, Desugared; egg substitutes.		

Textbooks for reference:

- 1. Joseph Kerry, John Kerry and David Led wood (2002) Meat Processing, Woodhead Publishing Limited, England, CRC Press.
- 2. P.S. Murano (2003) Understanding food science and technology, Thomson Wordsworth Publishers.

Suggestive Readings:

- 1. Fidel Toldraj (2010) Handbook of Meat Processing, John Wiley & Sons.
- 2. Owens.M. Casey, Alvarado.Z. Christine and Sams.R. Alan (2010) Poultry Meat Processing, Taylor & Francis Group, CRC Press
- 3. Mead, G (2004) Poultry Meat Processing and Quality, Woodhead Publishing, England
- 4. Botana.M. Luis (2008) Seafood and Freshwater Toxins, Taylor & Francis Group, CRC Press

Web resources:

- 1. https://www.meatproductsofindia.com
- 2. https://nrcmeat.icar.gov.in

	Cognitive Level Mapping		
CO 1	To recognise the structure, nutritional composition, procurement techniques, processing operations of animal, poultry and seafood commodities.	K1, K2	
CO 2	To classify the different types of meat, poultry and seafoods based on their processing techniques and evolve techniques to increase their sensory and nutritional quality.	K3	
CO 3	To illustrate the manufacturing process of different products made from animal meat, poultry and seafood and create flowcharts for the operations.	K4	
CO 4	To assess the physiochemical and biological changes with regard to quality and storage stability of meat, poultry and seafood products based on different processing techniques.	K5	
CO 5	To generate novel ideas in developing newer food products and processing technologies for extending the shelf life of meat, poultry seafood and egg products.	K6	

COURSE DESCRIPTOR		
Course Code	PFP3MC02	
Course Title	DAIRY AND BEVERAGE PROCESSING	
Credits	6	
Hrs/week	5	
Category	Major Core (MC-Theory)	
Semester	III	
Regulation	2022	

Course Overview:

- 1.Dairy sector is a vital food processing segment contributing to the economy of our country in addition to providing nutritional support.
- 2. The course is designed to highlight the global and national dairy development, focusing on milk production practices, institutional activities and schemes related to dairy development specifically in India.
- 3. The units in the course also aims to deliver the basic information on the nutritional, physical and chemical properties of milk and the nuances involved in setting up a dairy plant and features the versatility of milk and its products from the farm to the consumer.
- 4. The course also features the fundamental concepts on the source, composition and consumption of alcoholic and non-alcoholic beverages.
- 5. The course focusses on imparting the processing significance of beverages and utilization of novel ingredients in the manufacturing process of beverages.

Course Objectives:

Prerequisites:

1. To recognize the details pertaining to the properties of milk, milk products and beverages.

Basic knowledge in life science and food science.

- 2. To understand the milk production practices in India and across the globe.
- 3. To familiarize with the processing techniques of milk, milk products and beverages.
- 4. To classify and categorize different indigenous and conventional milk products.
- 5. To formulate and evolve novel products in the dairy and beverage industry.

Terequis	busic knowledge in the serence and rood s			
SYLLABUS		Hours	COs	Cognitive
				level
UNIT	CONTENTS			
I	Milk and Milk Production – An introduction	15	CO 1	K1, K2, K3,
	Dairy development in India — Milk and Milk		CO 2	K4, K5, K6
	Products Order '92 – Nutritive value of milk ICMR		CO 3	
	recommendation of nutrients.		CO 4	
	Introduction to dairy production, processing and		CO 5	

	consumptionPhysio chemical properties of milk;			
	color, taste, pH and buffering capacity, viscosity,			
	surface tension, freezing, boiling point, thermal and			
	optical properties, redox potential, electrical			
	conductivity.			
	Dairy scenario in India - Composition, factors			
	affecting composition and yield of milk and Dairy			
	Cooperatives – NDRI, NDDB, TCMPF - Operation			
	Flood. Milk and Milk Products Order '92 is a			
	repealed order and hence can be removed. It is			
	integrated into FSS act. First and second wave of			
	dairy revolution (sufficiency to efficiency)			
II	Market milk industry:	15	CO 1	K1, K2, K3,
	Milk production in India and Tamil Nadu with		CO 2	K4, K5, K6
	reference to Global milk production –Systems of		CO 3	
	collection of milk Reception, quality evaluation		CO 4	
	Platform tests -Various stages of processing-		CO 5	
	Filtration, Clarification, Homogenization,			
	Pasteurization-LTST, HTST, UHT, sterilisation -			
	Packaging, storage, transportation and distribution-			
	Standardized milk, toned milk, double toned milk,			
	recombined milk, sterilized milk, filled milk,			
	flavoured milk, and cream.			
III	Processing of Milk products:	10	CO 1	K1, K2, K3,
	Flow diagram and processing of condensed milk,		CO 2	K4, K5, K6
	dehydrated milk, evaporated milk, ice cream -		CO 3	
	Fermented milk products – butter, cheese, yoghurt,		CO 4	
	kefir, acidophilus milk and sour cream, Non-		CO 5	
	fermented milk products – Ghee, Ice cream and			
	milk powder			
	Indigenous milk products - Present status, method			
	of manufacture of traditional Indian fermented and			
	non-fermented dairy products.			
	Classification of traditional dairy products and			
	processing			
	Cleaning in place-Dairy effluent treatment and			
	disposal.			
	*			

IV	Beverage processing: Beverage industry in India:	10	CO 1	K1, K2, K3,
	Types of beverages and their importance-		CO 2	K4, K5, K6
	Manufacturing technology for juice-based		CO 3	
	beverages - synthetic beverages - Tea, coffee,		CO 4	
	cocoa beverages - Beverages using spices, plant		CO 5	
	extracts, herbs, nuts, dairy and imitation dairy-			
	based beverages, sports drinks. Role of various			
	ingredients of soft drinks, carbonation of soft			
	drinks. Alcoholic beverages- types, manufacture			
	and quality evaluation – Beer and Wine.			
V	Packaged water: Packaged drinking water:	15	CO 1	K1, K2, K3,
	definition, types, and manufacturing processes.		CO 2	K4, K5, K6
	Quality evaluation of raw and processed water:		CO 3	
	methods of water treatment. BIS quality standards		CO 4	
	of bottled water; mineral water, natural spring		CO 5	
	water, flavoured water, carbonated water.			

Textbooks for reference:

- 1. David P. Steen & Phillip R. Ashurt, (2006) Carbonated Soft drinks, Blackwell Publishing Ltd- E book.
- 2. De Sukumar, (2007) Outlines of Dairy Technology, Oxford University Press.
- 3. Philip R. Ashurt, (2005). Chemistry and technology of Soft drinks and fruit juices, 2nd edition Blackwell Publishing Ltd. E book.

Suggestive Readings:

- 1. Tammy Foster and Purnendu, C. Vasavada, (2003) Beverage Quality and safety, 2^{nd} edition. CRC Press E book.
- 2. Walstra P, J.T.M. Wouters and T.J. Geurts, (2006) Dairy Science Technology, 2nd ed., CRC

Press.

3. Spreer Edgar (2005) Milk and Dairy Product Technology, Marcel Dekker.

Web resources:

- 1. https://www.india.gov.in/topics/agriculture/dairy
- 2. https://dairyprocessinghandbook.tetrapak.com/
- 3. https://nationaldairyfarm.com/

Cognitive Level Mapping			
CO 1	To recognise the importance of dairy and beverage processing industry in India and identify the role and significance of the processing techniques adopted in the manufacture of products.	K1, K2	
CO 2	To illustrate the process flowchart of the different milk products developed based on the techniques of fermentation, coagulation and concentration and demonstrate the significance of processing alcoholic and non-alcoholic beverages.	K3	
CO 3	To outline the various processing techniques in the development of dairy products, beverages and dairy based beverages.	K4	
CO 4	To evaluate the different methodologies for quality and safety assessment of the dairy products, beverages and packaged water for consumer acceptability and innovative appeal.	K5	
CO 5	To propose plans for setting a dairy manufacturing unit and also create novel ideas in formulating beverages with value addition, better shelf life and storage stability.	K6	

	COURSE DESCRIPTOR
Course Code	PFP3MC03
Course Title	DAIRY AND MEAT PROCESSING LAB
Credits	2
Hours/week	3
Category	Major Core (MC) - Lab
Semester	III
Regulation	2022

Course Overview:

- 1. Consumption of dairy and meat-based products have seen a significant rise in India and their processing techniques have gained equal momentum in our country.
- 2. This lab course highlights the importance of understanding the applications and developing practical skills in the manufacturing operations of dairy and meat products.
- 3. The experiments aim at imparting practical knowledge on the various physiochemical, microbiological and textural changes in dairy and meat-processed products.
- 4. The course also emphasizes the action of various enzymes on the quality parameters of different dairy and meat processing techniques.
- 5. The contents of the course involve experiments that are related to the shelf-life analysis of novel products for better storage quality.

Course objectives:

- 1. To acquire practical skills in techniques used for processing of meat and dairy products.
- 2. To familiarize with the applications of additives used for milk product processing and quality analysis.
- 3. To introduce the practical skills in processing and preservation of meat and dairy products for better quality and shelf life.
- 4. To perform all the tests necessary for the microbiological quality of meat and dairy products.
- 5. To formulate and develop novel products with meat and dairy and understand their marketability in the food industry.

Prerequisites:	Basic knowledge in life science and food science.

SYLLABUS		Hours	COs	Cognitive
				level
UNIT	CONTENTS			
	Dairy Processing: Raw material analysis	20	CO 1	K1, K2, K3,
I	1. Determination of preservatives of milk and quality		CO 2	K4, K5, K6
	analysis – MBRT and Clot on Boiling test- Milk		CO 3	
	adulteration test.		CO 4	
	- Antibiotic test (using strips)		CO 5	
	2. Preparation and analysis of Curd			
	3. Preparation and analysis of Cottage cheese (paneer)			
	4. Preparation and analysis of Ice cream/ Cream -			
	Factors affecting ice crystal formation during ice cream			
	making- role of additives in ice cream making process.			
	5. Preparation and analysis of Butter/ Ghee.			
	6. Preparation of Coagulated and non-coagulated dairy			
	products/ Fermented/ Non-fermented/ concentrated /			
	evaporated			
II	Meat Processing:	19	CO 1	K1, K2, K3,
	6. Evaluation of meat quality; estimation of meat: bone		CO 2	K4, K5, K6
	ratios.		CO 3	
	7. Preservation of different sources of meat by		CO 4	
	dehydration, freezing and quality evaluation.		CO 5	
	8. Preparation of meat products with different			
	tenderising agents and their quality variations.			
	9. Preparation of fish-based products and assessment of			
	the effect of enzymes in meat tenderization.			
	10. Brining and pickling of seafoods and shelf-life			
	enhancements			
III	11. Visit to a local dairy plant			
				1

Textbooks for reference:

- 1. Das H. (2005). Food Processing Operations Analysis, Asian Books.
- 2. De Sukumar, (2007) Outlines of Dairy Technology, Oxford University Press.

Suggestive Readings:

- 1. Ramesh C. Chandan, Arun Kilara Nagendra Shah (Editors) 2008 Dairy Processing and Quality Assurance Hardcover, Wiley Blackwell Publisher
- 2. Spreer, Edgar, (2005). Milk and Dairy Product Technology, Marcel Dekker.
- 3.Y.H. Hui (2012)- Handbook of meat and Meat processing, CRC Press

Web resources:

- 1. https://www.academia.edu/8555891/Lab_Manual_Meat_science
- 2._https://www.nabl-india.org

	DAIRY AND MEAT PROCESSING LAB (MC)	Cognitive Level
CO 1	To identify the role of raw materials in the production of dairy and meat-based products.	K1, K2
CO 2	To demonstrate the relationship between novel processing technologies and conventional methods to enhance the nutritional, physicochemical and functional properties of dairy and animal-based products.	K3
CO 3	To determine the various processing techniques in the preparation of different dairy and meat products baked and sugar related goods.	K4
CO 4	To select and compare commercial and laboratory products in dairy and meat processing for consumer acceptability and innovative appeal.	K5
CO 5	To propose novel processing technologies and formulate new products with better shelf life and storage stability.	K6

Course Code	PFP3MC04
Course Title	ANALYSIS OF FOOD ADDITIVES AND TOXINS
Credits	02
Hours/Week	03
Category	Major Core (MC) – Lab
Semester	III
Regulation	2022

Course Overview:

- 1. The laboratory ambience provided by this experimental paper would cultivate a skill for a position in an industry/research laboratory.
- 2. The paper aims at improving analytical skills and interpretation using graphical and experimental data.
- 3. The course provides practical knowledge on the application of food additives and the detection of toxins in food.
- 4. This laboratory experience would develop skills in scientific methods of planning, executing and reporting the experimental data.
- 5. This lab course offers hands-on training in performing the experiment to harness skills for food industries, entrepreneurial initiatives and research institutes.

Course Objectives:

- 1.To assess the presence of foreign particles, preservative and colours present in the food sample.
- 2.To utilize conductometric methods for quantitative estimations.
- 3.To evaluate qualitatively the adulterants present in food.
- 4.To determine qualitatively and quantitatively analyse the presence of heavy metals in food.
- 5.To generate and compile the experimental and graphical data and interpret the observations.

Prerequisites		Basic knowledge on Chemistry & lab skil	lls		
	SYLLABUS				
EXPT		CONTENT	HOURS	COs	COGNI TIVE LEVEL
1	1. 2.	Quantitative estimation of hydrocyanic acid from beans. Qualitative quick test for detection of	39	CO1, CO2, CO3,	K1,K2, K3,K4,

adulterants in milk and milk products.	CO4	K5,K6
3. Qualitative determination of rancidity of	CO5	
fats, tests for adulterants in oils and fats		
4. Qualitative estimation of heavy metals in		
a few foods – raw and processed foods.		
5. Detection of foreign particles in food.		
6. Determination of hydrogen ion		
concentration using acidbase titrations in		
food samples using conductometry.		
7. Qualitative tests for hydrogenated fats,		
butter, and ghee.		
8. Estimation of chlorophyll content of		
green vegetable		
9. Estimation of Curcumin in Turmeric		
10. Estimation of Preservatives in Foods		
11. Estimation of Colours in Foods using		
TLC		
12. Estimation of moisture in spices		
13. Determination of adulteration of spices		
14. Estimation of caffeine in tea and coffee		
15. Extraction of organic natural colours		
from aromatic plants and vegetable		
Demonstrative experiments		
16. Analysis of heavy metals using atomic		
absorption spectrophotometer.		
17. Quantitative estimation of compounds in		
pesticides using HPLC.		

Text Books

1. Tests for some a dulterants in food – Instruction manual part II, 2012. Food safety and

standards Authority of India (FSSAI)

- 2. FSSAI lab manual 8, 2012. Methods for analysis of foods Test for food additives.
- 3. FSSAI lab manual 8, 2012. Methods for analysis of foods.

Suggested Readings

- 1. Russel N.J and Goul Khuwer G.W (Ed) 2003 Food preservatives, Academic /plenum publishers, New York
- 2. Ranganna S.1986. Handbook of analysis and quality control for fruits and vegetable products, Tata McGraw-Hill publishing company limited, Second edition

Web Resources

- 1. https://ocw.mit.edu/courses/chemical-engineering/10-626-electrochemical-energy-systems-spring-2014/lecture-notes/
- 2. https://www.uclmail.net/users/dn.cash/ThinLayerChromatography.pdf
- 3. https://www.pharmatutor.org/articles/review-on-determination-preservatives-food-stuffs-different-analytical-methods.
- 4. https://www.fda.gov/regulatory-information/search-fda-guidance-documents/guidance-industry-estimating-dietary-intake-substances-food.
- 5. http://www.academia.edu/7205036/physicochemical_analysis_of_ghee_as_per_fssai_a nd_agmark_paramaners.

Course outcomes (COs)

I	ANALYSIS OF FOOD ADDITIVES AND TOXINS	Cognitive Level
CO 1	To describe the principles used in the estimation of foreign	K1, K2
	particles, preservatives and colours present in the food	
	sample.	
CO 2	To perform titrimetric analysis on food samples to identify	К3
	the presence of food additives and toxins.	
CO 3	To analyse qualitatively the amount of adulterants in milk,	K4
	fats, species and oils.	
CO 4	To determine quantitatively the concentration and quantity of	K5
	the adulterants present in the given food sample.	
CO 5	To integrate the results and summarise the observation of the	K6
	experimental data.	

Course Code	PFP3MC05
Course Title	NEW PRODUCT DEVELOPMENT LAB
Credits	2
Hours/Week	3
Category	Major Core (MC) – Lab
Semester	III
Regulation	2022

Course Overview

- 1. New Product Development laboratory provides an understanding of the product development process, illustrating the various novel approaches required for new food products emerging in the market.
- 2. The course offers an understanding of the standardisation of raw materials and integrate them with functional ingredients to develop innovative products.
- 3. This course aims to develop value addition to seasonal food products thereby reducing dependency and increasing its perennial availability.
- 4. The course equips to evaluate and compare the product characteristics with sensory scales and attributes.
- 5. New food product development prepares the students with required skills to work in food companies and understand nuances of product development as a business strategy.

Course Objectives

- 1. To recognize taste perceptions and attributes contributing to consumer acceptance of processed foods.
- 2. To develop processing techniques for convenience and speciality foods on a pilot scale.
- 3. To utilize raw materials in combination with other novel ingredients to produce value added food products.
- 4. To compare the yield of standardized products to improve productivity and product quality.
- 5. To formulate processing techniques and develop product evaluations with novel food ingredients required for entrepreneurial skills.

Prerequisites Basic knowledge of food processing.

SYLLABUS

UNIT	CONTENT	HOURS	COs	COGNITIVE
				LEVEL
I	New Product Development	30	CO1	K1, K2, K3,
	1. Introduction to the steps in new food		CO2	K4, K5, K6
	product development.		CO3	
	2. Formulation of different Ready To		CO4	

	Cook (RTC) and Ready To Service		CO5	
	(RTS) foods – Precooked Cereal,		000	
	legume based, dairy based, fat based			
	products.			
3.	Formulation of different Ready To Eat			
3.	(RTE) foods – Instant snacks, Paneer			
	based products, Mixed rice.			
4.	Preparation of different premixes –			
T.	Rice mix, soup mix, cake mix, fortified			
	weaning foods using malts.			
5.	Preparation of different enriched			
	gummies – fruit and vegetable based,			
	vitamin and mineral gummies			
6.	Formulation of foods with probiotics –			
	Spirulina, fermented products, sea			
	weeds.			
7.	Formulation of value-added extruded			
'.	products – Incorporation of			
	fiber/sprouts/vegetable extract.			
8.	Preparation of different gluten-free			
0.	products.			
9.	Formulation of cakes and cocoa based			
	products with sugar substitutes –			
	Stevia, Xylitol, Erythritol			
10.	Formulation of cookies and Indian			
	sweets with sugar substitutes – Stevia,			
	Xylitol, Erythritol			
11.	Formulation of traditional recipes with			
	novel and functional food ingredients –			
	Soy protein, flax and chia seed			
	powders, FOS, Gels, flower infusions,			
	palm sugar.			
II Cons	umer Testing and Sensory evaluation	9	CO1	K1, K2, K3,
12.	Evaluate food products by sensory		CO2	K4, K5, K6
	perceptions using sensory evaluation		CO3	
•	Difference test		CO4	
•	Attribute difference teat		CO5	
•	Analytical descriptive test			
•	Affective test			
•	Preference test			

- Tests with sweetness, saltiness, sourness, bitterness and astringency using different concentration series.
- 13. Preparation of novel products with food and nutritional labeling and health claims on the food products.
- 14. Visit to a food processing and packaging

Text Books

- 1. Carpenter Lyon & Hasdell, "Guidelines for Sensory Analysis in Food Product Development and Quality Control", Springer, 2000
- 2. Earle, M. D., Earle, R. L., & Anderson, A. M. (2001). Food product development. Boca Raton, Fla: CRC Press.
- 3. Gordon L Robertson. 2006. Food Packaging: Principles and Practice. 2nd Ed. CRC Press
- 4. Harper J.M. Extrusion of Foods. Vol. 1 & 2 (1991) CRC Press, Inc.) Boca Raton, Aorida
- 5. Naik, H.R., & Amin, T. (2021). Food Processing and Preservation (1st ed.). CRC Press. https://doi.org/10.1201/9781003243250
- 6. V.K. Joshi (2006) Sensory science- Principles and Applications in Food Evaluation, Agrotech Publishing Academy, Udaipur.

Suggested Reading

- 1. Fast R.B & Cardwell E.F. Breakfast cereals and how they are made (2000) American Association of Cereal Chemists. St. Paul Minnesota
- 2. Lawless, Harry T.; Heymann, Hildegarde (2010). [Food Science Text Series] Sensory Evaluation of Food, Springer, New York, NY
- 3. Moskowitz, H. R., et al. "Sensory & Consumer Research in Food Product Design & Development", Wiley-Blackwell, 2006.

Web Resources

https://iastate.pressbooks.pub/foodproductdevelopment

Course Outcomes (COs) and Cognitive Level Mapping

Cos	CO Description	Cognitive Level
CO 1	To identify and recall the basic principles of new product	K1, K2
	development and its evaluation.	
CO 2	To calculate the amount of ingredients required to	K3
	develop a standardized novel food product.	
CO 3	To develop new products with suitable food processing	K4
	and preservation technique.	
CO 4	To evaluate the role of ingredients in product formulation.	K5
CO 5	To propose and formulate a novel product with added	K6
	functional and nutritional value.	

Course Code	PFP4MC01
Course Title	FOOD QUALITY, SAFETY AND FOOD LAWS.
Credits	6
Hours/week	05
Category	Major Core (MC) – Theory
Semester	IV
Regulation	2022

Course overview

- 1. The course will provide fundamental theoretical concepts on quality and safety attributes, systems in the food sector.
- 2. The content gives the opportunity for food handlers to identify causes for unsafe food production, draft corrective and prevention procedures to eliminate food related hazards.
- 3. This course discusses the principles and concepts for developing HACCP/FSMS procedures and plans.
- 4. The course focusses on the history and purpose of food law/standards and its importance in trade and commerce.
- 5.It discusses the legal requirements for an effective processing environment to produce safe food for human consumption.

Course Objectives

- 1. To gain an understanding on the food safety/quality aspects for food industries.
- 2. To apply the principles of safety and quality systems to control food risks/hazards and assure the quality of food products.
- 3.To develop procedures and approaches to identify food contamination and implement HACCP and FSMS plans.
- 4.To evaluate the required standards, laws and regulations to effectively handle food business operations.
- 5.To be aware and updated on current topics of importance to safe food production and legal requirements.

Prerequisite:	Knowledge on Food processing and Microbiology.
1	6 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1

SYLLABUS

UNIT	CONTENT	HOURS	COs	COGNITIVE
				LEVELS
I	Quality programmes and systems for	15	CO1,	KI,
	the food industry:		CO2,	K2,
	Scope of food quality and food safety		CO3,	K3,
	activities-Food safety as part of food		CO4,	K4,
	quality.		CO5.	K5,
	Food quality attributes -Quality			К6.
	assessment of food materials during and			
	after processing.			
	Role of Quality Control and Quality			
	assurance in the food industries.			
	Quality plan, Quality manuals.			
	Quality improvement -Total Quality			
	Management-Principle and			
	implementation, Quality improvement			
	tools, customer focus, cost implications of			
	quality systems.			
2.	Food safety	15	CO1,	KI,
	Food safety -Definition and terms		CO2,	K2,
	Safety in food procurement, handling,		CO3,	К3,
	preparation storage and distribution.		CO4,	K4,
	Food Adulteration- IPC provisions on		CO5.	K5,
	food adulteration.Food allergens and			K6.
	its management. Food			
	Biosecurity,Food defense, Food			
	bioterrorism and protection measures.			
3.	Food Safety Management System:	15	CO1,	KI,
	Prerequisite programmes,		CO2,	K2,
	Codex Alimentarius, logic sequence for		CO3,	К3,
	the application of HACCP - 12 steps -		CO4,	K4,
	CCP, HACCP plan, monitoring and		CO5.	K5,
	corrective action, calibration of			К6.
	monitoring devices, Food inspection and			
	product recall, withdrawal,			
	documentation and record keeping			
	validation of controls, verification,			
	traceability and recall.			
	Management commitment and			

	responsibility. Role of HACCP in sanitation.			
	Implementation and integrating HACCP			
	system with FSMS/ISO 22000 standards			
	Emerging concerns and newer approaches			
	to food safety, GFSI initiatives.			
	Certification/Certifying bodies,			
	Accreditation and Auditing,			
4	International Food laws, regulations,	10	CO1,	KI,
	standards and Food control		CO2,	K2,
	systems/Guidelines to food safety		CO3,	К3,
			CO4,	K4,
	Historical Perspectives of food laws and		CO5.	K5,
	regulations- Purpose of laws to enforce			K6.
	safety and purity of food products-			
	Harmonized Food Standards for			
	international trade, WTO			
	International regulatory bodies dealing			
	with food standardization: Codex			
	Alimentarius Commission, ISO,			
	FAO/WHO standards, standard setting			
	and advisory mechanism.			
	Country specific standards EU, EPA,			
	USFDA, FSMA.			
	Retailer Standards an overview -BRC,			
	SQF, IFS –relations with national laws.			
	Current trends in Food Standardization.			
5	National Food Laws:	10	CO1,	KI,
	Government Regulatory System for Food	10	CO2,	K2,
	Legal compliances specific to Food		CO3,	K3,
	industry in relation to food quality/ safety		CO4,	K4,
	in India.		CO5.	K5,
	Mandatory and voluntary food laws.			K6.
	Food Safety & Standards Act 2006, Food			
	safety and standard rules 2011 (as			
	amended from time to time).			
	FSSAI - Implementing Agencies,			
	Governing bodies -penalties.			

Consumer Potection Act - Export import regulations - Environment Protection Act. Role of referral labs, FSSA notified laboratories and State Food laboratories and functions. Role of Government in food safety risk analysis. Regulations in regard to safety assessment of food contaminants and pesticide residues, Safety aspects of water. FSS regulations as updated. Patenting and Indian legislations for Intellectual Property Rights (IPR).

Text Books

- 1. Carol A. Wallace, William H. Sperber and Sara E. Mortimore (2018). Food Safety for the 21st Century Managing HACCP and Food Safety Throughout the Global Supply Chain, 2 nd edition, John Wiley & Sons Ltd.
- 2. FSSAI Basic Food safety handbook/Manual for Food manufacturers, Processors and packers 2017.
- 3.Inteaz Alli, (2004). Food Quality Assurance Principles and Practices, CRC Press.
- 4. Mortimore S. and Wallace C (2013). HACCP, A practical approach, 3rd Edition, Chapman and Hill, London.
- 5.Ronald H. Schmidt and Gary E. Rodrick (2003), Food Safety Handbook, John Wiley & Sons, Inc.

Suggested Readings

- 1. Forsythe, S.J. (2010), The Microbiology of Safe Food, 2nd edition, Willey-Blackwell, U.K.
- 2.Lawley, R., Curtis L. and Davis, J. (2004) The Food Safety Hazard Guidebook, RSC publishing.
- 3.FSSAI Manual Current Version.
- 4.Export/Import policy by Govt of India.

Web Resources

https://www.cdc.gov/foodsafety/cdc-and-food-safety.html https://www.fao.org/food-safety/en/ Websites of FSSAI

Course outcomes (CO) and Cognitive level mapping

COs	CO Description	Cognitive
		levels
CO1	Explain and classify the nomenclature related to food quality, safety	K1, K2
	and legality.	
CO2	Apply the technical concepts and know how's to promote food quality	К3
	and safe food handling techniques.	
CO3	Identify the food issues and develop solutions based on the food	K4
	system standards and legal requirements.	
C04	Evaluate the food safety/quality systems and suggest continual	K5
	improvement programmes.	
CO5	Devise methods to ensure food safety in new arising situations,	K6
	generate management systems and implement QMS and FSMS	
	certification for FBO's.	

COURSE DESCRIPTOR			
Course Code	PFP4MC02		
Course Title	FOOD ADDITIVES AND FOOD TOXICOLOGY		
Credits	07		
Hours/Week	06		
Category	Major Core (MC) - Theory		
Semester	IV		
Regulation	2022		

Course Overview:

- 1. This course describes the importance, classification and mechanism of action of preservatives and antioxidants.
- 2. This course also explains the chemistry of colourants, factors affecting the stability of colourants and structural modalities of flavouring agents.
- 3. It illustrates the principle and function of emulsifiers, stabilizers and flour enhancers.
- 4. The course also aims to provide the knowledge on various food toxins and their health impacts.
- 5. This course explains the types of contaminants and adulterants, their potential toxicity and detection.

Course Objectives:

- 6. To understand the definitions, types, functions and mode of action of additives.
- 7. To explain the stability of colourants and biosynthesis of flavouring agents.
- 8. To recognize the properties, role, applications and effects of emulsifiers and stabilizers.
- 9. To study the sources, classification, determination, impact and effect of toxicants.
- 10. To learn about toxicants generated during processing, packaging and contaminants from agrochemicals in food.

Prerequisites:	Basic knowledge on different food additives and toxicants.

	SYLLABUS	HOURS	COs	Cognitive levels
UNIT	CONTENTS			
I	Food additives- Definitions, functional classifications, Intentional and unintentional additives; Regulations of food additives. Preservatives-Definition, classification and function of preservatives in food processing and preservation. acidulants — organic acids and esters, sulphur dioxide and its salts, nitrites and antibiotics. Surface preservation; Permitted chemical preservatives in foods. Antioxidants-natural and chemical antioxidants; mechanism of antioxidant function; primary and secondary antioxidants in foods; permitted antioxidants in foods; Sequestrants, evaluation of antioxidant effectiveness. Chelating agents: types, uses and mode of action. Fortification and its uses	15	CO1 CO2 CO3 CO4 CO5	K1, K2, K3 K4, K5, K6
II	Food Colours: Types, Pigments in animals and plants tissues-carmine colour from insects; chemistry and colour (oxidation, discolouration); colour change on processing — influence of heat, pH and light. Technology of colour preservation—enzymic- metallo complex formation; Food Flavours: Taste structural basis-sweet, bitter, salt and sour taste models; Flavouring agents—concept and types; Flavour enhancers-MSG and maltol; astringency and pungency; vegetable and spice flavours; Odour: theory and sense of odour - flavours from shikimic acid pathway. Volatile terpenoids; Fish food flavours; thermally induced flavours.	15	CO1 CO2 CO3 CO4 CO5	K1, K2, K3 K4, K5, K6

III	Emulsifiers and stabilizers — Definition, properties and function; HLB value; permitted emulsifiers and stabilizers used in food; Flour improvers- Leavening agents - activity analysis of yeast and gas retention. Batters- gas productive and retention-baked product; Anticaking agents-pH control. Sweeteners-classification, Structure-comparison of different sweetness-adverse effects. physical and chemical properties of polyols, application in	16	CO1 CO2 CO3 CO4 CO5	K1, K2, K3 K4, K5, K6
	food industries, permitted polyols in foods. Bio sweeteners, restriction on the use of sweeteners in foods; Food acids – their function and application in foods; permitted food acids; nutritive additives; enrichment of foods.			
IV	Definition and Principles of Toxicology; Classification of toxic agents; Characteristics of exposure; Sources of toxins in food - toxins of plant and animal origin, antinutritives, microbial and marine toxins; Chemical and biological methods of determination of toxicants in foods and their management. Biotransformation and mechanisms of toxicity; Toxicological impact of food additives- azo dyes, sodium benzoate, sulfites, Monosodium glutamate, Saccharin, Amaranth, Annato and diacetyl. Food allergies: natural sources and chemistry of food allergens; handling of food allergies; Food sensitivities-anaphylactoid reactions, metabolic food disorders and idiosyncratic reactions.	16	CO1 CO2 CO3 CO4 CO5	K1, K2, K3 K4, K5, K6
V	Toxicants generated during food processing- Nitrosamines, acrylamide, polyaromatic hydrocarbons, Heterocyclic amines, dioxins, nitrites and nitrates. Toxicants derived during Packaging; Contaminants and drug residues in food- agrochemicals and pesticide residues in foods, carbamate and organophosphate insecticides; heavy metal residues - Health	16	CO1 CO2 CO3 CO4 CO5	K1, K2, K3 K4, K5, K6

in	npacts;	persistent	organic	pollutants,
V	eterinary	drug	residues-	radioactive
CO	ontaminati	on of food	, and other of	contaminants
in	n food;	Common	food adulte	erants, their
pe	otential t	oxicity an	d detection	; Endocrine
di	isrupters ii	n food.		

Textbooks for reference:

- 1. Branen, A.L., Davidson PM & Salminen S. 2001. Food Additives. 2nd Ed. Marcel Dekker.
- 2. Gerorge, A.B. 2004. Fenaroli's Handbook of Flavor Ingredients. 5 th Ed. CRC Press.
- 3. Madhavi, D.L., Deshpande, S.S & Salunkhe, D.K. 1996. Food Antioxidants: Technological, toxicological and Health Perspective. Marcel Dekker
- 4. Fennema, R.O (1997) Food Chemistry, Second Edition, Food Science & Technology series, Marcel Dekker, INC., New York.
- 5. Shibamoto, T., and Bjeldanes, L. F. (2009). Introduction to food toxicology.

Suggestive Readings:

- 1. Shabbir S. (2007). Food Borne Diseases. Humana Press
- 2. Tweedy BG. (1991). Pesticide Residues and Food Safety. Royal Society of Chemistry.
 - 3. Rechcigl, M. (2018). Handbook of naturally occurring food toxicants. CRC press.

CO – Cognitive Level Mapping

	CO Description	Cognitive Level
CO 1	To understand and recall the definitions and principles of food additives, food colours, emulsifiers, stabilizers and toxicology.	K1, K2
CO 2	To analyse the presence of food preservatives, food colours, emulsifiers, food additives and toxic compounds present in food.	К3
CO 3	To illustrate the characteristics of food preservatives, flavouring agents, flavour enhancers and their impacts during processing.	K4
CO 4	To outline the importance and toxicity of preservatives, pigments, sweeteners, food additives, common food adulterants and endocrine disrupters in food.	K5
CO 5	To explain the role of food additives, chelating agents, fortification, leavening agents, and food adulterants.	K6

Course Code	PFP4MC03
Course Title	FOOD SAFETY LAB
Credits	2
Hours/week	04
Category	Major Core (MC) - Lab
Semester	IV
Regulation	2022

Course overview

- 1.The course creates awareness and imparts technical knowledge on the practical skills to design quality and safety systems for the food industry.
- 2.It outlines the practices to be followed for control of food related hazards/risks and monitoring of the food processing environment.
- 3. The contents of the course helps develop sound understanding to draft, design and handle food processing operations for the HACCP/ISO certifications in the food industry.
- 4.It gives a provision for training and obtaining food safety awareness course certification from approved agencies.
- 5. This course also will review the situations and prevailing conditions in the food sector and equip the students with current updates to face the challenges.

Course Objectives

- 1.To explore and apply the required food safety measures for safe food production.
- 2. To identify and make available practices, procedures and plans to eliminate problems that are a possible threat to food safety.
- 3.To prepare HACCP/FSMS based procedures, documents and establish food safety systems.
- 4.To demonstrate the ability to conduct food safety audits in the food industries to facilitate safe food production.
- 5.To evaluate and maintain the required updates in quality/safety systems and legal requirements for the food businesses.

Prerequisite:	Knowledge on food microbiology, processing, hygiene and sanitation.
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SYLLABUS

S.No	Experiments	Hours	COs	Cognitive levels
1.	Sanitary considerations for designing the layout of a Food establishment • Draw the structure and layout of Food premises • Selecting and installing equipment based on Sanitation Standards. • Utilities • Hygiene guidelines for designing the manufacturing premises as per legal requirements • Elaborate GMP (Good Manufacturing Process), GHP (Good Hygiene Practices) Prerequisites.	52	CO1, CO2, CO3, CO4, CO5.	K1, K2, K3 K4, K5, K6
2.	Drafting of GMP, SOP & SSOP for a food factory. Identifying the key focus areas. Step by step procedure to write a GMP,SOP,SSOP.		CO1, CO2, CO3, CO4, CO5.	K1, K2, K3 K4, K5, K6
3.	Development of a food safety policy e.g., Jewellery policy, Personnel Hygiene policy		CO1, CO2, CO3, CO4, CO5.	K1, K2, K3 K4, K5, K6
4.	 Development of HACCP team Product description. Product flow diagram./Process flow including all inputs, outputs and interim loops. 		CO1, CO2, CO3, CO4, CO5.	K1, K2, K3 K4, K5, K6

5.	Development of FSMS Module Hazard identification Hazard analysis worksheet- Risk assessment	CO1, CO2 CO3, CO4, CO5.	K1, K2, K3 K4, K5, K6
6.	Development of FSMS Module • Determination of CCP (Critical Control Point)	CO1, CO2 CO3, CO4, CO5.	K1, K2, K3 K4, K5, K6
7.	Development of FSMS Module Development of OPRP and FSMS/HACCP Plan	CO1, CO2 CO3, CO4, CO5.	K1, K2, K3 K4, K5, K6
8.	Internal Audit – Schedule, Preparation of an audit checklist. Case study.	CO1, CO2, CO3, CO4, CO5.	K1, K2, K3 K4, K5, K6
9.	Food laws identification of legal requirements for the following Food groups: (a) Fruit & Vegetable (b) Dairy (c) Meat & meat products (d) Fish & seafoods (e) RTE. Labelling of foods.	CO1, CO2, CO3, CO4, CO5.	K1, K2, K3 K4, K5, K6
10.	ISO 22000:2018 Certification course An overview and Structure of 22000, Clause wise Interpretation of ISO 22000, Case	CO1, CO2, CO3,	K1, K2, K3 K4, K5, K6

	Studies.	CO4, CO5.	
11.	Food safety Awareness (FOSTOC Training) (or)FEMA– Certification course.	CO1, CO2, CO3, CO4, CO5.	K1, K2, K3 K4, K5, K6

Text Books

- 1. Codex Alimentarius International Food standards (2011) General principles of food hygiene.
- 2.FSSAI Training Manual Food Safety Supervisor Course Advance (Level 2) Manufacturing. (2017).
- 3.FSSAI Basic Food safety handbook/Manual for Food manufacturers, Processors and packers (2017).
- 4. ISO 22000 (2018). Food safety management systems Requirements for any organization in the food chain Second edition.

Suggested Readings

- 1. Lelieveld H. L. M., Mostert M. A and J. Holah (2005). Handbook of hygiene control in the food industry, Woodhead Publishing Limited and CRC Press LLC.
- 2.Mortimore S. and Wallace C (2013). HACCP, A practical approach, 3rd Edition, Chapman and Hill, London.

Web Resources

 $\underline{https://archive.fssai.gov.in/home/compliance/FOOD-SAFETY-INSPECTION-CHECKLISTS-\underline{.html}}$

https://www.fao.org/fao-who-codexalimentarius/codex-texts/all-standards/en/

https://www.bis.gov.in/index.php/system-certification-overview/auditor-handbook/

 $https://aoac\text{-}india.org/webinar\text{-}series\text{-}on\text{-}food\text{-}analysts\text{-}examination\text{-}and\text{-}fssai\text{-}act\text{-}2006\text{-}by\text{-}dr\text{-}by\text{-}by\text{-}dr\text{-$

lalitha-gowda/

https://law.resource.org > pub > bis > is.16021.2012

Websites of FSSAI

Course outcomes (CO) and Cognitive level mapping

COs	CO Description	Cognitive
		levels
CO1	Recognize the terms and definitions related to food quality and	K1, K2
	safety.	
CO2	Demonstrate the ability to explore and apply proper food handling	К3
	techniques that will result in safe food production and processing	
	environment.	
CO3	Identify and develop practices and procedures to eliminate	K4
	problems that are a possible threat to food safety.	
C04	Determine drafts and plans to execute the HACCP/FSMS and	K5
	implement the food safety program in a food industry.	
CO5	Assemble and compile the required documents for auditing and	K6
	obtaining the certifications for the Food Business Operations	
	(FBO's).	

Course Code	PFP4PJ01
Course Title	PROJECT
Credits	5
Hours/week	15
Category	PROJECT (PJ)
Semester	IV
Regulation	2022

Course Objectives

- 1. To introduce the purpose and importance of research for future development and sustenance.
- **2.** To make the students plan and carry out the research work.
- **3.** To learn the methodology of writing thesis and research articles in journals.

Prerequisite: Interest in review writing and research

Evaluation of the Project Work:

The Controller of Examination appoints an External Examiner from the Panel of Examiners submitted by the Supervisor through the Head of the Department. Both the Supervisor and External Examiner will conduct the viva voce examination to the candidate and award marks.

Total Marks: 100

Quality of the Project Work and Dissertation : 50 Marks
Marks Oral Presentation : 25 Marks
Viva-voce : 25 Marks

There will be counseling for students regarding facilities available and about the Professors offering guidance. They can choose the topic of the project and the guide at the beginning of III semester. In case the student requires extension of time for submitting the dissertation, University rules will be followed.

Course Code	PFP2ME01
Course Title	FUNCTIONAL FOODS AND NUTRACEUTICALS
Credits	2
Hours/Week	4
Category	Major Elective (ME) – Theory
Semester	II
Regulation	2022

Course Overview

- 1. Functional foods and Nutraceuticals is associated with foods having bioactive substances providing health benefits and reduced risk of diseases.
- 2. The course is vital to elucidate the mechanism of action of the various bioactive substances.
- 3. The course imparts knowledge on the properties of phytochemicals and zoochemicals in prevention, treatment and management of non-communicable diseases.
- 4. The contents of the course reviews nutraceutical and herbal compounds available in the market, their health claims, and the evidence for their efficacy, safety, and adverse mechanisms in dietary supplement formulations.
- 5. The course aims to enthuse students to formulate and commercialize new products with functional ingredients that are nutritionally feasible, technically sound and compliant with national and international regulations.

Course Objectives

- 1. To recognize the impact of functional foods and nutraceuticals on health and wellness.
- 2. To compare and contrast the methods of classification, identification, extraction and characterization of functional foods and nutraceuticals.
- 3. To evaluate the safety implications and therapeutic applications of functional foods and nutraceuticals in the prevention, treatment and management of non-communicable diseases.
- 4. To critically examine the legal aspects and technical feasibility of formulating and labeling functional foods, dietary supplements and nutraceuticals with industry specifications.
- 5. To formulate bioactive functional food and nutraceutical products through a holistic approach that is in compliance with the health claims and regulatory framework.

Prerequisites Basic knowledge of food science and nutrition.

SYLLABUS

UNIT	CONTENT	HOURS	COs	COGNITIVE
				LEVEL
I	Concept of Functional Foods	13	CO1	K1, K2, K3,
	Background: Historical perspective and		CO2	K4, K5, K6
	evolution of health care and functional foods;		CO3	
	Concept and Definition; relationship between		CO4	
	functional foods, nutraceuticals, health and		CO5	
	disease. Effect of processing on functional			
	food ingredients.			
	Classification: Dietary Fiber, Fatty Acids,			
	Herbals And Botanicals, Soy Components,			
	Vitamins and Minerals, Phytochemicals,			
	Probiotics. Prebiotics and Synbiotics			
II	Nutraceuticals as science	10	CO1	K1, K2, K3,
	Introduction: Definition, Classification of		CO2	K4, K5, K6
	nutraceuticals based on chemical nature,		CO3	
	structure; food source; amount of		CO4	
	nutraceutical substance and mechanism of		CO5	
	action.			
	Phytochemicals as nutraceuticals:			
	Identification and extraction of bioactive			
	components from microbes, plant and			
	animal sources.			
III	Functional Foods, Nutraceutical And	13	CO1	K1, K2, K3,
	Health		CO2	K4, K5, K6
	Use of functional foods and nutraceuticals in		CO3	
	the treatment of colonic health,		CO4	
	cardiovascular health; cancer prevention;		CO5	
	weight management.			
	Use of functional foods and nutraceuticals in			
	the treatment bone health; mental health;			
	respiratory health and oral health.			
	Use of functional foods and nutraceuticals in			
	the treatment women's health and			
	enhancement of sporting performance.			
IV	Efficacy, Safety and Toxic Interactions	8	CO1	K1, K2, K3,
	Efficacy and Safety: Metabolism and		CO2	K4, K5, K6
	bioavailability of nutraceuticals; Meta-		CO3	

	analyses; and systematic reviews of		CO4	
	nutraceutical clinical trials, Safety and		CO5	
	beneficial interactions			
	Nutraceutical interactions: Toxic			
	contamination of nutraceuticals and food			
	ingredient, interactions between			
	nutraceuticals/nutrients and therapeutic			
	drugs, herb and drug interactions.			
V	Regulations Governing Functional Foods	8	CO1	K1, K2, K3,
	And Nutraceuticals Health Claims		CO2	K4, K5, K6
	Introduction of consumer marketing issues for		CO3	
	Nutraceuticals and Functional Foods		CO4	
	FSSAI regulations - Food Safety and		CO5	
	Standards (Health Supplements,			
	Nutraceuticals, Food for Special Dietary Use,			
	Food for Special Medical Purpose, Functional			
	Food, and Novel Food) Regulations, 2016 and			
	Amendments. DISHA.			
	Japan regulation -Foods for Specified Health			
	Uses (FOSHU), Food for Special Dietary			
	Uses (FOSDU), Foods with Nutritional			
	Function Claims (FNFC)			
	EU legislation, US legislation under NLEA-			
	Health claims approved by FDA - Health			
	Claims That Meet Significant Scientific			
	Agreement (SSA); Qualified Health Claims;			
	Structure/Function Claims; Nutrient Content			
	Claims.			

Text Books

- 1. Aguilar, C.N., & Haghi, A.K. (Eds.). (2021). Functional Foods and Nutraceuticals for Human Health: Advancements in Natural Wellness and Disease Prevention (1st ed.). Apple Academic Press. https://doi.org/10.1201/9781003097358.
- 2. Brian Lockwood,(2007) Nutraceuticals A guide for healthcare professionals, Second edition, Pharmaceutical Press.
- 3. Gupta, R. C. (2016). Nutraceuticals: Efficacy, safety and toxicity. London: Academic Press.
- 4. Johnson I. and Williamson G. ed.(2003) Phytochemical functional foods, CRC Press, Boca Raton Boston New York Washington, DC.
- 5. Ram B. Singh (2021) Functional Foods and Nutraceuticals in Metabolic and Non-communicable Diseases 1 Academic Press. https://doi.org/10.1016/C2019-0-00254-3

Suggested Reading

- 1. Arnoldi, A. (2004) Functional foods, cardiovascular diseases and diabetes. Woodhead publishing limited and CRC press LLC.
- 2. Chukwuebuka Egbuna, Genevieve Dable Tupas (2020) Functional Foods and Nutraceuticals: Bioactive Components, Formulations and Innovations 1st ed. Springer International Publishing http://doi.org/10.1007/978-3030-42319-3
- 3. Eskin, N. A. M., & Tamir, S. (2006). Dictionary of nutraceuticals and functional foods. Boca Raton, FL: Taylor & Francis Group/CRC Press.
- 4. Salminen, S., Lee, Y.K (2009) Handbook of Probiotics and Prebiotics. John Wiley & Sons. Inc. NewJersey.
- 5. Shannon Brown (2009) Functional Foods and Beverages in the U.S. 4th Edition May New Orleans, LA.

Web Resources

- 1. https://onlinecourses.swayam2.ac.in/cec22_ag02/preview
- 2. https://rb.gy/3azl33
- 3. https://bit.ly/34QLp4U
- 4. https://bit.ly/3BaDlZb

Course Outcomes (COs) and Cognitive Level Mapping

COs	CO Description	Cognitive
		Level
CO 1	To identify and describe the meaning, classification, properties,	K1, K2
	structure and potential applications of functional foods and	
	nutraceuticals.	
CO 2	To illustrate the classification, efficacy, therapeutic applications	K3
	and product formulations using bioactive substances.	
CO 3	To examine the regulatory compliance, technical feasibility,	K4
	safety and adverse effects of nutraceuticals and dietary	
	supplements.	
CO 4	To assess the efficacy of functional foods and nutraceuticals in	K5
	normal health and therapeutic conditions.	
CO 5	To summarize the methods of identification, characterization,	K6
	extraction, safety evaluation and regulations concerning	
	phytochemicals and zoochemicals and its impact on lowering	
	risk factors of chronic diseases.	

COURSE DESCRIPTOR			
Course Code	PFP2ME02		
Course Title	MANAGEMENT OF LIFESTYLE DISEASES		
Credits	2		
Hours/week	4		
Category	Major Elective (ME) Theory		
Semester	II		
Regulation	2022		

Course Overview:

- 1.Globalisation and industrial revolution has widened the spread of lifestyle disaeses at a faster pace leading to a heightened interest in nutrition and healthy lifestyle practices.
- 2. The aim of this course is to provide an in-depth understanding of the various aspects of lifestyle disease managment and providing intervention models for the prevention and treatment of lifestyle-related diseases namely obesity, cardiovascular diseases, diabetes, some neurological conditions and cancers.
- 3. The different units of the course covers details pertaining to the principles and interventions that apply to individual health behaviours and food pattern for both short and long-term health outcomes.
- 4. Important aspects of the course covers information related to nutritional requirement for significant changes at every stage of the normal life cycle in order to maintain optimal state of health and wellness.
- 5.The course intends to create and inculcate healthy food habits and adopt positive behavioural changes to overcome and manage lifestyle diseases.

Course Objectives:

OBJECTIVES:

- 1. To introduce basic concepts of health and wellness in the managment of healthy lifestyle pattern.
- 2. To understand and evaluate the health status using nutritional assessment tools and providing comprehensive nutrition care process.
- 3. To provide a fundamental understanding on the etiology, pathophysiology and dietary management of non comunicable diseases.
- 4.To inculcate the importance of food behaviours and its impact on physical, emotional and social well -being in promoting the quality of life to prevent lifestyle diseases.
- 5. To sensitize the importance of healthy food and lifestyle practices and its role at every stage in the life cycle.

Prerequisites:	Basic knowledge in life science and human nutrition.
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	SYLLABUS		COs	Cognitive
				level
UNIT	CONTENTS	HOURS		
I	An Introduction to Health and Lifestyle	10	CO 1	K1, K2, K3,
	Diseases		CO 2	K4, K5, K6
	o Health - Definition and foundation of		CO 3	
	good health -Concepts of health and		CO 4	
	Disease – Requirements of good health		CO 5	
	o Health indicators – Dimensions and			
	Determinants of health			
	o Diseases- Classification and types -			
	CDs and NCDs – An introduction			
	 Lifestyle diseases - Definition and Risk 			
	factors - Diagnosis and classification of			
	NCDs - Modifiable and Non-			
	modifiable risk factors for NCDs -			
	Global trends 2030 for NCDs			
II	Role of Nutrition in Management of	10	CO 1	K1, K2, K3,
	Lifestyle Diseases		CO 2	K4, K5, K6
	 The role of nutrition in treating and 		CO 3	
	preventing common lifestyle diseases.		CO 4	
	 The Nutritional Care Process: 		CO 5	
	Nutritional Assessment; Nutritional			
	diagnosis; Nutritional intervention;			
	Nutritional monitoring and evaluation.			
	 Dietary guidelines and nutrition 			
	prescriptions Lifestyle Disease			
	conditions			
	 Integration of dietary management and 			
	physical activity			
III	Metabolic disorders and Dietary	12	CO 1	K1, K2, K3,
	management		CO 2	K4, K5, K6
	o Cardiovascular diseases -Prevalence -		CO 3	
	Epidemiology of the disease among		CO 4	
	different ethnic groups- Physiological		CO 5	
	symptoms and disturbances –			
	Diagnostic criteria			
	o Obesity, Diabetes Mellitus and			
	Hypertension: Prevalence -			
	Epidemiology of the disease among			
<u> </u>	1 0,		I	

	different ethnic groups- Physiological			
	symptoms and disturbances –			
	Diagnostic criteria			
	 Etiology and pathogenesis in the onset 			
	of disease condition.			
	o Importance of diet and exercise in			
	treating, preventing and management			
	of the disease condition			
IV	Cancer and Dietary management	10	CO 1	K1, K2, K3,
	o Prevalence, Characteristics and types -		CO 2	K4, K5, K6
	Etiology; Physiological symptoms and		CO 3	
	disturbances; diagnosis		CO 4	
	 Cancer therapy and its complications - 		CO 5	
	Chemotherapy, Radiation therapy and			
	Surgery.			
	o Etiology and pathogenesis in the onset			
	of disease condition.			
	o Dietary management for cancer related			
	to lifestyle and dietary imbalances.			
V	Holistic approach to lifestyle disease	10	CO 1	K1, K2, K3,
	management:		CO 2	K4, K5, K6
	o Physiological, Psychological and		CO 3	
	behavioural changes – Inter-		CO 4	
	relationship between stress and health		CO 5	
	o Importance of sleep - Sleep pattern			
	and rhythm cycle and impact on health			
	○ Emotional and Mental Well-being – an			
	intervention for lifestyle diseases			

Textbooks for reference:

- 1. Kraus M. V. and L. K. Madan (2010)- Food; Nutrition and Therapy; W. B. Saunders Company; London; 12th Edition.
- 2. Robinson; C. H; M. R. Lawler; W. L. Chenoweth and A. E. Garwick (2004) Normal and Therapeutic Nutrition; 17th ed; Mac Millan Pub. Co
- 3. Kumar.K (2004) Guide to Prevention of Lifestyle Diseases, Deep and Deep Publications
- 4. Bharat B. Aggarwal, Sunil Krishnan, Sushovan Guha (2011) Inflammation, Lifestyle and Chronic Diseases: The Silent Link Oxidative Stress and Disease, CRC Press
- 5. James M.R (2013) Lifestyle Medicine, 2nd Edition, CRC Press.
- 6. Akira Miyazaki et al (2008) New Frontiers in Lifestyle-Related Disease, Springer.

Suggestive Readings:

- 1. Frates B, Bonnet JP, Joseph R, Peterson JA (2021) Understanding lifestyle medicine. Lifestyle Medicine Handbook: An Introduction to the Power of Healthy Habits. Monterey, CA, Healthy Learning.
- 2. Egger G, Binns A, Rossner S (2010). Chapter 1 Introduction to lifestyle medicine. In: Egger G, Binns A, Rossner Lifestyle Medicine: Managing Diseases of Lifestyle in the 21st Century. 2nd ed. North Ryde, Australia: McGraw-Hill.
- 3. DeCourten M, Egger G. Chapter 2 The epidemiology of chronic disease. In: Egger G, Binns A, Rossner Lifestyle Medicine: Managing Diseases of Lifestyle in the 21st Century. 2nd ed. North Ryde, Australia: McGraw-Hill; 2010.

Web resources:

- 1.https://www.un.org
- 2.https://www.cdc.gov
- 3.https://www.hsph.harvard.edu > nutrition source > disease.
- 4.http://www.instituteoflifestylemedicine.org

	Cognitive Level	
CO 1	To recognize the importance of health indicators and lifestyle pattern in determining the health and well-being of a society.	K1, K2
CO 2	To classify lifestyle and degenerative diseases and associate with food consumption and physical activity to prevent the onset of noncommunicable diseases.	K3
CO 3	To determine the etiology, pathophysiology and managment of various disease conditions and select appropriate dietary habits in overcoming the disease condition.	K4
CO 4	To predict the prognosis of a lifestyle disease by adopting Nutrition Care Process in ameliorating the disease condition on a long term basis.	K5
CO 5	To create novel ideas in compiling dietary regime for normal and therapeutic conditions associated with lifestyle change and improper dietary habits.	K6

COURSE DESCRIPTOR					
Course Code	PFP3ME01				
Course Title	SUSTAINABLE FOOD MANAGEMENT				
Credits	2				
Hours/Week	4				
Category	Major Elective (ME)-Theory				
Semester	III				
Regulation	2022				

Course Overview:

- 1. The course emphasizes the SMART goal- setting, power of networking, principles and functions of management in an organization.
- 2. This course explores current issues related to food security, and agricultural sustainability from a local, regional, national and international perspective. It focusses on sustainable food production solutions such as inter cropping, regenerative agriculture highlighting the significance of food waste management.
- 3. This course provides an understanding of the food supply chains, such as Public Distribution Systems, and agricultural subsidies offered by the government.
- 4. The course focuses on product pricing strategies, food costing, pricing and distribution control.
- 5. This course offers a better understanding of government initiatives/policies for the farmers and resource conservation.

Course objective:

- 1. To introduce the basic concepts of Management, Organizational behaviours, depreciation and appreciation systems.
- 2. To emphasize the need for sustainable agriculture to achieve zero hunger.
- 3. To understand Government policies on food supply chains and the constraints involved.
- 4. To explore the food based dietary approaches; national and international policies that influences food systems.
- 5.To provide information on the role of government and non-governmental organization in India and its contribution towards the progress of food sector and sustainability.

Prerequisites:	Knowledge on Food Science and Life Science.			

SYLLABUS					
UNIT	CONTENT	HOURS	COs	COGNITIVE MAPPING	
I	Basics on Management: Management: Concept of Management, Management Arts and Science, Management skills, levels of management. Fayol's administrative management, Managerial ethics. Workflow in the industry. Business forecasting: definition and methods of forecasting. Demand and supply analysis. Decision making: Characteristics, process of decision making and types of decisions. Machinery evaluation: appreciation and depreciation.	10	CO1,CO2,CO3, CO4,CO5	K1,K2,K3,K4, K5,K6	
II	Sustainable food system: Food security at the national and house hold levels. Trade, irrigation policies, nutrition policies, fertilizers and credit, other policies, macro and development strategies. Farming and agricultural practices. Climate change and food security.Food Supply Chain management: PDS advantages and disadvantages.Agro forestry and agro ecology.Post harvest and Food waste management in India.	12	CO1,CO2,CO3, CO4,CO5	K1,K2,K3,K4, K5,K6	

III	Pricing, food cost control and	10	CO1,CO2,CO3,	K1,K2,K3,K4,
	food buisness operations:		CO4,CO5	K5,K6
	Pricing: definition, factors			
	affecting pricing, kinds of			
	pricing, product pricing			
	strategies.Introduction to Cost			
	Control, Definition, Objectives			
	and Advantages of Cost Control,			
	Basic costing. Food costing:			
	Calculation of food cost.			
	Channels of distribution,			
	middlemen and franchise,			
	wholesaler and retailer.Food			
	Buisness operators management,			
	cloud kitchen operations.			
	operations.			
IV	Organisation role in food	10	CO1,CO2,CO3,	K1,K2,K3,K4,
	processing:		CO4,CO5	K5,K6
	Overall view of central		, , , , , , , ,	- , -
	industries and the nature of			
	work carried out - Facility and			
	expertise available, CFTRI,			
	DFRL, NIFTEM, NDRL,			
	NDRI, NABI, NECC -			
	Activities and role in food			
	processing and manufacture.			
	Spice board, coffee and tea			
	development board.			
	de veropinent sourd.			
V	Food manufacturing and	10	CO1,CO2,CO3,	K1,K2,K3,K4,
	Food Policies in India:		CO4,CO5	K5,K6
	Food manufacturing scenario in			
	India: Agriculture as industrial			
	setup and Agro based industries			
	- forward and backward			
	linkages. Food security policies			
	in India- challenges and			
	performances. Resilience based			
	on local diversity foods.			

Textbooks for reference:

- 1. Monika Thakur, V.K. Modi, Renu Khedkar, Karuna Singh. Sustainable Food Waste Management: Concepts and Innovations (2021).
- 2. Robert Biel, Sustainable food systems(2018)UCL press.
- 3. Jos Mooij Food Policy and the indian state: The public distribution system in India (1998).
- 4. Daniele Giovannucci et al., (2012). Food and Agriculture: The future of sustainability, United Nations Publishers.
- 5.Harold Koontz,HeinzWeihrich,Ramachandra Aryasri,(2010).Principles of Management, 12th edition,Tata Mcgraw Hill Pvt.ltd.

Suggestive Readings:

- 1."Biodiversity, Food and Nutrition: A New Agenda for Sustainable Food Systems" by Danny Hunter, Teresa Borelli and Eliot Gee.
- 2.WASTE: Uncovering the Global Food Scandal by Tristram Stuart.
- 3.Stuffed And Starved: Markets, Power And The Hidden Battle For The World Food System.
- 4. The Way We Eat: Why Our Food Choices Matter.

Web resources:

https://www.fao.org/3/y4671e/y4671e05.htm#TopOfPage https://www.avristech.com/food-waste-management-in-india/

	CO Description	Cognitive
COs		Level
		Mapping
CO 1	To recognize the mechanism of effective management systems in food sector and the initiatives taken at the regional, national and global levels on food sustainability.	K1, K2
CO 2	To examine the management principles governing food systems and the roles of government sectors and NGOs on food security.	К3
CO 3	To calculate the food cost and translate the knowledge obtained for an effective food business operations and food sustainability.	K4
CO 4	To assess the food manufacturing scenario, distribution patterns, food costing and minimizing post-harvest wastage in India,	K5
CO 5	To generate plans on decision making and goal setting to sensitize on food production to create awareness on food security /supply/ demand.	K6

COURSE DESCRIPTOR

Course Code	PFP3ME02
Course Title	ENTREPRENEURS FOR FOOD INDUSTRIES
Credits	2
Hours/Week	4
Category	Major Elective (ME) – Theory
Semester	III
Regulation	2022

Course Overview

- 1. The course on entrepreneurs for food industries encourages the entry into food processing sector by understanding the key issues faced by entrepreneurs at different stages of an enterprise.
- 2. The course lays foundation by outlining the elements in the entrepreneurial process from ideation to opportunity and from opportunity to a business plan.
- 3. The course offers understanding on food markets, consumer behavior, products, technology and legal standards in agri-entrepreneurship.
- 4. The contents of the course integrate functional aspects of entrepreneurship such as marketing, finance, manufacturing, and human resources.
- 5. The course also gives a basic understanding on the various governmental support systems available for the promotion and development of start-ups in food industries.

Course Objectives

- 1. To inculcate the skills necessary to start and sustain an entrepreneurial venture.
- 2. To analyze the business environment, recognize opportunities and generate business ideas.
- 3. To understand the process of setting up small enterprises.
- 4. To make critical decisions in marketing plan of food products.
- 5. To acquire knowledge necessary for new ventures required for resources and organizational matters.

Prerequisites: Nil

	SYLLABUS				
	CONTENT H		COs	COGNITIVE	
UNIT				LEVEL	
Ι	Introduction to Entrepreneurship:	12	CO1	K1, K2, K3,	
	Entrepreneur and entrepreneurship -		CO2	K4, K5, K6	
	Characteristics, nature and types, functions,		CO3		
	significance and barriers.		CO4		
	Recognizing Entrepreneurial Opportunities –		CO5		

	Entrepreneurial models – process and success models, Opportunity canvas analysis: Entrepreneurial Mindset, entrepreneurial motivation and entrepreneurial behavior; industry condition, industry status, macroeconomic change, and competition; and value innovation and opportunity identification. Case study and Success stories related to food enterprises.			
II	Business Opportunity Identification	10	CO1	K1, K2, K3,
	Business and its environment – Types of		CO2	K4, K5, K6
	business organizations, Micro and Macro		CO3	, ,
	environment, FMCG, Food Business		CO4	
	Operators (FBO) in food industry, consumer		CO5	
	behaviour models.			
	Conducting market survey: Tools,			
	Techniques and guidelines for a market			
	survey, Digital marketing.			
	Preparing a feasibility report: Project			
	development of a proposal for establishing an			
	enterprise and the techno-economic feasibility of the project			
III	Human Resources management for food	10	CO1	K1, K2, K3,
	business:		CO2	K4, K5, K6
	Definition, HR planning. HR philosophy of		CO3	
	food companies.		CO4	
	Recruitment, Selection process and		CO5	
	Communication – Job analysis, Job			
	description, Job specification.			
	Training and Development, Motivating			
	employees' Performance Appraisal and			
	compensation, Conflict resolution.			
IV	Marketing mix	10	CO1	K1, K2, K3,
	Product, new product development, product life		CO2	K4, K5, K6
	cycle- New food product - Definition -		CO3	
	Concept, need and general characteristics of		CO4	

	new food product; Classes of New Food products; Place: Marketing channel decision, retailing, wholesaling and distribution. Pricing decision, price determination. Promotion mix: (sales promotion, advertising, personnel selling, publicity). Ethics in Marketing		CO5	
V	Entrepreneurial Support System	10	CO1	K1, K2, K3,
	Major Schemes/Programmes of Government		CO2	K4, K5, K6
	of India for Development of Food & Agro		CO3	
	Based Enterprises.		CO4	
	MSME – PMEGP, CGTMSE, CLCS,		CO5	
	SFURTI, MSE-CDP, Honey Mission			
	MOFPI – Kisan Sampada Yojana, PMFME			
	scheme			
	Ministry of Agriculture - Integrated Scheme			
	for Agricultural Marketing (ISAM),			
	Agriculture Infrastructure Fund			
	APEDA – Infrastructure, Quality			
	improvement, Marketing intelligence.			
	Pradhan Mantri Mudra Yojana (PMMY)			
	Regulatory bodies – FSSAI, AGMARK			
	Certification, BIS, MPEDA, EIC,			
	Directorate of Plant Protection, Quarantine			
	and Storage.			
	Entrepreneurial Support System -			
	Commercial Banks, State Financial			
	Corporations, Small Industries			
	Development, NABARD, NSIC, Khadi			
Toy Do	Village and Industries.			

Text Books

- 1. Gupta .C.B and Srinivasan N.D(2005).Entrepreneurial Development, 6th edition, New offset press Delhi, India.
- 2. Jayashree Suresh (2011). Entrepreneurial Development, 5th edition, Margham Publications, Chennai.
- 3. Khanka SS (2012). Entrepreneurial Development, 4th edition, Chand and company Pvt ltd ., Delhi.
- 4. Kotler, P. Keller, K.L(2006). Marketing management, 12th edition. Pearson

Education, Singapore.

5. Stephen P.Robbins,Mary Coutler and Neharkha Vohra(2010).Manangement , 10th edition, Baba Barkha Nath Printers.

Suggested Reading

- 1. Casson, Mark, and Peter J. Buckley. (2010) Entrepreneurship. Cheltenham (UK): E. Elgar
- 2. Hisrich, R. D., Peters, M. P., & Shepherd, D. A. (2020). Entrepreneurship. New York, NY: McGraw-Hill Education.
- 3. Kimball, C., & Entrepreneur Media, Inc. (2016). Start your own specialty food business: Your step-by-step guide to success.
- 4. Vasant Desai (2012). Fundamentals of Entrepreneurship and Small Business Management, Himalya Publishing House Pvt. Ltd., Mumbai .
- 5. Weber, David. (2012) The food truck handbook: start, grow, and succeed in the mobile food business. Hoboken, N.J.: Wiley.

Web Resources

https://bit.ly/3rF9QeE

https://nptel.ac.in/courses/110/106/110106141

https://nptel.ac.in/courses/127/105/127105007

Course Outcomes (COs) and Cognitive Level Mapping

COs	CO Description	Cognitive Level
CO 1	To identify and recognize entrepreneurial opportunities and	K1, K2
	services within the food industry.	
CO 2	To develop an understanding about the nature and relevance of	K3
	entrepreneurialism in creating and evaluating opportunities in	
	the food business.	
CO 3	To determine the competencies and resources that	K4
	entrepreneurs need to start, maintain, and grow an enterprise.	
CO 4	To evaluate internal and external business environment for	K5
	strategic decision-making.	
CO 5	To integrate various entrepreneurial process to plan and launch	K6
	a new venture with innovation and sustainability.	

COURSE DESCRIPTOR

Course Code	PFP3ID01
Course Title	FOOD BIOTECHNOLOGY
Credits	3
Hours/Week	6
Category	Interdisciplinary (ID) - Theory
Semester	III
Regulation	2022

Course Overview

- 1. Explore the origins of biotechnology, the legislation and social issues related to biotechnology in food
- 2. Gives the knowledge on the genetic manipulation of microorganisms for food production
- 3. The student will gain basic knowledge of GMOs/GMCs, Role of microorganism in food biotechnology and their various applications in food sector.

Course Objectives

- 1. To impart basic knowledge about components of different process equipment and unit operation associated with them
- 2. The student will gain basic knowledge of technology and methods for development of various food products.
- 3. To understand genetically modified microorganisms and their applications in foods
- 4. To understand the methodologies to improve production and modify the qualities of food.
- 5. To gain knowledge on the molecular methodologie of identification of foof pathogens

Prerequisites	Basic Knowledge on food science	

	SYLLABUS			
Unit	Content	Hours	COs	Cognitive level
I	Fermentation in Food Biotechnology	16	CO 1	K1, K2,
	 Types of Fermentation - Submerged 		CO 2	K3, K4,
	Fermentation, Solid-State Fermentation		CO 3	K5, K6
			CO 4	
	Submerged Fermentor Systems - Stirred To A. R. S. R. S.		CO 5	
	Tank Bioreactor, Air Lift Bioreactor,			
	Fluidized Bed Bioreactor, Microcarrier			
	Bioreactor, Membrane Bioreactor,			
	Photobioreactor.			
	 Solid-State Fermentor Systems - 			
	Laboratory Scale SSF bioreactor,			
	Industrial Scale SSF Bioreactor.			
	maustral scale ssr bioleactor.			
	 Stages in a Fermentation Process - 			
	Upstream Processing, Fermentation			
	Medium ,Components of Industrial			
	Fermentation Medium, Sterilization,			
	Inoculation . Fermentation Process -			
	Modes of Operation, Agitation, Aeration,			
	Process Monitoring and Control			
	Scale up and scale downd			
II	Downstream Processing & Product recovery	16	CO 1	K1, K2,
	 Separation of insoluble products - 		CO 2	K3, K4,
	filtration, centrifugation, sedimentation,		CO 3	K5, K6
	flocculation; Cell disruption		CO 4	
	Separation of soluble products: liquid-		CO 5	
	liquid extraction, precipitation,			
	chromatographic techniques, reverse			
	osmosis, ultra and micro filtration,			
	electrophoresis			
	 Final purification: drying; crystallization; 			
	storage and packaging.			
III	Biotransformations in Food Industries	15	CO 1	K1, K2,
	 Potential of Microbial and plant cells to 		CO 2	K3, K4,
	carry out biotransformation		CO 3	K5, K6
	Reactions involved in biotransformations		CO 4	, ,
	- Reactions involved in biotiansformations			

Text Books

- 1. Anthony Pometto, Kalidas Shetty, Gopinadhan Paliyath, Robert E. Levin, 2005. Food Biotechnology. CRC Press, New York
- 2. Aly Farag, Robert Levin and Jianping Xu,2018. Molecular techniques in Food biology. Wiley &

Sons, USA

3. Byong H.Lee, 2015. Fundamentals of Food Biotechnology. Wiley-Blackwell, USA

- 4. Kalidas Shetty Gopinadhan Paliyath Anthony Pometto Robert E. Levin,2206.Food Biotechnology, second edition,CRC Press, New York
- Roger Angold, Gordon A. Beech, John Taggart, 1989. Food Biotechnology, Cambridge University Press, New York

Suggested Readings

Johnson-Green, 2002. Introduction to Food Biotechnology, First Edition, CRC Press, New York

Gutiérrez, G., Barbosa-Cánovas, G.V., 2003. Food science and food biotechnology. CRC Press, New York.

Knut J. Heller.,2006. Genetically Engineered Food. Methods and Detection, Second Edition. Wiley, USA

Lee, B. H. (Byong H.),2015. Fundamentals of food biotechnology,Second edition. JohnWiley & Sons,USA

David Castle, Nola Ries., 2009. Nutrition and Genomics: Issues of Ethics, Law, Regulation and Communication. First Edition. Academic Press. UK

Web Resources

- 1. https://www.who.int/foodsafety/publications/biotech/biotech_en.pdf
- 2. https://pborhome.files.wordpress.com/2019/08/food-biotechnology-second-edition-pdfdrive.com-.pdf
- 3. https://foodinsight.org/wp-content/uploads/2013/04/Biotech-Comms-Guide_2013.pdf
- 4. https://www.scirp.org/journal/fns/

Course Outcomes (COs) and Cognitive Level Mapping

COs	CO Description	Cognitive
COS		Level
CO 1	To develop an understanding of the application of biotechnology in animal, plant and food production	K1, K2
CO 2	Comprehend the principle of microbial transformations and fermentations in food production	К3
CO 3	Knowledge about the beneficial role of microorganisms and different types of fermented foods	K4
CO 4	Apply the principles of sensory science in product development and optimization, studies of alternative processing of food K5	
CO 5	Gaining detailed knowledge of molecular methods in identification of food pathogens	K6

COURSE DESCRIPTOR		
Course Code	PFP2CD01	
Course Title	DYNAMICS OF FOOD AND HEALTH	
Credits	1	
Hours/ week	3	
Category	Cross Disciplinary (CD)	
Semester	II	
Regulation	2022	

Course Overview:

- 1. Food is the basic necessity of humankind and the encompasses physiological, psychological and cultural functions in order to maintain normal health and well-being.
- 2. The aim of this course is to provide fundamental knowledge of the nutrients present in food and their functions in the human system.
- 3. The contents outlined in the course focusses on the basic information on physical activity pattern and its impact on health.
- 4. The course is designed to highlight the importance of making right food choices and fitness regimen for a healthy living.
- 5. The course focusses on interpreting food and nutrient labels, health claims of food products and dietary supplements available in the market.

Course Objectives:

- 1. To create awareness on the importance of food in health and well-being.
- 2. To introduce the basic concepts of healthy food choices and their relationship to a disease free life.
- 3. To understand the role of food, physical activity and emotional well-being in maintaining a productive positive and quality living.
- 4. To inculcate the importance of the nutrients and interpretation of food labels in making informed food choices in combating lifestyle diseases.
- 5. To apply the knowledge obtained in developing a healthy society.

Basic knowledge in life science and an aptitude to explore new
avenues in the area of food and health.

SYLLABUS Hours Co	Cognitive
LINE	level
UNIT CONTENTS I Health and Well-being: 8 CO 1	V1 V2 V2
	K1, K2, K3,
Definition, Dimensions of health and factors CO 2	K4, K5, K6
affecting health. Definition of disease, Causes CO 3	
of lifestyle changes and disease onset. Measures to prevent health hazard - Health CO 4	
indicators - Physiological, psychological and	
socio - cultural factors leading to health and disease. National and Global burden of	
malnutrition.	
II Food for health promotion: 8 CO 1	V1 V2 V2
II Food for health promotion: Definition and functions of Food – Nutritive CO 1 CO 2	K1, K2, K3,
value of foods and mechanism of metabolism CO 2	K4, K5, K6
and body composition, health implications, and weight control, BMR and BMI	
calculations, Factors influencing energy	
requirements	
III Food and Balanced diet for Health 8 CO 1	K1, K2, K3,
improvement:	K4, K5, K6
Objectives and food selection for a balanced CO 3	11, 113, 110
living. Health education – Definition, CO 4	
importance of holistic approach for health-	
Insight into improving informed food choices	
and balanced diet, importance of setting	
achievable goals and reaching the goal for a	
healthy living.	
neutry fiving.	
IV Assessment of Nutritional status and 8 CO 1	K1, K2, K3,
Nutrition Care Process CO 2	K4, K5, K6
Significance of Anthropometry- weight and CO 3	,
height measurements; Identification of CO 4	
clinical signs of common nutritional CO 5	

	disorders; Dietary assessment – FFQ and 24-hour diet recall; Outline of Nutrition Care Process and its relevance to optimising health promotion.			
V	Food, Fitness and healthy living: Definition of fitness and health; Role of nutrition in fitness; Importance and benefits of physical activity; Physical Activity – frequency, intensity, time and type with examples; Physical Activity Guidelines and physical activity pyramid; Diet and exercise for weight management; Food and Fad (dietary supplements) diets and their impact on health outcome. Interpretation of food and	7	CO 1 CO 2 CO 3 CO 4 CO 5	K1, K2, K3, K4, K5, K6
	nutrient labelling, health claims			

Textbooks for reference:

- 1. Mahan L K and Escott Stump S (2013). Krause's Food & Nutrition Therapy, 13th ed. Saunders-Elsevier.
- 2. Stacy Nix (2009). William's Basic Nutrition and Diet Therapy, 13th Edition. Elsevier Mosby.

Suggestive Readings:

- 1. Wardlaw, Smith (2012) Contemporary Nutrition: A Functional Approach.
- 2. Williams Melvin (2004). Nutrition for health, fitness and sports. Mc Graw Hill.
- 3. Joshi AS (2010) Nutrition and Dietetics Tata Mc Graw Hill. 2nd edition,
- 4. ICMR (2010). Nutrient Requirements and Recommended Dietary Allowances for Indian
- 5. Martin Eastwood (2003)Principles of Human Nutrition, II Edition, Blackwell Publishing Company

Web resources:

- 1.https://www.frontiersin.org/journals/nutrition
- 2.https://www.journalofexerciseandnutrition.com
- 3.https://www.foodandnutritionjournal.org
- 4. https://www.fao.org/nutrition/education/healthy-eating-resources/en/
- 5. https://www.hsph.harvard.edu/nutritionsource/

DYN	IAMICS OF FOOD AND HEALTH (CD)	Cognitive Level
CO 1	To define the importance of health and well- being and recognize its significance to maintain the normal functions of the human system.	K1, K2
CO 2	To determine the relationship between healthy food choices and lifestyle pattern and identify the importance of lifestyle changes in relation to the onset of disease conditions.	K3
CO 3	To outline the different nutritional assessment tools for identifying nutritional status and to make the right food choices for optimal health and living.	K4
CO 4	To critically analyse the importance of balanced diet, health claims, dietary supplements and physical activity to sustain a healthy lifestyle for all age groups.	K.5
CO 5	To integrate the knowledge gained in developing appropriate food and exercise regimen.	K6

COURSE DESCRIPTOR

Course Code	PFP3VA01
Course Title	SCIENCE FOR SUSTAINABLE FUTURE
Credits	1
Hours/Week	2
Category	Value Added Courses (VA)
Semester	III
Regulation	2022

Course Overview

- 1. This course covers the essential aspects of food, water, air, and energy required for daily human life.
- 2. One of the goals of this paper is to provide information on disaster management.
- 3. This course emphasizes the significance of food quality and safety.
- 4. Other applications of this course include: different types of food additives and their effects on human health, biomass energy, fire safety management, and so on.
- 5. This course examines the role of information technology in the environment and human health.

Course Objectives

- 1. To understand the purpose of food safety and quality.
- 2. To be aware of the different water purification methods.
- 3. To assess the level of pollution in the environment.
- 4. To gain knowledge of disaster management.
- 5. To acquire knowledge for alternative energy sources for long-term development.

SYLLABUS						
Unit	CONTENT	Hours				
I	FOOD QUALITY Food contamination and adulteration- Reasons-Types- Methods- Effects- Detection of food contaminants and adulterants, their prevention- Food laws and regulations in our country-Food additives and preservatives-Proper usage and harmful effects of	5				
II	additives on human health. WATER PURIFICATION Sources of water-Common impurities-Hard and soft water-Cause of hardness-Types of hardness in water-BIS specifications of drinking water, Water used for food processing -Requirement of water for industries-Water purification process for domestic supply-Desalination of water by Reverse Osmosis.	5				

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		ENVIRONMENTAL POLLUTION & PREVENTION	ı		
		Causes, harmful effects and control measures of air, water, noise,	ı		
	III	soil, marine and thermal pollution- Solid waste management:			
	111	causes, effects and control measures of municipal solid wastes- E-			
		waste and its effect on human health-World food problems-Effects	İ		
		of modern agriculture,-fertilizer-pesticide problems.	1		
		ALTERNATE ENERGY RESOUCES			
		Renewable energy for food processing- Crop waste as a source of	İ		
		bioenergy- Biogas from organic sources- solar dryers, Solar	İ		
	IV	bakeries and refrigerator- Biomass energy from food wastes-Clay			
		pot refrigerators- Minimising carbon footprint- Hydrogen fuels-	İ		
		CNG- LPG- Role of an individual in conservation of natural	İ		
		resources-Equitable use of resources for sustainable life style.	İ		
ľ		SAFETY MANAGEMENT	- I		
		Disaster management: Floods-Cyclone-Landslides-Earthquakes-	İ		
	17	Tsunami, Role of Information technology in environment: Remote	6		
	V	sensing, Data base, Geographical information system (GIS),	6		
		Satellite data, World wide web-Role of Information technology in	1		
		human health-Fire safety management.	1		

Text Books

- 1. B.Srilakshmi. 2018, Food Science, 7th multi-color edition, New age international publishers.
- 2. P.C. Jain, 2015, Engineering Chemistry, 17th edition, Dhanpat Rai publishing company.
- 3. SS.Dara and SS. Umare, 2003, Textbook of Engineering Chemistry, S.Chand and company.
- 4. D.A.Ravikrishnan, 2019-2020, Engineering Chemistry, Srikrishna Hitech Pulishing Company Pvt. Ltd.
- 5. Anubha Kaushik and C.P. Kaushik, 2009, Environmental Science And Engineering, 4th edition, New age international publishers.
- 6. B. K. Sharma (1994) Industrial Chemistry: Including Chemical Engineering, Goel
- 7. Thankamma Jacob (1976) Food adulteration, Macmillan Company India, 1st edition.

Suggested Readings

- 1. G.D.Gem Mathew (2013) Chemistry in everyday life, Vishal Publishing Co.1st edition.
- 2. K. Bagavathi Sundari (2006) Applied Chemistry, MJP Publishers, 1st edition.
- 3. Mary George and Geetha Swaminathan (2002) Laboratory Chemical Methods in Food Analysis, Margham Publications, Chennai, 2nd edition.
- 4. C. A. Heaton (1996) An Introduction to Industrial Chemistry, Springer Science & Business Media, 3rd edition.
- 5. A.K.De (1987) Environmental Chemistry, Wiley eastern Ltd, 2nd edition.

Web Resources

- 1. https://www.britannica.com/topic/food-additive/Sweeteners
- 2. https://www.ncbi.nlm.nih.gov/books/NBK11769/
- 3. https://www.iwapublishing.com/news/disaster-management
- 4. http://ecoursesonline.iasri.res.in/mod/page/view.php?id=26278
- 5. https://theconversation.com/heres-how-food-waste-can-generate-clean-energy-176352

Course Outcomes (COs) and Cognitive Level Mapping

COs	CO Description	Cognitive Level
CO 1	To discuss the fundamentals of chemistry in food, water and environment.	K1, K2
CO 2	To illustrate the importance of food quality, fuels, various types of pollution and its prevention.	К3
CO 3	To develop methods for purification of water and disaster management for a sustainable life style.	K4
CO 4	To evaluate the importance of detection of food contaminants, adulterants and safety management.	K5
CO 5	To create knowledge about various types of food additives, preservatives, environmental pollution and energy resources.	K6

LOCF BASED DIRECT ASSESSMENTS

COGNITIVE LEVEL (CL) AND COURSE OUTCOME (CO) BASED CIA QUESTION PAPER FORMAT (PG)

SECTION		Q. NO COGNITIVE LEVEL (CL)						
			K1	K2	К3	K4	K5	K6
A	$(5 \times 1 = 5)$	1(a)	+					
	Answer ALL	(b)	+					
		(c)	+					
		(d)	+					
		(e)	+					
	$(5 \times 1 = 5)$	2(a)		+				
	Answer ALL	(b)		+				
		(c)		+				
		(d)		+				
		(e)		+				
В	$(1 \times 8 = 8)$	3			+			
	Answer 1 out of 2	4			+			
C	$(1 \times 8 = 8)$	5				+		
	Answer 1 out of 2	6				+		
D	$(1 \times 12 = 12)$	7					+	
	Answer 1 out of 2	8					+	
E	$(1 \times 12 = 12)$	9						+
	Answer 1 out of 2	10						+
No. of CL bas	ed Questions with Max. m	arks	5 (5)	5 (5)	1 (8)	1 (8)	1 (12)	1 (12)
No. of CO bas	No. of CO based Questions with Max. marks		C	01	CO2	CO3	CO4	CO5
		Γ	10	(10)	1 (8)	1 (8)	1 (12)	1 (12)

Forms of questions of **Section A** shall be MCQ, Fill in the blanks, True or False, Match the following, Definition, Missing letters. Questions of **Sections B, C, D** and **E** could be Open Choice/ built in choice/with sub sections. Component III shall be exclusively for cognitive levels K5 and K5 with 20 marks each. CIA shall be conducted for 50 marks with 90 min duration.

COGNITIVE LEVEL (CL) AND COURSE OUTCOME (CO) BASED END SEMESTER EXAMINATION QUESTION PAPER FORMAT (PG)

SECTION		Q. NO	Q. NO COGNITIVE LEVEL (CL)					
			K1	K2	К3	K4	K5	K6
A	$(5 \times 1 = 5)$	1(a)	+					
	Answer ALL	(b)	+					
		(c)	+					
		(d)	+					
		(e)	+					
	$(5 \times 1 = 5)$	2(a)		+				
	Answer ALL	(b)		+				
		(c)		+				
		(d)		+				
		(e)		+				
В	$(3 \times 10 = 30)$	3			+			
	Answer 3 out of 5	4			+			
		5			+			
		6			+			
		7			+			
С	$(2 \times 12.5 = 25)$	8				+		
	Answer 2 out of 4	9				+		
		10				+		
		11				+		
D	$(1 \times 15 = 15)$	12					+	
	Answer 1 out of 2	13					+	
E	$(1 \times 20 = 20)$	14						+
	Answer 1 out of 2	15						+
No. of CL bas	ed Questions with Max. m	narks	5 (5)	5 (5)	3 (30)	2 (25)	1 (15)	1 (20)
No. of CO bas	ed Questions with Max. n	narks	C	01	CO2	CO3	CO4	CO5
		Г	10	(10)	3 (30)	2 (25)	1 (15)	1 (20)

IMPORTANT

- Forms of questions of **Section A** shall be MCQ, Fill in the blanks, True or False, Match the following, Definition, Missing letters.
- Questions of **Sections B, C, D and E** could be Open Choice/ built in choice/questions with sub divisions.
- Maximum sub divisions in questions of Sections B, C shall be 2 and 4 in Sections D, E).

TOTAL MARKS DISTRIBUTION OF DIRECT ASSESSMENTS BASED ON CL AND CO (PG)

Course Outcome	CO1		CO2	CO3	CO4	CO5	TOTAL
Cognitive Levels	K1	K2	К3	K4	K5	K6	
CIA 1	5	5	8	8	12	12	50
CIA 2	5	5	8	8	12	12	50
Comp III	-	-	-	-	20	20	40
Semester	5	5	30	25	15	20	100
Total Marks (CL)	15 (6%)	15 (6%)	46 (19%)	41 (17%)	59 (25%)	64 (27%)	240
Total Marks (CO)	30 (12%)		46 (19%)	41 (17%)	59 (25%)	64 (27%)	240