



Department of Physical Education

AL Mudhaliar Meet 2015

First day Results – 18.12.15

Events	Loyola College	Other Colleges
5000 Meters	Gold	Silver (D.B. Jain)
Pole Vault	Gold & Silver with 2 meet Record	Bronze (MCC)
800 meters	Gold & Silver with 2 meet Record	Bronze (DG Vaishnav)
20KM Walk	Gold	Silver (DG Vaishnav)
Hammer Throw	Silver	Gold (Presidency) & Bronze (MCC)
Triple Jump	Silver	Gold (Presidency) & Bronze (MCC)

Loyola's Medals:-

4 Gold, 4 Silver, 1 Bronze

Second day Results – 19.12.15

Events	Loyola College	Other Colleges
10000 Meters	-	Gold (D.B.Jain)
Shot Put	Gold	Silver (Presidency), Bronze (MCC)
400 meters	Silver & Bronze	Gold (D.G. Vaishnav)
100 Meters	Silver & Bronze	Gold D.B. Jain)

Loyola's Medals:-

5 Gold, 6 Silver, 3 Bronze

Final day Results – 20.12.15

Events	Loyola College	Other Colleges
Half Marathon	Gold	Silver (MCC)
Long jump	Gold & Silver	Bronze (MCC)
200 meters	Silver & Bronze	Gold (D.G. Vaishnav)
1500 Meters	Gold & Bronze	Silver (MCC)
4x100 Relay	Gold	Silver (D. B. Jain)
4x400 Relay	Gold	Silver (MCC)
Discus	Bronze	Gold (MCC)

Loyola's 14 Consecutive AL Mudhaliar Sports Meet title:-

10 Gold, 10 Silver, 6 Bronze

M.O.P. Vaishnav and Loyola are overall champions



BEST ATHLETES: P.N. Sowndharya of M.O.P. Vaishnav College and R. Mohan Kumar of D.G. Vaishnav College who won the men's and women's individual championship titles. —PHOTO: M. Moorthy

Loyola and M.O.P. Vaishnav emerged overall champions in the men's and women's categories of the Dr. A. Lakshmanaswamy Memorial silver jubilee commemoration athletics meet held at the Jawaharlal Nehru stadium on Sunday.

R. Mohan Kumar of D.G. Vaishnav College and P.N. Sowndharya of M.O.P. Vaishnav College won the men's and women's individual championship titles.

The results:

Men: 110m hurdles: Thiyagarajan (MCC) 14.9s, R. Logeshwaran (Loyola) 15.2s, Naveen Kirubakaran (Loyola) 15.3s; **Long jump:** Elakkiyadasan (Loyola) 7.09m, R. Swaminathan (Loyola) 6.87m, R. Samuvel (MCC) 6.86m; **200m:** R. Mohan Kumar (D.G. Vaishnav) 21.4s [NMR; OR: 21.5s], C. Aakash Babu (Loyola) 22.1s, P. Akash (Loyola) 22.3s.

Discus: N. Sathish (MCC) 42.85m, Rajarajan (MCC) 37.45m, K. Kaushik (Loyola) 36.92m; **1500m:** Vellayathevan (Loyola) 4:01.5s, Beniyamen Daniel (D.G. Vaishnav) 4:06.1, Mukesh Kannan (Loyola) 4:13.0s; **High jump:** K. Vinith (A.M. Jain) 1.95m, L. Venkatesan (MCC) 1.90m, D. Tamizharasu (MCC) 1.80m.

Decathlon: Theivendran (Presidency) 6054pts, Krishnakumar (MCC) 5895pts, Vinothkumar (Loyola) 4872pts; **400m relay:** Loyola 41.6s, D.B. Jain 42.7s, MCC 43.2s; **1600m relay:** Loyola 3:22.5s, MCC 3:31.4s, R.V. Govt arts 4:09.7s.

Women: Half marathon: Poongodi (Soka Ikeda) 1:49.35.5s, N. Surya (M.O.P. Vaishnav) 1:51:55.9s, S. Suganya (Ethiraj) 1:56:01.5s; **200m:** P.N. Sowndharya (M.O.P. Vaishnav) 24.7s, D. Maria Rasathi (Soka Ikeda) 25.8s, R. Varsha (Ethiraj) 26.7s.

Long jump: Monicka (M.O.P. Vaishnav) 5.49m, S. Ramya (M.O.P. Vaishnav) 5.40m, Rochella Maria Macfarlane (Stella Maris) 5.35m; **1500m:** K. Priya (Soka Ikeda) 4:48.1s [NMR; OR: 4:35.0s], Sathiya Priya (WCC) 5:31.5s, Pavithra (S.C.P. Jain) 5:45.5s; **Heptathlon:** M. Sowmiya (SDNB Vaishnav) 4336pts, Kanimozhi (M.O.P. Vaishnav) 3690pts, Malini (JBAS) 3064pts.

400m relay: M.O.P. Vaishnav 49.6s, Ethiraj 50.7s, WCC 52.3s; **1600m relay:** Soka Ikeda 3:58.1s [NMR; OR: 3:59.4s], Ethiraj 4:14.8s, M.O.P. Vaishnav 4:19.9s.

Championship: Men: Loyola; **Women:** M.O.P. Vaishnav; **Individual championship: Men:** R. Mohan Kumar (D.G. Vaishnav); **Women:** P.N. Sowndharya (M.O.P. Vaishnav).

FROM AROUND THE WEB

MOP Vaishnav Girls Bag Overall Crown

By Express News Service | Published: 22nd December 2015 04:34 AM Last Updated: 22nd December 2015 04:34 AM

Email 0



MOP Vaishnav, winners of the Dr A Lakshmanaswamy Mudaliar Memorial silver

CHENNAI: Loyola College, with 29 medals, and MOP Vaishnav, with 23 medals, emerged overall champions in the men's and women's categories, respectively, at the Dr A Lakshmanaswamy Mudaliar Memorial silver jubilee commemoration athletics meet held at Jawaharlal Nehru Stadium.

Meanwhile, R Mohan Kumar of DG Vaishnav College, with 1009 points, and PN Sowndharya of MOP, with 1000 points, won the men's and women's individual titles, respectively.

Results: Men: Half-marathon: 1. Vinu Wilson (Loyola) 1:20:06s, 2. Gowarishankar (MCC) 1:29:16s, 3. G Rajendran (MCC) 1:29:39s. 110m hurdles: 1. Thiyagarajan (MCC) 14.9s, 2. R Logeshwaran (Loyola) 15.2s, 3. Naveen Kirubakaran (Loyola) 15.3s. Long jump: 1. Elakkiyadasan (Loyola) 7.09m, 2. R Swaminathan (Loyola) 6.87m, 3. R Samuvel (MCC) 6.86m. 200M: 1. R Mohan Kumar (DG Vaishnav) 21.4s (NMR), 2. C Aakash Babu (Loyola) 22.1s, 3. P Akash (Loyola) 22.3s. Discus throw: 1. N Sathish (MCC) 42.85m, 2. Rajarajan (MCC) 37.45m, 3. K Kaushik (Loyola) 36.92m. 1500M: 1. Vellayathevan (Loyola) 4:01.5s, 2. Beniyamen Daniel (DG Vaishnav) 4:06.1, 3. Mukesh Kannan (Loyola) 4:13.0s. High jump: 1. K Vinith (AM Jain) 1.95m, 2. L Venkatesan (MCC) 1.90m, 3. D Tamizharasu (MCC) 1.80m. Decathlon: 1. Theivendran (Presidency) 6054pts, 2. Krishnakumar (MCC) 5895, 3. Vinothkumar (Loyola) 4872. 400m relay: 1. Loyola 41.6s, 2. DB Jain 42.7s, 3. MCC 43.2s. 1600m relay: 1. Loyola 3:22.5s, 2. MCC 3:31.4s, 3. RV Govt Arts 4:09.7s.

Women: Half-marathon: 1. Poongodi (Soka Ikeda) 1:49.35s, 2. N Surya (MOP Vaishnav) 1:51:55s, 3. S Suganya (Ethiraj) 1:56:01s. 200M: 1. PN Sowndharya (MOP Vaishnav) 24.7s, 2. D Maria Rasathi (Soka Ikeda) 25.8s, 3. R Varsha (Ethiraj) 26.7s. Long jump: 1. Monicka (MOP Vaishnav) 5.49m, 2. S Ramya (MOP Vaishnav) 5.40m, 3. Rochella Maria Macfarlane (Stella Maris) 5.35m. 1500M: 1. K Priya (Soka Ikeda) 4:48s (NMR), 2. Sathiya Priya (WCC) 5:31s, 3. Pavithra (SCP Jain) 5:45s. Heptathlon: 1. M

Sowmiya (SDNB Vaishnav) 4336pts, 2. Kanimozhi (MOP Vaishnav) 3690, 3. Malini (JBAS) 3064. 400m relay: 1. MOP Vaishnav 49.6s, 2. Ethiraj 50.7s, 3. WCC 52.3s. 1600m relay: 1. Soka Ikeda 3:58s (NMR), 2. Ethiraj 4:14s, 3. MOP Vaishnav 4:19s.

Championship: Men: Loyola (29 medals); Women: MOP Vaishnav (23 medals).

Individual championship: Men: R Mohan Kumar (DG Vaishnav) 1009 points; Women: PN Sowndharya (MOP Vaishnav) 1000 points.