



LOYOLA COLLEGE(AUTONOMOUS)

DEPARTMENT OF SOCIOLOGY

CORDIALLY INVITES  
YOU TO THE

# Guest LECTURE

Delivered By

**Mr. T.RAJA**

*Assistant commandant, CISF  
&  
Alumnus*

JULY

WEDNESDAY

19

10:00 AM

2023

VENUE: MS 03

# COMPETITIVE EXAM ASPIRANTS



**Mr. Raja**

**Asst. COMMANDANT  
CISF**

**19/07/2023**

# INVITED LECTURE FOR BA STUDENTS

**On July 19, 2023, the Department of Sociology had the privilege of hosting a distinguished alumnus and former professor of the Department of Sociology, Mr. Raja. Who has cracked the prestigious Central Armed Police Forces 2021 (CAPF) and secured AIR 17, which is conducted by the Union Public Service Commission (UPSC). The lecture aimed to inspire and inform students about the significance of the UPSC examination and the potential opportunities it offers for a career in public service. The session was organized by the Department of Sociology and witnessed an enthusiastic turnout of students and faculty members.**

## HIGHLIGHTS

- 1. Introduction and Motivational Address: The lecture commenced after a warm welcome to the esteemed alumnus. He shared his experiences and memories from his time at Loyola, reflecting on how the educational institution played a crucial role in shaping his character and aspirations. The speaker delivered a motivational address, encouraging students to aim high and pursue a career in the civil service.**
- 2. The Significance of UPSC: He educated the students about the significance of the UPSC examination and the various services it offers. He explained the role of civil servants in the nation's governance and how their work impacts the lives of millions of people.**

**3. Preparing for the UPSC Examination:** The lecture focused on practical advice for aspiring candidates who are interested in appearing for the UPSC examination. He shared his personal strategies, study routines, and the resources he used during his preparatory phase. He stressed the importance of comprehensive understanding and analytical thinking, rather than just rote learning, to tackle the diverse topics covered in the examination.

**4. Q&A Session:** Following the lecture, an interactive Q&A session was held, allowing students to seek clarifications and guidance directly from him. The questions ranged from exam-specific queries to broader inquiries about work-life balance and challenges faced by civil servants.



## CONCLUSION

The visit of the alumnus and his speech encouraged the students of the Department of Sociology to think about a career in public service and pursue excellence in all that they do. It also provided a source of inspiration and encouragement for them.

COMPILED BY:  
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22-USO-076

IQAC REPRESENTATIVE



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# A REPORT ON INVITED LECTURE- BA SOCIOLOGY STUDENTS

On July 19<sup>th</sup> 2023, an invited lecture was organized by the Department of Sociology at Loyola College for the second and third-year BA Sociology students. Mr. Raja, an alumnus and a former faculty of the Sociology department was the guest speaker. The guest speaker was introduced by Dr. Gautam Manoharan. Mr. Raja had recently cleared the CAPF (Central Armed Police Forces) exam conducted by the UPSC (Union Public Service Commission).



Mr. Raja, after his Bachelors in Sociology at Loyola (2011-14), did his Masters in Sociology at Jawaharlal Nehru University (2014-16), Delhi. He had been preparing for the Civil service exams since his days in JNU. He had appeared

for the UPSC exams four times and for the CAPF exam two times. He had also appeared for the Lok Sabha Secretariat exam and IBPS PO (Institute of Banking Personnel Selection Probationary Officers Recruitment exam) and RRB (Railway Recruitment Board) exam. He shared his experience on all these exams. He advised students to focus on the Aptitude part of the exam which is the CSAT. Many do not focus on CSAT because it is just a qualifying paper and Mr. Raja had also done the same mistake. He also mentioned that Aptitude may also help for other Competitive exams as well. Mr. Raja also mentioned that he had an alternate career option as he had cleared his NET. He also advised the students to have an alternative career option for a secured future. Only after the thought of alternate career Mr. Raja gave his try on the Lok Sabha Secretariat exam, IBPS PO exam and the RRB exam. Students were also enthusiastically participating in the program and were asking questions to the guest speaker. Some of the questions were whether he went to any Coaching Institute, what were the steps to join JNU, and students also wanted him to elaborate on the Lok Sabha Secretariat job and the CAPF exam. The guest speaker answered to all the questions patiently. Regarding the Coaching Institute he said that he had joined one during his final year in Masters. And regarding the JNU entrance he mentioned that during his days there were no CUET instead JNU had its own Entrance exam. And that exam is descriptive unlike the CUET which is objective. And he also mentioned that the recruitment for Lok Sabha Secretariat is not conducted periodically instead the call comes only if there is any vacancy. Regarding the CAPF exam he mentioned that the science syllabus was very vast and deep which made Mr. Raja prepare Physics, Chemistry and Biology like an IIT Aspirant. He also mentioned about the physical requirements needed for the CAPF. The physical test for CAPF included two phases. The first phase is Static where the measurement of chest expanded and unexpanded is taken. And the second phase is dynamic and involved four events. The four events include 100- and 800-meter running, long jump and shot put. After sharing his experience students were amazed and motivated by his patience and perseverance, he had all these years for getting the job he loved. Because Mr. Raja has been preparing for the exam for nearly eight years. Students felt the session was really informative and motivating them for their Civil service examination.